

SFUSD EXCEL AFTER SCHOOL PROGRAMS WEEKLY UPDATES

– week of March 8th, 2010

Parent Teacher Conference week will be the week of March 22nd. Please plan to run programs from the release of school until 6:00 pm. This is a good time for field trips or service learning activities. Contact Ashley Hildred or Helen Yu for resources or ideas; (415) 750-4500.

Greens are due March 15th to your district Coordinator at 20 Cook. Timesheets must be submitted with the greens and all forms are to be signed by staff and your administrators.

Professional Development Updates:

March Site Coordinator Meetings: Please calendar the following date for March Site Coordinator meeting, as we will be sharing important updates for each grade level. The March meetings are required for Site Coordinators, please note:

-Secondary Site Coordinator's meeting: Thursday, March 18th, 10:30-12:30 at 20 Cook Street

To view upcoming ExCEL PD Opportunities and to REGISTER, visit the [ExCEL PD page](#) online by clicking [here](#), or visit the [ExCEL 2010 calendar here!](#)

ExCEL Summer RFP

In order to provide a range of high quality summer activities, ExCEL After School Programs is seeking proposals from Community Partners with existing afterschool or summer programs to build on their current capacity. ExCEL funds would be used to augment programming and/or to add slots to existing programs. Please see the complete RFP (attached) for more information. **Deadline for submission of proposals is 5pm, April 16, 2010.**

Student Support Service Professional Development: "But They're Way Too Young For This! Elementary Students, Sexual Orientation, and Gender Identity" . Thursday, **March 18th**, from **2-4pm** on supporting LGBTQ youth and their families. "But They're Way Too Young For This! Elementary Students, Sexual Orientation, and Gender Identity" is a training that will help SSSD staff working with youth and their families around the topic of sexual orientation and gender identity. Please note that the training will have an emphasis on the elementary level, however, the topic is very applicable for supporting students at all levels and is open to all staff. Please register by faxing the attached form to Debbie Chin at 242-2618 or email her directly at chind@sfusd.edu.

GET ACTIVE!

It's Back . . . the 4th Annual - SHAPE UP SF WALKING CHALLENGE - March 1 to May 7

REGISTRATION IS NOW OPEN! <http://www.shapeupsfwalkingchallenge.com/>

Mayor Gavin Newsom challenges your ExCEL After School Program to get *MOVING* by participating in the fourth annual **Shape Up SF Walking Challenge**. Each team is encouraged to collectively walk 1,016 miles –the California Coastline- during this 10 week challenge. Teams log and track their miles online, you can even compare their progress against other teams. See the attached flyer for more information.

Active for Life

Come participate in the 10 week Active for Life Challenge. Teams can win weekly prizes for being the most active, drinking water and eating healthy and can have the opportunity to receive free entry into Bay to Breakers. An informational meeting will be held at 1515 Quintara on Friday, March 19th from 4-6:00. Teams can be school sites, after school staff etc. For more information, contact Matt Pemberton.

ExCEL Film Festival!

Last call for media for the Global Youth Service Day Film Festival! **All submissions are due at 20 Cook Street by 5pm on Monday, March 15.** Please see the attached application for more information.

Check out pictures from RAD 2010! Special thanks to students at Harvey Milk Civil Rights Academy and Galileo High School for their fantastic photos!
<http://www.healthiersf.org/ExCELAAfterSchool/index.cfm>

PAID YOUTH SUMMER INTERNSHIP OPPORTUNITY

San Francisco Public Library is offering 3 youth paid internship opportunities in planning and promoting Teen Summer Read 2010. See application attached.

- **Application deadline: March 18th 2010**
- **Work Dates: May 10-Aug 5 2010**
- **Hours required/weekly schedule:** afternoons 2-3 hrs per week-32 hours TOTAL
- **Stipend: \$350—offered in 2 payments (June 30 and Aug 10th)**
- **Position Location:** San Francisco Public Main Library, 100 Larkin St SF CA

ExCEL SERVICE LEARNING UPDATES

Global Youth Service Day

Throughout the month of April, over 100 countries will be holding their **Global Youth Service Day**, the largest service event led by youth in the world! **How can your students get involved?**

- **Secondary Schools: Day of Service 2010**
Help mobilize youth to identify and address the needs of their communities by registering them for ExCEL's **Day of Service on Saturday, April 10, 2010!** Your secondary students will get the opportunity to participate in service-learning projects with Baker Beach, Crocker-Amazon Playground, Precita Eyes Muralists, and even the American Red Cross in First Aid Disaster Preparedness! Contact our Americorps*VISTA Helen Yu (hyu@yscal.org, (415)750-4500 x1021) to register!
- **Elementary Schools: Environmental-Science Service-Learning Kits and Olympiads**
Elementary students can celebrate **Global Youth Service Day** as well! Register for up to **5** environmental-science service-learning kits and celebrate service all month long! What's better than that? Scheduling an **Environmental-Science SL Olympiad with nearby schools and service providers** so students learn and compete together! For more information contact Americorps*VISTA Ashley Hildred (ahildred@yscal.org, (415)750-4500 x1020). (Kit registration attached)

Change for Change - Haiti

Thank you to all of our sites for raising over **\$600** for Haiti earthquake relief through our Change for Change Haiti Lesson Plan! Amazing work! Please contact our Americorps*VISTA, Helen Yu (hyu@yscal.org, (415)750-8650 x 1021) for more information on how your site can show their support.

Service-Learning Professional Development Workshops

Need a little dose of action in your next professional development? Our VISTA*s, Helen and Ashley, have an excellent "How-To" session for integrating service-learning into your curriculum. What's better than that? They bring it to your house (er, school). Email them to schedule right away: ahildred@yscal.org or hyu@yscal.org.

FREE Help Preparing your Tax Returns. Let qualified professionals assist you in filing your return. Learn about the earned Income Tax Credit as well as other tax credits that may be available to you. The program is open to all families with a total gross income less than \$52,000. See attached flyers for more information.

ExCEL District Coordinators have been out at sites in the past few months, and we'd like to acknowledge all of the hard work done by you and your staff to provide quality after school programs to young people in San Francisco. Thank you!

Ali Metzler

ExCEL After School District Coordinator

San Francisco Unified School District

20 Cook Street

San Francisco, CA 94118

(415) 750-4500*

(415) 750-8653 - fax

metzlera@sfusd.edu

www.healthiersf.org/excelafterschool

**Please note, our phone number has changed.*