

SFUSD EXCEL AFTER SCHOOL PROGRAMS WEEKLY UPDATES – week of November 2nd, 2009

November Professional Development

In November, ExCEL's Professional Development topic is Section 4 of the QSA: Alignment and Linkages with the School Day. In order to provide targeted support on academic alignment, PDs will be conducted as follows:

- Middle & High School Site Coordinators: Thursday, November 19, 10am-12pm, 20 Cook Street

Snack, Attendance & Monitoring Log Reminders

- Sites that receive snacks from ExCEL-MPW/Attendance/MMC-due on the 5th of each month (please make sure snacks served are not more than students in attendance)
- All Sites-Attendance is due on the 5th of each month. Please send to Kitty Ou ouk@sfusd.edu and Lucy Hong excelasp_snacks@yahoo.com.
- Student HO#s are required for your attendance to be submitted to the state and to count towards earning your grant award. All sites need to have student HO#s on their ExCEL attendance submitted on November 5th for all ASP participants.
- All Sites- Monitoring Log due 10th of each month. Please call Lucy at 750-8650 with any questions.
- Please see attachment for the November Snack Calendar.

Greens

For sites with Approved Certificated Teachers working in their after school programs, SFUSD Greens and staff timesheets are due to Wendy Sar at 20 Cook Street by November 13th.

CPR/First Aid Certification

Let us know who on your staff can help save a life! Most sites already have many of their staff members certified in CPR/First Aid. If you don't, wouldn't you want to have them certified? ExCEL provided trainings will return next week if you still need staff trained in CPR/First Aid, look for dates in next week's weekly updates. Please fill out and email or fax your **ExCEL Safety Form** to Matt Pemberton at pembertonm@sfusd.edu or 415-750-8653.

September **Action Plans** are in the mail! Please take a minute to provide us with an update by completing this VERY brief **survey**. It will literally take less than a minute. Thank you!

Lights On! Bulbs

Send in your Lightbulbs! We all had a wonderful time celebrating Lights On Afterschool! Please send us your lightbulbs and we will forward them on to our legislators. Lightbulbs can be sent via interschool mail to ExCEL, 20 Cook Street.

Youth Action Conference – November 25th

Here turkey, turkey, turkey. YAC planning is in full swing. What we need from you:

- Register your adult and student participants here:

<http://excelyouthactionconference.eventbrite.com/>

- Collaborate with your fellow site coordinators to help us plan the meeting!

Hook up with us at 10 A.M. on *Thursday, November 12th at Bean Bag Coffee House (601 Divisadero St)*

- And, of course, get your kids psyched to attend so that they can learn how to become leaders in their communities!

We will have tons of raffle giveaways including turkeys! Yes, turkeys.

Email us if you have any questions, comments. (chavez11@sfusd.edu)

Great American Smokeout Service-Learning

Every third Thursday in November, smokers all across the nation take part in the Great American Smokeout by smoking less or quitting for the day. The event challenges people to stop using tobacco and helps make people aware of the many tools they can use to quit for good. ExCEL celebrates the Smokeout on November 19th, through empowering students to read between the lines of advertisements and performing skits in the Great American Smokeout Service-Learning Kit. It's fun, easy, and free! Email our VISTA, Helen Yu (hyu@yscal.org) to get registered for one!

Thank you! Have a great week!

Ali Metzler

ExCEL After School District Coordinator

San Francisco Unified School District

20 Cook Street

San Francisco, CA 94118

(415) 750-8650

(415) 750-8653 - fax

metzlera@sfusd.edu

www.healthiersf.org/excelafterschool

**Please note my last name & email address have changed from Ali Vieira: vieiraa@sfusd.edu*