

SFUSD EXCEL AFTER SCHOOL PROGRAMS WEEKLY UPDATES

– week of February 16th, 2010

Summer Program Providers: SF Family Summer Resource Fair is March 6

Please [REGISTER NOW](#) to Exhibit at this 5th Annual free showcase of summer activities for children, youth, and families. Both non-profit and for-profit camps, classes, arts, sports, and family services—in San Francisco and beyond—are all welcome! The event is **Saturday, March 6, 10:00 am to 3:00 pm** at the Concourse Exhibition Center, Eighth and Brannan. There is no charge for Exhibitors and no charge for people to attend this event. This is an informational fair— NO SALES AT THE EVENT. Presented by the SFUSD Student Support Services Department with support from SF Department of Children, Youth & Their Families. Space is limited.

Deadline to register to be an Exhibitor is February 19.

Register: <http://familysummerresourcefair2010.eventbrite.com>.

For more details visit the Events page of www.dcyf.org.

Site Coordinators, Lead Teachers, CBO Partners: Please help spread the word!

Families are invited to learn about summer activities available in and around San Francisco this summer at the **SF Family Summer Resource Fair!** Please see the attached flyer (including Chinese and Spanish translation) for more information!

SF Family Summer Resource Fair
Saturday, March 6
from 10am-3pm
at the Concourse Exhibition Center

ExCEL Summer RFP

In order to provide a range of high quality summer activities, ExCEL After School Programs is seeking proposals from Community Partners with existing afterschool or summer programs to build on their current capacity. ExCEL funds would be used to augment programming and/or to add slots to existing programs. Please see the complete RFP (attached) for more information. Deadline for submission of proposals is 5pm, April 16, 2010.

It's Back . . . the 4th Annual - SHAPE UP SF WALKING CHALLENGE - March 1 to May 7

REGISTRATION IS NOW OPEN! <http://www.shapeupsfwalkingchallenge.com/>

Mayor Gavin Newsom challenges your ExCEL After School Program to get *MOVING* by participating in the fourth annual **Shape Up SF Walking Challenge**. Each team is encouraged to collectively walk 1,016 miles –the California Coastline- during this 10 week challenge. Teams log and track their miles online, you can even compare their progress against other teams. See the attached flyer for more information.

Professional Development Updates:

If you have not already done so, please register today for **February's Workshop (Feb 18)** or **Brown Bag (Feb 26)!** February's theme is Section 7 of the [OSA](#), Staff Recruitment and Professional Development. Site Coordinators are required to sign up and attend at least one

event per month. Lead program staff are invited as long as space allows. To view upcoming ExCEL PD Opportunities and to REGISTER, visit the [ExCEL PD page](#) online by clicking [here](#), or visit the [ExCEL 2010 calendar here!](#)

Save the Dates: Please calendar the following dates for March Site Coordinator meetings, as we will be sharing important updates for each grade level. The March meetings are required, please save the date:

-Elementary Site Coordinator's meeting: Wednesday, March 3rd, 10:30-12:30 at 20 Cook Street

-Secondary Site Coordinator's meeting: Thursday, March 18th, 10:30-12:30 at 20 Cook Street

Nutrition and Physical Activity Professional Development Series

SFUSD's Health Theme for February is *Physical Activity* and for March is *Nutrition Education*. In honor of this, ExCEL is collaborating with SFUSD's Nutrition Education Program to offer a [four-part professional development series](#) (click to register – see dates below) focused on **improving and enhancing health and wellness programming during after school time!**

This series is open to all ExCEL After School Program Sites (K-12). Sites may send the Site Coordinator, or a designated lead staff person to the series. Sites who sign up will participate in the following four professional development sessions and will be eligible to receive curriculum, supplies, and other perks! See the attached flyer for more details.

Questions? Contact Amy Adkins at amylea65@gmail.com. This series aligns with Section 9 of the QSA: Nutrition and Physical Activity.

