



# MENTORING for SUCCESS

*Mentoring is a structured, consistent and purposeful relationship between a young person and a caring adult who provides acceptance, support, encouragement, guidance and concrete assistance to promote healthy child/ youth development and student success.*



Ivette Hernandez and Ms. Sendejo at AP Giannini Middle School

#### Inside this issue:

Match Spotlight	1
Program Updates	2
Activities & Trainings	3
Mentor Tips	3
Supporters	4
Online Activity Log	4
Program Contacts	4
Match Support Calendar	5
Mentor Thanks!	6

**MENTORING FOR SUCCESS**  
415-242-2615  
[www.healthiersf.org/  
mentoring for success](http://www.healthiersf.org/mentoring_for_success)

## Match Spotlight

Ms. Christina Sendejo, 7th grade Counselor and Ivette Hernandez, 8th grader at AP Giannini have been matched for 2 years. They like to be active: Ivette plays soccer as a midfielder and Christina likes to get out to see Spanish rock concerts. She's determined to see Mana when touring with their new CD. Below is a recent interview with them.

### How did you meet and get involved with mentoring?

*Ivette:* In 6th grade I didn't have a mentor but I used to meet with Ms. Reece and I met every Tuesday. Then she went to Balboa. I liked meeting with her so Kate matched me 'cause I liked it. Remember you gave me the notebook we shared?

*Ms. Sendejo:* Yes, we had a hard time seeing each other so we have a notebook that we hand back and forth in the hallway.

*Ivette:* We met through my SF Team class

*Ms. Sendejo:* Oh, right, I was new and they had me go in to the classes and put me on the spot to introduce myself. Kate asked me to be a mentor and I said "sure".

### How did you feel before starting?

*Ms. Sendejo:* I was a little nervous, thinking "what if she doesn't like me or "what if we don't have something to talk about". I was sure we'd make it work but was nervous.

*Ivette:* I was also nervous- I thought, what if we didn't get along-or I was afraid we'd talk about the same things over and over again.

*(Continued on p. 5)*



*"The best thing about my mentor is comparing iPhone applications with him."  
Cong, Francisco Middle School*

## January is National Mentoring Month

This January **Mentoring For Success** has a lot to celebrate. As we ring in the new year we reflect on successes and share our gratitude to those who support our efforts. Our collaboration with **San Francisco Education Fund** has brought many new faces from the community into our schools, not only to mentor students at several schools, but at **Denman** and **Visitacion Valley Middle School**, community volunteers are also supporting the program through coordination and planning. At **Francisco Middle School** alone, there are 14 community-based volunteers, four of whom are Levi employees. In November Jennifer Donahue and Leslie Hu coordinated with Levi for buddies to give out cookies at the Docker's annual town hall meeting. The Francisco orchestra performed and **Levi Dockers donated \$1,400 to Francisco's mentoring program**. We celebrate Levi's support—thanks!! In the spirit of reflection we also want to recognize **Larry Brown**, a long-time mentor at Francisco who was acknowledged for his completion of seven years of mentoring at their December event. There are many volunteer mentors like him throughout the district for whom we are extremely grateful (see the list of mentors on page 6). Recently noted at **AP Giannini** is Mr. Johnsen. He and Joshua spend time together several lunch periods per week playing chess, hanging out with "Sparky" the rat, eating Chinese food, and going for walks. They have built a solid connection thanks to Joshua's friendly nature and Mr. Johnsen's warmth and sense of commitment. And... **Mr. Johnsen does his logs weekly!!!**



**In recognition of National Mentoring Month please make a special effort to recognize fellow mentors** who are going the extra mile. And if you know anyone who would make a great mentor, let them know. There are many students who could use their support!

## Program Updates

### Service Learning

Mentoring For Success is fortunate to have two Americorps Members helping schools this year. **Amber Busby** and **Bobby Dunne** are amazing assets to the overall program. With their primary goal to integrate service learning into the program, Mentoring For Success hopes to help students gain a sense of purpose and increase their feelings of connection to school. To date students at **Bessie Carmichael** have engaged in creating a cartoon art project that will be part of an installation at Zeum; **Sheridan** matches decorated holiday cards and donated gift baskets to families in need at the school;



**Visitacion Valley MS** matches created a holiday greeting mural for a local home for the elderly; and **Rosa Parks** has done gardening. Matches at **Bret Harte** and **Thurgood Marshall** have begun planning to paint murals at their schools.

