

**ExCEL Weekly Update
2-20-2008**

Hello Everyone!

Here are your ExCEL After School Program weekly updates for this week.

SPARK trainings are coming up next week! Please use the attached flyer to register. Spaces are limited, so return your forms as soon as possible!

-Monday, February 25, 2008 8:30am – 3:30pm (Introduction)

OR

-Tuesday, February 26, 2008 8:30am – 3:30pm (Booster)

Optional Workshop – Nutrition and Recreation: Friday, February 29, 2008, 9am to 1pm

In this workshop we will discuss strategies that you can use to seamlessly integrate nutrition and recreation activities within your after school program. These strategies may also help improve your personal wellness. Program staff who do not normally work during the workshop hours may be eligible to receive a \$65 stipend. Space is limited and pre-registration is required. Please complete the attached registration form by February 22 to guarantee your spot.

We are once again offering the **No Child Left Behind compliance exam** for your staff who have not completed 2 years of college. Optional test prep will be this Friday, February 22, from 10am-12pm at SHPD, 1515 Quintara Street. **The test will be held on Friday, February 29 from 10am-12pm** here at SHPD. To register, please contact Jason Riggs at riggsj@sfusd.edu. Please contact Jason for more information. No stipend is offered for the prep or the test.

Celebrate Read Across America Day!

A bundle of resources will be e-mailed to you to help make this day fun!

Monday, March 3, 2008

It is time again to share the joy
Of reading a book to a girl or boy

So tell the program leaders, parents and children
That you are having a READ Aloud
Throughout your school building

Don't forget to tell ExCEL
Send an email or make a phone call
We know it'll all go well

Please mark your calendar for our upcoming Site Coordinator meetings. Remember, attendance at these meetings is a required part of your after school grant. If you cannot attend, please make sure that a representative from your site is present.

Secondary: Tuesday, March 11, 10am-12pm, SHPD Room 4

Elementary: Wednesday, March 12, 2007, 10am-12pm, SHPD Room 4

ExCEL After School Programs are going live on TV. Beginning next week, you will be able to watch our students host a show on Access SF – and your students will be able to submit video clips and call in! More information, including the call in number and a viewing schedule will be sent to you early next week. Stay tuned!

Cesar Chavez Day is March 31. Please complete the attached CEC Day Registration document to sign up to receive resources to celebrate his life and legacy during the week of March 17-21! Forms are due back to Emily O'Keefe at eokeefe@yscal.org or at 242-2618.

Friendly Reminder: MPWs reflecting snack distribution for the previous week are due **Monday, before 12:00pm** to excelasp_snacks@yahoo.com. Please cc: Your ExCEL District Coordinator

Attendance is due on the 5th of each month. Please do not forget to cc: Kitty Ou at ouk@sfusd.edu – **even if you do not receive snack!** This is the only way we can count attendance for reimbursement for your grant. It is extremely important that you submit your attendance on time and accurately. Thank you so much for your efforts in this!!!!

Please note these dates:

- **Lead Teacher Meetings:** March 4 & 5 (Elementary), March 6 (Secondary), 4-6pm, Locations TBD
- **CBO Orientation and Expo:** March 12 and 13. Please visit www.healthiersf.org for more information and to register
- **Youth Action Conference:** Friday, March 28, more information and registration materials to follow soon
- ExCEL After School Programs **August Institute:** August 12, 13, and 14

If you do not already subscribe to the **YDPN listserv**, please take a look at the attached flyer for upcoming events and opportunities!