

January 2009

Secondary Level



WHAT YOU CAN DO TO SUPPORT

SCHOOL SAFETY AND VIOLENCE PREVENTION Month!

⇒ Visit the SHPD website for programs, resources & news: www.healthiersf.org

Teach a Lesson

Contact your Health Liaison to locate curriculum resources.

Middle School Curriculum	Grade 6	Grade 7	Grade 8
<i>Second Step Violence Prevention Curriculum (Research Validated Curriculum)</i>	Level I	Level II	Level III
<i>Decisions for Health; Holt</i>	Ch. 6: Lessons 1-8	Ch 9: Lessons 1-5 Ch. 10: Lessons 1-5	Ch. 12: Lessons 1-7 Ch. 13: Lessons 1-4
<i>Personal and Social Skills, Level I pp. 102 - 108</i>	✓	✓	✓
<i>Let's Get Real Video and Curriculum</i>	✓	✓	
<i>Tolerance Video</i>	✓	✓	✓
High School Curriculum			
Holt Health: Unit 1.5: Preventing Violence and Abuse			
<i>Towards No Drug Abuse (USC) Research Validated Curriculum</i>			
<i>Health Smart (ETR); Violence and Injury Protection</i>			
<i>The Truth About Hate Video and lesson</i>			

Attend a Professional Development Workshop

Contact your Health Liaison for more information; also see the *Save the Date* for other Secondary health workshops and the WADs online.

Full day Trainings/Workshop: (Substitute teacher provided for classroom teachers)

(MS & HS) LGBTQ youth and Health Wednesday, January 21, 2009 8:00 AM-3:30 PM SHPD
(Drugs, HIV/STD & safety)

Collaborate to organize a classroom or school-wide activity

Work with your students, parents, parent liaison, HST/HPC Team members and School Health Program Department staff: Nurse, Learning Support Professional, After School Coordinator, Tobacco Youth Outreach Coordinator/Peer Educators, Community Health Outreach Worker, and Wellness Coordinator.

- Create a **Peace Wall** with student art or essays expressing their thoughts on violence and its impact on their lives.
- **Contact a community based organization** to invite a speaker into your classroom: Review SHPD's website for more CBO information.
- Celebrate **Peace Makers** by highlighting the work they have done to make a more just and safer world. Consider, Martin Luther King, Jr., Gandhi, Mother Teresa, Harvey Milk. Consider school peace makers who contribute to the safety of the school community.
- **Provide SFUSD Family Guide** to all students and parents/caregivers; refer to Health Education section resource.

The **School Health Programs Department** works to ensure the academic, physical and emotional growth of San Francisco's youth by assisting school sites in building their capacity to meet the needs of the whole child.