

Mentoring For Success



Mark Your Calendar!

Upcoming Mentor Trainings

All mentors may attend a full-day training next month to learn more about mentoring, to troubleshoot challenges, and to get resources to help students reach their highest potential. The trainings are presented in conjunction with Edgewood Center for Children and Families and will be held at their location on DeHaro St in San Francisco. Please use this form to sign up for the training that best suits your needs. Submit it to your Site Coordinator by January 26, 2009. Substitutes will be provided for those who need them.

Mentoring 101 is aimed at new mentors in the 2008/2009 school year. Topics include.

Effective Mentoring Practice

- ◆ Reflective Mentoring
- ◆ Helping Relationships
- ◆ Communication & Problem Solving

Supporting Youth Development

- ◆ Assets & Youth Resiliency
- ◆ Developmental Perspective of Mentoring
- ◆ Useful Strategies With Diverse Youth

Vol 1. Issue 1, January 2009

Mentoring 201 is aimed at veteran mentors who have been with the program since last year. The training gives mentors practical tools and information to deepen their student connection and to guide them in addressing roadblocks to future academic and social success. Topics include:

Effective Mentoring Practice

- ◆ Student Voices
- ◆ Broaching Sensitive Issues

Supporting Youth Development

- ◆ Future Orienting
- ◆ Empowering Youth

Check below to sign up for one of the trainings and return this form to your Site Coordinator by January 26, 2009

- Mentoring 201 Thursday February 19 8:00-3:30
- Mentoring 101 Monday February 23 8:00-3:30
- Mentoring 101 Tuesday February 24 8:00-3:30

Name _____

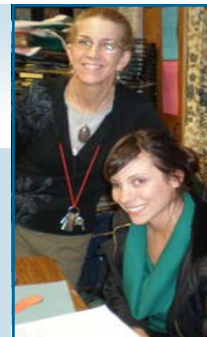
Employee Access ID# _____
(required if substitute needed)

Email Address _____

January 22nd is Thank a Mentor Day – Thanks!

Participating Schools

- AP Giannini Middle School
- Aptos Middle School
- Bessie Carmichael
- Claire Lilienthal
- Everett Middle School
- Francisco Middle School
- Herbert Hoover Middle School
- ISA Middle School
- James Lick Middle School
- Marina Middle School
- MLK Middle School
- Paul Revere
- Rooftop Alternative School
- Roosevelt Middle School
- Visitacion Valley Middle School
- Willie Brown College Preparatory Academy



Mentoring For Success



Vol 2. Issue 1, Jan. 2009

Mentoring For Success, a program of San Francisco Unified School District's School Health Programs Department, launched in 2007 with the support of a grant from the US Department of Education Office of Safe and Drug Free Schools. The program matches SFUSD employees with students in need of an extra boost from a caring adult at school. The program has been a huge success--in its second year over 200 volunteers are mentoring in sixteen middle schools. In addition to one-on-one mentoring, each school hosts group events for program participants to enhance their relationship and build community.

In 2009 we look forward to expanding the program with the help of volunteers throughout the district who understand the impact an adult friendship can make in a student's life.

January is National Mentoring Month
[Join Mentoring For Success Now!](#)

To become a Mentor contact Erin Farrell
farrelle@sfusd.edu/ 415-242-2615 x3078

Mentoring For Success	1
Mentor Match Spotlight	1-2
School Launch Events	2
Mentor Recognition	3
Participating Schools	4
Training Registration	4

Match Spotlight



Mentor Cory Snow

To shed some light on what happens in a mentoring relationship, Cory Snow, a school psychologist at A.P. Giannini Middle School and her mentee Don'ye, a 7th grader, agreed to sit down for an interview. Their mentoring relationship began a year ago in January of 2008, when Don'ye was in 6th grade, and it has been going strong ever since.

What led you to join the mentoring program? How did you meet each other?