### Program Expansion

In 2011 Mentoring For Success will be launching a new program to address students challenged by truancy. The program will engage elementary students at seven schools with one-on-one community based mentors in collaboration with Big Brothers Big Sisters of the Bay Area. Or high school students will participate in a group mentoring program on their campus. We look forward to offering these new services to support even more SFUSD students.

## Upcoming Mentoring Activities & Trainings

### Challenge Course with Pacific Leadership Institute

Fort Miley, January 21

If signed up, please be sure to submit your Consent Forms to your Site Coordinator (including the one for PLI), coordinate transportation, pack a lunch and have a great time!

### Youth and Gangs: What You Need to Know

presented by Stacey Daraio & Jim Hernandez

Thursday January 13th 4:00-6:00pm,

James Lick MS, 1220 Noe St.

<http://gangsandyouth.eventbrite.com>

### Strategies For Sustaining Your Match

presented by Stacey Daraio

Wednesday January 26th 4 -6pm, Everett

Middle School rm. 214, 450 Church St.

presented by Stacey Daraio

<http://sustaining4.eventbrite.com>

### Strategies For Sustaining Your Match

presented by Stacey Daraio

Wednesday February 9th 6—8pm, SF

Education Fund 727 Golden Gate

To register email Lianna Wright at

[lwright@sfedfund.org](mailto:lwright@sfedfund.org)

### Resources for Transitioning High School Foster Youth

presented by Transition Age Youth SF

Thursday February 10th 2-4pm, Student

Support Services, 1515 Quintara St.

<http://transitioningfy.eventbrite.com>

*SFUSD employees who attend after school trainings are offered a stipend*



*“He can play guitar and he’s super awesome”*

*Darwin, James Lick Middle School*

## Mentoring Tips

Research suggests that mentors who focus on the development of their mentees character and competence will have more sustained and satisfying relationships with youth than mentors who focus their time discussing attendance and behavior. Check out the ideas below and attend one of our trainings (listed on this page) or a Match Support chat (p. 5) to get ideas to focus the time you spend with your student.

### Consistency Counts!

Relationships with more consistent contact show greater benefits to youth. Persistence counts!

(LoSciuto, et al., 1996; Slicker & Palmer, 1993)

### Tune In!

Attend flexibly and creatively to verbal or nonverbal signs from youth as to preferences, concerns, and feelings. Consider the child’s perspective and adjust your actions accordingly.

(Keller, T & Price, J, 2007)

### Develop a theme for your relationship that links your activities over time.

One way to do this is by sharing your personal “spark”, or helping your mentee identify and share theirs. The Search Institute has done research showing that youth who know their “spark”, and have an adult that supports it are more likely to do better in school, have better attendance, and have a sense of purpose.

To get clues about your mentee’s spark pay attention to when they seem happiest or what animates them. Then follow up with an offer to share in exploring the activity together.

Keller, T & Price, J, (2007). Relationships in school-based mentoring programs. Mentoring Resource Center Teleconference, February 21, 2007

LoSciuto, L., Rajala, A. K., Townsend, T. N., & Taylor, A. S. (1996). An outcome evaluation of Across Ages: An intergenerational mentoring approach to drug prevention. *Journal of Adolescent Research*, 11(1), 116-129.

