

January 2009

Elementary Level



WHAT YOU CAN DO TO SUPPORT

SCHOOL SAFETY AND VIOLENCE PREVENTION Month!

⇒ Visit the SHPD website for programs, resources & news: www.healthiersf.org

Teach a Lesson

Contact your Health Advocate to locate curriculum resources. (Grade Level Boxes are at School Sites)

Recommended Lessons from District Adopted Curricula for <i>Violence Prevention</i>						
Curriculum	Grade K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
<i>Too Good for Violence</i> (Mendez) (Research Validated Curriculum)	Lessons 1-5	Lessons 2, 4, 5, 6, 7	Lessons 1-5	Lessons 1, 3, 5, 6, 7	Lessons 1-5	Lessons 2-6
<i>Actions for Health</i> (ETR)	Lessons 8-10	Lessons 5, 22& 23	Lessons 1-8, 25 & 26	Lessons 6-9	Lessons 5-8, 22 & 23	Lessons 2,3,24 & 25

Attend a Professional Development Workshop

Contact your Health Advocate for more information; also see the *Save the Date* for other Elementary health workshops and the WADs online.

Full day Trainings/Workshop: (Substitute teacher provided for classroom teachers)

Elementary Health Forum - *Comprehensive health education training for K-5 teachers, including **Too Good for Violence** curriculum*

Classroom Teachers, Grades K-2	Tuesday, October 28, 2008	8:30 AM – 3:30 PM	SHPD
Classroom Teachers, Grades 3-5	Wednesday, October 29, 2008	8:30 AM – 3:30 PM	SHPD

Afternoon Workshop (stipend provided)

Too Good for Violence - *Research validated K-5 substance prevention curriculum*

Classroom Teachers, Grades K-5	Tuesday, November 18, 2008	4:00 PM – 6:30 PM	SHPD
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Collaborate to organize a classroom or school-wide activity

Work with your students, parents, parent liaison, Health Advocate, and School Health Program Department staff: Nurse, Learning Support Professional, After School Coordinator, Site Nutrition Coordinator.

- **Participate in No Name Calling Week** January 26-30, 2009 (www.nonamecallingweek.org) by teaching a lesson, creating a bulletin board, sponsoring a poster contest, providing a workshop for parents, hosting a health fair
- **Contact a community based organization** to invite a speaker into your classroom (Community United Against Violence, 415.777.5500)
- **Provide SFUSD Family Guide** to all students and parents/caregivers; refer to Health Education section resource

The **School Health Programs Department** works to ensure the academic, physical and emotional growth of San Francisco's youth by assisting school sites in building their capacity to meet the needs of the whole child.