Nutrition and Physical Activity Professional Development Series

Dates:

- Friday, March 5, 10am-12pm, 20 Cook Street: Linking to Science Curriculum
- Friday, April 9, 10am-12pm, 20 Cook Street: Nutrition Links to Family and Community
- Date TBD, Site Visit to ER Taylor Elementary School's ExCEL After School Program

To register, visit: <http://excelhealthylearningseries.eventbrite.com/>

Mini Grant Professional Development Opportunity February 25th

Please join us at 20 Cook Street on **Thursday, February 25, 2010 from 10am – 12pm** for a mini grant working session to develop your basic grant writing skills and to use the tools and resources we have gathered to apply for small grants to support your after school program.

We will actually help you apply for mini-grants during this session!

To register, click [here](#).

Need free enrichment?

We have a few additional slots for **enrichment service providers** for this spring! If you are interested in having a performing artist or Tree Frog Treks at your site, please send an e-mail to meyerse@sfusd.edu.

ExCEL Film Festival!

Mark your calendar for the First Annual ExCEL After School Programs' Global Youth Service Day **Film Festival**: Tuesday, April 13 at 5pm at the Bridge Theater! **Submissions are due on DVD to the 20 Cook Street office no later than March 15.** Reels must be under 5 minutes long. We are looking for media that has a message or is on a topic of importance for

students and the community. [Please see the attached application for more information about the festival and details on how to apply!](#)

PAST DUE! Site Coordinators need to complete the attached **SFUSD Acceptable Computer Use Agreement** form and **submit to Lucy Hong at 20 Cook Street by February, 12th**. Fax: 415-750-8653. After we receive this form signed, you will be assigned a SFUSD email and account to enable you to access the SF computer domain. Please also submit to Lucy your home address and cell phone number so we can ensure your password is mailed to the correct location. This is required for all Site Coordinators per Linda Lovelace.

ExCEL SERVICE LEARNING UPDATES **Malcolm X Academy Black History Month Celebration**

You're invited to join the students of MXA in celebrating Black History Month through a night of spoken word and art showcase! Over twenty students will be performing pieces and presenting their research on influential African Americans throughout history. Don't miss this exciting event!

Who: YOU!

What: MXA Black History Month Celebration

When: Friday, January 26 4:30PM – 6:00PM

Where: MXA Auditorium, 350 Harbor Road

Please contact our Americorps*VISTA, Helen Yu (hyu@yscal.org, (415)750-8650 x 1021) for more information

Change for Change - Haiti

On Tuesday, January 12th, 2010, a magnitude 7.0 Mw earthquake struck Haiti near it's capital, Port-au-Prince, destroying major landmarks and hospitals and leaving over one third of the population in dire need of a home, food, and clean water. Although aid for the country from around the world has been swift and abundant, the impact of this earthquake continues to outweigh such efforts. What can your program do to help? Check out the attached Change for Change - Haiti lesson plan which shows you how to support the people of Haiti using your spare change! Please contact our Americorps*VISTA, Helen Yu (hyu@yscal.org, (415)750-8650 x 1021) for more information or further resources.

**If your students participated in Change for Change – Haiti please contact our Americorps*VISTA, Helen Yu (hyu@yscal.org, (415)750-8650 x 1021) to let us know how much change you have collected! We would love to get some numbers going! **

Service-Learning Professional Development Workshops

Need a little dose of action in your next professional development? Our VISTA*s, Helen and Ashley, have an excellent "How-To" session for integrating service-learning into your curriculum. What's better than that? They bring it to your house (er, school). Email them to schedule right away: ahildred@yscal.org or hyu@yscal.org.

ExCEL CBO PARTNER UPDATES:

FREE Help Preparing your Tax Returns. Let qualified professionals assist you in filing your return. Learn about the earned Income Tax Credit as well as other tax credits that may be available o you. The program is open to all families with a total gross income less than \$52,000. See attached flyers for more information.

[Job Announcement: YMCA Building Futures Regional Project Site Director](#). See attached job description for details.

Thank you!

Ali Metzler

ExCEL After School District Coordinator

San Francisco Unified School District

20 Cook Street

San Francisco, CA 94118

(415) 750-4500*

(415) 750-8653 - fax

metzlera@sfusd.edu

www.healthiersf.org/excelafterschool

**Please note, our phone number has changed.*