Cory: We picked each other. Don'ye came in last year and talked to me about drama she was going through, so we knew each other beforehand and I also know her parents and get along with them well. Mentoring gave me a chance to make regular contact and check-in with her more often.

What activities have the two of you done together?

We made a trip to the public library once, have weekly check-ins, lunches including a CPK & Chinese food outing, and the movies. *(Continued p. 2)*



School Health Programs Department

San Francisco Unified School District
1515 Quintara Street
San Francisco, CA 94116
(415) 242-2615
www.healthiersf.org



Spotlight (continued from page 1)



Making a ginger bread house at a recent mentoring event

Now that you have known each other for some time, how do you feel about mentoring?

Don'ye: I like that I can be more open and it is easier to talk to Ms. Snow now.

Cory: Don'ye has grown a lot from 6th to 7th which I can tell from our conversations. It is great to see her maturing.

Don'ye: Cause you help me! (she says laughing)

Cory: No you did it on your own

Don'ye: I like that we don't have to talk about school. We are on a friendship level. I can talk to her like a girlfriend.



Mentors and students getting to know each other at Visitacion Valley MS

What are you looking forward to doing together in the future?

Don'ye: We want to ice skate (both start laughing, saying they are nervous about trying it). We want to get pedicures & manicures done, maybe link up with another mentor/mentee and go shopping together

Cory: I want to take her out to college campus also.

Cory, now that you have experienced being a mentor, do you think it would have helped you to have had one when you were in middle school?

Cory: Yes, because when you are in Middle School, there are questions you can't ask your parents, and your friends are just as confused as you are. So it is nice to have another adult to talk to in those situations. I don't give Don'ye advice though, I give her options and talk through the options with her and she makes decisions on her own. She has a great awareness about how to handle difficult situations.

Any advice you would like to give to mentors or mentees who have just begun their relationships?

Cory: It helps just to listen sometimes. Don't tell them they shouldn't do something or they are wrong. Listen and just understand. I also found it very helpful to incorporate her parents into the mentoring program and that her parents are okay when we are doing activities outside of school. It also helps that we see each other frequently and have check-ins a lot. Your relationship becomes more comfortable much quicker when you do that. It also helps not to be in the adult versus child role, try to relate to each other regardless of age on a person to person level.

Anything else you want to add?

Don'ye: I love that Ms Snow is my mentor.

Launch Events

Veteran and new schools involved in Mentoring For Success have successfully launched annual kick-off events during the past few months. These events provide the chance for mentors and students to meet, talk, share a snack, and participate in community building activities together. Specific activities range by school but they are all designed to build trust, communication skills, and provide a safe space to get to know one another a little better.



Building a paper tower can be serious business! Communication and innovation are key.

Mentoring For Success



Thank You Mentors We couldn't do it without you!

Amy Abdallah
Tanayah Adcock
Marcia Adkins
Alex Algonos
Kim Allison
Rogelio Alvarado

Donna Amador
Powers Amanda
Carley Amigone*
Tyrone Anderson
Mary Archer
Frank Arzola
Jose Ascencio
Amira Aweti
Kathy Babcock*
Jonah Backstrom
Kate Baker*
Tony Ballard
Valarie Bell
Joe Bender

Michael Bennett
Melissa Benson
Kerri Berkowitz*
Lisbeth Berringer
Jenna Bianchi
Jane Bieringer
Chanel Bilal
Anne Bjornson
Brian Borsos
Kelly Bowman
Lyn-Tise Bradley
Jeffrey Burgos
Ling Busche
Lori Byer

Gloria Carrillo
Angel Carvajal
Arika Castenada
Anthony Cavazos*
Cynthia Cen
Laura Chavez
Raquel Chiasson*
Kent Chow
Norma Clark
Larry Cohbra
Margot Cooke
Robin Corpus
Scott Cowan
Richard Curci
Gladys Dalmau
Anne D'Alonzo
Gerraldine Darlington
Pam Davis
Patrick DeO'Campo

