

## SFUSD EXCEL AFTER SCHOOL PROGRAMS WEEKLY UPDATES

*week of November 9<sup>th</sup>, 2009*

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### Professional Development Updates

- ExCEL's Professional Development topic for November is Section 4 of the QSA: Alignment and Linkages with the School Day. Next meeting: Middle & High School Site Coordinators: Thursday, November 19, 10am-12pm, 20 Cook Street
- Attached please find the Monthly Professional Development Dates for the remainder of the school year. Mark your calendars!
- Thank you to ER Taylor for sharing a sample lesson planning template at our Elementary Site Coordinator's meeting. Feel free add the attached to your menu of lesson planning tools.
- September Action Plans are in the mail! Please take a minute to provide us with an update by completing this VERY brief survey. It will literally take less than a minute. Thank you!

### Greens

For sites with Approved Certificated Teachers working in their after school programs, **SFUSD Greens and staff timesheets are due to Wendy Sar at 20 Cook Street by November 13<sup>th</sup>.**

### ExCEL T-Shirts

ExCEL is planning to purchase ExCEL T-Shirts for the staff of your after school program. Please complete the quick survey to let us know the t-shirt **size** that each of your staff would like by clicking [here](#). Please complete the survey by no later than 10am on Friday, November 13.

### CPR/First Aid Certification

ExCEL CPR classes will be offered on:

- November 20th - 9am to 1pm, 20 Cook Street

To RSVP: please email Michael Luk ([lukm@sfusd.edu](mailto:lukm@sfusd.edu)) with the name and school site of the staff member attending. If any physical or language modifications are required please let us know. On the day of please bring \$8 cash for certification, we will be lying and kneeling on the floor so wear the appropriate clothing, and bring your own snacks and drinks.

Please fill out and email or fax your **ExCEL Safety Form** (attached) to Matt Pemberton at [pembertonm@sfusd.edu](mailto:pembertonm@sfusd.edu) or 415-750-8653.

### Lights On! Bulbs

Send in your Lightbulbs! We all had a wonderful time celebrating Lights On Afterschool! Please send us your lightbulbs and we will forward them on to our legislators. Lightbulbs can be sent via interschool mail to ExCEL, 20 Cook Street.

### Front Line Staff Learning Academy

Are you a front line worker looking for inspiration? If you work directly with youth in a San Francisco After School Program, this Academy is for you! There are two ways to take advantage of the FREE professional development opportunities that the Learning Academy is offering:

- 1) Join the Cohort! - Apply to be member of a committed group of youth workers who will attend 10 training workshops together to develop their skills, share ideas, and establish a strong network within the after-school program community.
- 2) Drop- In – Reserve a spot for one or more dynamic workshops. Refresh your skills and get inspired.

The Learning Academy has a stellar line-up this year. Workshops are held on assorted Fridays from 10AM-1 PM and are near public transportation. Check out the attached schedule for 2009-2010.

## **EXCEL EVENTS – SAVE THE DATE! REGISTER STUDENTS!**

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### **Youth Action Conference – November 25th**

Here turkey, turkey, turkey. YAC planning is in full swing! What we need from you:

- Register your adult and student participants here:

<http://excelyouthactionconference.eventbrite.com/>

- Collaborate with your fellow site coordinationators to help us plan the meeting!

Hook up with us at 10 A.M. on **Friday, November 13th** at Bean Bag Coffee House (601 Divisadero St)

- And, of course, get your kids psyched to attend so that they can learn how to become leaders in their communities!

- We will have tons of raffle giveaways including turkeys! Yes, turkeys.

Email us if you have any questions, comments. ([chavezl1@sfusd.edu](mailto:chavezl1@sfusd.edu))

### **Science Olympiad on Saturday, December 12<sup>th</sup>**

SFUSD ExCEL After School Programs and Academic & Professional Development Department (APD) are coordinating the **SFUSD Science Olympiad on Saturday, December 12<sup>th</sup>** from 8:30 am - 1:30 pm **at James Denman Middle School**. Each SFUSD Middle School/ExCEL Middle School After School Program site is encouraged to participate by sending up to 20 youth and 2 adult staff to the event. ExCEL After School Programs will coordinate with their school day Science Teacher(s) to invite students to attend this event and to coordinate logistics. ExCEL Elementary sites can send 1 adult to bring information back to elementary after school programs. RSVP form is attached. We highly encourage you to bring students to this fun and exciting day!

The **Revolution in Art and Dance (RAD)** will take place on Thursday, **February 4 at Everett Middle School!** There are two ways your students can get involved:

1. Submit artwork for the RAD Poster Contest. The deadline is November 20, so get those creative thoughts going! More information can be found in the attached document.
2. Dance at RAD! The application is attached to this update and is due December 4.

We look forward to seeing your students shine!

## **EXCEL SERVICE LEARNING UPDATES**

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### **Service-Learning Professional Development Workshops**

Need a little dose of action in your next professional development? Our VISTA\*s, Helen and Ashley, have an excellent "How-To" session for integrating service-learning into your curriculum. What's better than that? They bring it to your house (er, school). Email them to schedule right away: [ahildred@yscal.org](mailto:ahildred@yscal.org) or [hyu@yscal.org](mailto:hyu@yscal.org).

### **World AIDS Day December 1st.**

Please join us this December 1st in celebrating both the memories of those who have passed and a hope for the future by registering for a World AIDS Day Service-Learning Kit for your after school program. Contact Ashley for more information and to register: [ahildred@yscal.org](mailto:ahildred@yscal.org).

### **Great American Smokeout November 19th**

Every third Thursday in November, smokers all across the nation take part in the Great American Smokeout by smoking less or quitting for the day. The event challenges people to stop using tobacco and helps make people aware of the many tools they can use to quit for good. ExCEL celebrates the Smokeout on November 19th, through empowering students to read between the lines of advertisements and engaging them in relevant science experiments in our Great American Smokeout Service-Learning Kit. It's fun, easy, and free! Email our VISTA, Helen Yu ([hyu@yscal.org](mailto:hyu@yscal.org)) to get registered for one!

Thank you! Have a great week!

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*\*Please note my last name & email address have changed from Ali Vieira: [vieira@sfusd.edu](mailto:vieira@sfusd.edu)*