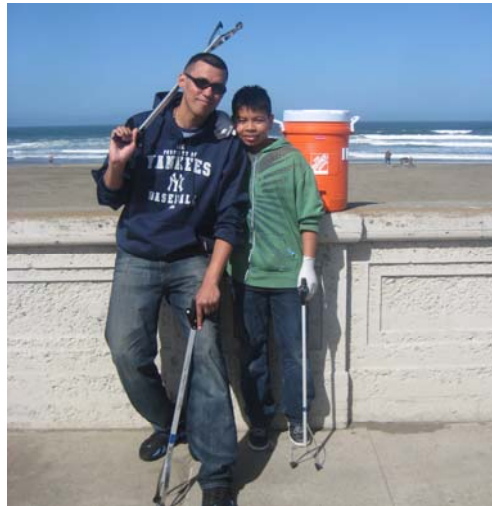




**SFUSD** SAN FRANCISCO PUBLIC SCHOOLS



***"He's cool, he's fun, he treats me how I want to be treated."*** *Aga, MLK Middle School*



***"She's nice and she gives me food."***

*Francis, Bessie Carmichael Middle School*

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**Thanks to our supporters!**

Office of Juvenile Justice and Delinquency Prevention

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San Francisco Education Fund

San Francisco Promise

Gear Up

Levi Dockers

Arizmendi Bakery

Bi-Rite

Escape From NY Pizza

Extreme Pizza

Mission Pie

Noah's Bagels



**Please complete your web-based mentor log on a weekly basis!**

This simple tool demonstrates the fantastic work you do with your student.

**Log on to the Online Activity Log at [www.healthiersf.org/mentoringforsuccess](http://www.healthiersf.org/mentoringforsuccess)**

If you are having any problems logging on or using the log, please contact Erin Farrell at 242-2615 ext. 3078 or

***"The best thing about my mentor is her strong resolve and logical sense."***

*Victoria, AP Giannini Middle School*



**Contact Us**

Questions? Feedback about Mentoring For Success? We'd love to hear from you! To get in touch call Erin or Laurie at 415-242-2615.

Erin Farrell: [FarrellE@sfusd.edu](mailto:FarrellE@sfusd.edu)

Laurie Vargas: [VargasL2@sfusd.edu](mailto:VargasL2@sfusd.edu)

***"If I had a friend who was nervous about having a mentor, I would tell them they should be happy."*** *Zach, Horace Mann Middle School*



***"She helps me."***

*Alondra, Francisco Middle school*

**Mentor Spotlight** (continued from page 1)

**How have you spent your time together?**

*Ivette:* We've gotten our nails done together

*Ms. Sendejo:* We went all out and did a manicure *and* a pedicure. I've gone to her soccer games, we went to an A's game, to the mall, for walks. We always end up getting ice cream or frozen yogurt somehow.

*Ivette:* My favorite was to go to the mall.

*Ms. Sendejo:* You saw all the stores I like.

*Ivette:* Yeah, she likes cards, I didn't think she was that boring...

*Ms. Sendejo:* I like to send the cards to my friends.

**Now that you have been involved for a while how do you feel about mentoring?**

*Ms. Sendejo:* I like it – at first I was scared. I thought, what if we don't meet. We've talked about these things and she shows up, we're like a team now.

*Ivette:* She's a person I can relate to – I like it.

*Ms. Sendejo:* For me it was important to separate being a mentor and a school person

**Any future plans?**

*Ms. Sendejo:* We have bowling tickets that we've had forever. We're gonna use them at Serra Bowl. We wanted to go to a Warriors game too.



**What advice would you give to mentors or mentees beginning their relationships?**

*Ivette:* Just open up. When you meet someone new you may feel uncomfortable or shy but open up so you get to know the person more.

*Ms. Sendejo:* Use the website and the resources from the program. The like and don't likes worksheets, activities and the scrapbook are great to help generate discussions to get started.

**Match Support**

We appreciate the support you provide students and want to support you! Stop by for a chat. Below are the dates you'll find us at your school.

**Coffee Talk**

*(scheduled before school)*

- Giannini—January 6
- El Dorado—January 10
- Rosa Parks—January 11
- Bessie Carmichael—January 12
- Hoover—January 13
- Aptos—January 19
- MLK—January 19
- ISA—January 26
- Vis Valley—February 9
- Civic Center—February 10
- Bret Harte—February 11
- Denman—February 17
- Horace Mann—February 25