Theresa Jahangir

Susana Diaz
Rafael Directo*
Jennifer Donahue*
Judy Dong
Louisa Dorsch-Kerwin
Christopher Drayson
Bridget Early*
Kathie Edeli
Lisa Eller
Kristy Erickson
Gloria Escobar
Vicky Fasho
Liz Fierst
Sylvia Fitch
Chrissy Flores
Cesar Flores
Nancy Folaouo
Eric Fructuoso
Brendan Furey
Emilie Gantt
Amelia Garahan
Rachelle Garrett
Tara Geer-Leiker*
David Gerbic
E'Leva Gibson
Heiko Gieraths
Sarah Gleason
Amber Goldman*
Brian Gomes
Johnny Gonzalez
Katherine Goshgarian
Thomas Graven
Courtney Griffin
William Hack
Lina Hancock
Poem Hanna
Peter Haslam
Maureen Hayes
Jose Hernandez
Arlene Hernandez
Julissa Hicks*
Min Jung Hong
Leslie Hu*
Anette Hughes
Laura Hurley
Brenda Jackson
Theresa Jahangir

Madeline Johnson
David Kaplan
Cathy Kasper
Laura Kauth
Davonna Kearney
George Keller
Tiffany Kendall
Kyoko Kimura
Bryn Knapper*
Marilyn Koral
Valerie Kuki
Terry Lai
Bonnie Lake



Kris Langley
Robert Lau
Jacqulyne Law
Cheryl LeClaire
Ken Lee
Sylvia Lepe
Jacqueline Leppla
Chris Lewis
Jennifer Lim
Winston Little
Sandy Lopez
Kingston Louie
Arlene Lucchesi
Judith Lucero
Erin Lyons
Apollo Madayag
Harini Madhavan*
Aurora Maramag
Whitney Marsh
Joanglad Martin
Nicole Massey
John Mata'U
Vanessa Matthews
John Mayhew

Katie McCann
Mairin McCarthy*
Mary McGinnis
Corrina McGraw
Erin McHale
Deitra McLeod
Adele Medel
Elizabeth Medrano
David Meyers
Sharon Michel
Chris Miller
Gloria Minjares
Betty Momjian
Marissa Mornick
Heather Morrison
Sylvia Moses
Monica Ng
Kyle Noone
Carmen Ogden
Daniel Cami Okubo
Maritza Olguin
Jenny Ortega
Carrie Osborne
Nancy Padilla
Chor Pang
Rachel Parker
Victoria Patch
Tony Payne
Tracy Peoples
Christina Perry
Cathy Personius
Sarah Pooner
Amanda Powers
Mary Price
Ruben Quezada
Edna Ramirez
Michael Ratkewicz
Michael Reichle
Nicole Reinoso
Andres Rios
Katherine Ripley
Angela Rodriguez
Jeanne Rodriguez
Diego Roman
Benjamin Rombro
Peter Rosson
Erika Rubinstein*

Cecilia Santiago
Maureen Santori
Sabrina Saunders
Patty Schick
Christina Sendejo
Belinda Serrano
Jack Sheehy

Barbara Sherfey
Jody Siker
Adrienne Smith
Cory Snow
Chris Spagnuolo
Loretta Spears
Dickson Stanley
James Stewart
Jenna Strouth
Cyndy Sugawara
Natalie Swope
Sue Szarek
Val Tagaloa
Mariya Taher Hayes
Tara Cedric
Tatum Kristin
Kristin Tavernetti
Jenny Taverne
Leslie Trook
Corinne Vega
Manny Villalobos
Joanna Wardell
Kim Warman
Leslie Wax*
Micah Weger
Sarah Weiner
Deonne Wesley
Dennis Westry

Danielle Winford
Laurie Winship
Dawn Woehl
Allison Zampino



* indicates mentor is also a Site Program Coordinator

Mentors: See page 4 to register for the February Mentor Training of your choice