**Brown Bag Lunches**

- (scheduled at lunch)*
- Giannini—January 7
  - Thurgood Marshall—January 10
  - MLK—January 11
  - Roosevelt—January 12
  - Rosa Parks— January 13
  - Hoover—January 13
  - Everett—January 14
  - El Dorado—January 18
  - Willie Brown—January 20
  - Civic Center— January 20
  - Aptos—February 9
  - Roosevelt—February 10
  - Bret Harte—February 10
  - ISA—February 15
  - Bessie Carmichael—February 23
  - Denman—February 24
  - Horace Mann—February 25

***"She's a person you can talk to, a good listener, fun, and funny."***

*Diana, AP Giannini Middle School*



# Thanks for mentoring!!!

## Aptos Middle

Aleta Oryall  
Amelia Garahan  
Amira Aweti  
Any Casteneda  
Benjamin Rombro  
Erika Rubinstein  
Jimena Holden  
Joe Bender  
Kelly Roja  
Larry Peterson  
Melissa Benson  
Michele Stewart  
Olga Camacho  
Sarah Pooner  
Sharon Kennings

## Bessie

## Carmichael

Adele Medel  
Callen Taylor  
Carley Amigone  
Christine Oneto  
Eric Fructuoso  
Erin Wheeler  
Gary Hong  
Jeffrey Burgos

Katherine Roquet

Lara Eidemiller

Luis Villalobos

Nicole Massey

Ramon Brown

Robin Corpus

## Bret Harte

## Elementary

Alexandra Galvan  
Alvin Reid  
Amber Busby  
Amber Cooper  
Anthony Jaramillo  
Ben Klaus  
Daniel Frost  
Deedra Watkins  
Genevieve Stevens  
Jeanine Kennard  
Kevin Batiste  
Merita Kaulave  
Narda Harrigan  
Roxanne Huie  
Stacy-Ann Afflick  
Stephanie Horwitz  
Taylor Martin  
Vidrale Franklin  
Yolanda Nickelson  
Danielle Pizzi

## Civic Center

KV Velazquez  
Renee Espinoza

## Denman Middle

A. S. Cobb  
Alison Moy  
Anthony Boland  
Camille Steneck  
David Bates  
Dore Jackson  
Esteban Aramburo

Ginny Daws

Jessica Helmers

Jose Otero

Joseph Tokes

Kevin Odle

Lauren Rounkle

Mitzy Valdes

Natalie Gomez

Sara Bennett

Vincent Toan

## El Dorado

Chris Helm  
Desiree St. Louis  
Emi Vega  
Eric Subido

Katherine Walsh

Lori Fetzer

Maria Acosta

Marisa Martinez

Megan Caluza

Methinee Thongma

Scott Brown

Tai Schoeman

## Everett Middle

Adrienne Smith

Alex Algonos

Anjalie Trice

Brett Lazzareschi

Bridget Early

Caitlin Nichols

Chris Lewis

Chrissy Flores

Christina Perry

Dan Kyle

Deborah Bueti

Denise Rueda

Dylan Kehoe

Ferguson Kristin

Gary Cruz

George Keller

Gina Orange

Harini Aravamudhan

Jenny Ortega

Johnny Gonzalez

Jordan Santoni

Katie Driskell

Keith Gushiken

Kendrick Fong

Larry Cohbra

Lena Vanharen

Luis Chavez

Matt Robinson

Matt Swaim

Nancy Padilla

Patricio Duk

Rashaida Coleman

Richard Curci

Ruben Urbina

Theresa Alvarez

Tony Ballard

## Francisco Middle

Akyya Mayberry

Amelia Bjorklund

Ariane Peixoto

Danika Choe

Gabriel Peixoto

Irene Rohrs

James Collins

Jamila Hubbard

Jane Muramoto Yung

Jennifer Lau

Jennifer Lim

Joanglad Martin

Jordan Jennings

Katie Sommer

Katrina James Barone

Leslie Hu

Lisa Barrie

Lisa Miller

Liz Fierst

Mackenzie Keller

Magda Barron

Matthew Rodigheri

Meredith Wheeler

Simon Alemazkoor

Stanley Dickerson

## AP Giannini

## Middle

Adam Johnson

Annie Ma

Ariane Peixoto

Betty Momjian

Chad Lesausky

Chatty Cotter

Christian Johnsen

Christina Sendejo

Ilsa Bertolini

Jacqulyne Law

Jeanne Rodriguez

Karimah Adisa

Kingston Louie

Leslie Trook

Marissa Mornick

Rosalia Lopez

Rymo Cortado

Shree Rangaraj

Terry Lai

Vicky Fasho

## Hoover Middle

Gerraldine Darlington

Jeffery McMahan

Katherine Yumiko



Oka

Kevin Sherald

Lawrence Blake

Leonard Raznick

Mika Moore

Nick Przybyla

Rosalia Lopez

Sarah Gadye

Shira Andron

Thomas Graven

## Horace Mann

Adelina Aramburo

Amanda Petersen

Angela Majka

Anna Rosa Maldonado

Brenda Arias

Christiana Hart

Daniel Sanchez

David Johnson

Diana Valencia

Dino Papgni

Dinorah Salazar

Dyalma Morales

Eddie Lopez

Gabriel Tovar

Gail Eigl

Jay Miranda

Jeff Steeno

Marisa Varalli

Mark Sanchez

Megan McMahon

Nancy Madrigal

Priscilla Owren

Ruben Uribe

Susan Watson

Valerie Barth

Vanessa Marrero

Vince Munoz

## International Studies Academy

Barbara Smalley

Briana Visser

Dana Altshuler



Dana Beatty

Francesca Cosentino

Jack Doyle

Jeffrey Dvorak

Matthew Imperato

Olivia Rivera

Rachel Stones

## Lick Middle

Adan Luevano

Alex Bargas

Anthony Cavazos

Ariane Babcock

Arika Casteneda

Cedric Tatum

Cesar Tapia

Chloe Badger-Harp

Dawn Woehl

Edward Burns

Elise Dicharry

Gia Martino

Gladys Dalmau

Greg D'Amico

Harini Madhavan

Heidi Smith

Helena Corda

Jake Stookey

Karina Vela

Li Ping Kenny

Lina La

Marilyn Koral

Patricia Castaneda

Roberto Pena

## Claire Lilienthal

Arlene Lucchesi

Gloria Carrillo

## Marina Middle

Laurie Vargas

## Marshall High

Erykah Espy

Jose Soberanis

Linda Matthews

Linda Yelda

Mimi Kasner

Nicole Hsu

Razan Jabaji

Rogelio Alvarado

Timothy Won

Williams Van Cedric

## Mission High

Carol Dahlstrom

Cindy Mathison

Janet Frost

Jen Bowman

Pirette McKamey

Rebecca Fulop

Tadd Scott

Tara Geer-Leiker

Valerie Forero

## MLK Middle

Ashley Brown

Bryan Lowry

Christopher Scerr

E'Leva Gibson

Jacynta Jordan

Lawrence Festin

Lenda Butcher-Myers

Patricia Koka

Shirelle Lawrence

Tasia James

## Paul Revere

Anabel Ibanez

Augustine Bonney

Carol Lopez

Carolyn Samoa

Chris Nelson

David Russitano

Deborah Bellotti

Dena McManis

Jamilah Campbell-Sanchez

Jessica Huang

Juan Lopez

Julissa Hicks

Kari Bohlen

Karla Leon Guerrero

Kristen De Andreis

Malin Palsson

Ora Green

Patricia Harmon

Rafael Directo

Shannon Pearsley

Tara Ramos

Teresa Maxwell

## Presidio Middle

Rachel Eckberg

## Rooftop

Cyndy Sugawara

Tara Hayes

Tiffany Kendall

Kristen Vernace

Aaron Weis

Mairin Wiener

## Roosevelt Middle

Alexa Ousley

Alexandria Tom

Beverly Guyton

David Watson

Ellen Kerr

Esther Honda

Kerri Ann Borja

Kristin Tatum

Lillian Chin

Maureen Hayes

Maureen Santori

Micah Weger

Nicole Talbott

Rachel Wood

Rena Frantz

Stuart Briggs

Teresa Kohler

Truitt Blassingham

Uma Higuchi

Whitney Marsh

## Rosa Parks

Casey Martling

Catherine Siemens

Cecily Ina