

Directive to Administrators (Specify which administrators) All Site Administrators	WAD (Wednesday) Publication Date May 10, 2017	WAD Notice (Number)	No. of Pages 1 of 3
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WAD Title (Limit to 4-6 Words) Armani Johnson Asthma Awareness Month	Date Due (if applicable) N/A	Not Applicable After this Date: 05/31/2017
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From: Kim Coates	Title: Executive Director, School Health Programs, SFUSD	Signature:	Telephone: 415-242-2615
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Inform:

Certificated Staff Classified Staff Parents Post on Bulletin Board Other: All interested Staff

Administrative Directive

WHAT: MAY is Armani Johnson Asthma Awareness Month

WHO: All Staff at EED Centers, Elementary, Middle and High Schools

WHY: On March 26, 2002, Armani Johnson died tragically as the result of an asthma attack while attending a SFUSD Child Development Center. **Asthma is a serious respiratory disease** that affects the quality of life of millions of Americans. In children it may lead to poor academic and physical activity performance. Although there is no cure, **asthma can be controlled through medical treatment and management of indoor and outdoor environmental triggers. Death from asthma is preventable.**



- 10-15% of SFUSD students have asthma (or 2-3 students per average classroom).
- 28% of children (5-17 year old) in San Francisco County have asthma compared to 17% of children in California.
- In 2014, 61% of children (5-17 year old) in San Francisco County with asthma were seen in the emergency department due to asthma symptoms.
- Average cost of an asthma hospitalization in S.F. County is approximately \$34,500. (source: <http://www.californiabreathing.org/asthma-data/county-asthma-profiles/san-francisco-county-asthma-profile>)

- HOW:**
1. **Plan an Armani Johnson Asthma Awareness Event in your school** (see attachment for ideas).
 2. **Use “4 Steps to Improve Asthma Management in School”** at the beginning of every school year and throughout the year (see attachment).

For questions or assistance, please contact the Nurse of the Day at (415) 242-2615.

Approved	Cabinet Member: Kevin Truitt	Title: Associate Superintendent, SFUSD	Signature:
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May is Armani Johnson Asthma Awareness Month



Plan an Asthma Awareness event in your school!

For Teachers and Staff

- Organize an in-service on environmental asthma triggers and effective asthma management for teachers, custodians, and other school staff, using the “Responding to Chronic Illness Emergencies at School: Ready, Set, Do It!” Video at <http://www.healthiersf.org/resources/videos.php#chap1> and California Breathing’s Asthma Quick Takes 1-3 (also available at <http://www.californiabreathing.org/collaborations/sehac>)
- Introduce the *Indoor Air Quality (IAQ) Tools for Schools* Program at a staff breakfast or lunch. *IAQ Tools for Schools* can increase awareness among school staff and help correct or remediate the source of the environmental asthma trigger. See your *IAQ Tools for Schools* Site Liaison for assistance; call the *IAQ Tools for Schools* Coordinator, Jackie Chan at (415) 554-2875.
- Encourage teachers to incorporate asthma and the environment into appropriate curricula, e.g., science and health.
- Host activities to educate people in your community about comprehensive asthma management. Go to: <http://www.rampasthma.org/info-resources/ramp-tools-publications> or http://www.epa.gov/asthma/pdfs/awm/event_planning_kit.pdf, or <https://www.epa.gov/asthma>.

For Students

- Read children’s books about asthma to students, such as *Taking Asthma to School*, *Zoo Allergy*, and *The ABC’s of Asthma*, by Kim Gosselin.
- Organize an asthma awareness poster contest.
- Design asthma awareness bulletin boards or other displays for students and staff.

For Parents

- Arrange for an asthma education speaker at a PTA meeting or other parent/guardian event.
- Include asthma awareness information in school newsletters and other packets sent home to parents/guardians.

Four Steps to Improve Asthma Management at School

1. Know the children in your class/school who have asthma.

- ✓ Review the students' Emergency/Medical Information Cards.
- ✓ **Make sure the medical information is entered into Synergy.**
- ✓ Print a *Student Health Conditions List* from Synergy: click on the Tree icon→Synergy SIS→Health→ Reports→List→ HLT401
- ✓ On the Report Interface page, under the *Options* tab, check the boxes for grade levels desired, and the box for Asthma. Click **Print**, and all students with Asthma will come up in a list.



Resources:

- Student Emergency Cards processing procedure is in Section B of the SFUSD School Health Manual, <http://www.healthiersf.org/resources/SHM-SectionB.php> .

2. Ensure that the school has the ability to help students with asthma.

- ✓ Obtain asthma emergency care plans, medication forms and quick relief medication for students with asthma.
- ✓ Educate yourself about asthma management (Section A in the School Health Manual).
- ✓ Organize a staff presentation on Asthma Management.

Resources:

- Asthma Emergency Care Plans, Medication Forms and asthma management handouts are available in Section A and B of the SFUSD School Health Manual-
<http://www.healthiersf.org/resources/SHM-SectionA.php>
<http://www.healthiersf.org/resources/SHM-SectionB.php> .
- California Breathing Asthma Quick Takes – short videos and other resources re: responding appropriately to students having asthma symptoms:
<http://www.californiabreathing.org/collaborations/sehac> .
- SFUSD Nurse of the Day: (415) 242-2615

3. Keep communication open with parents/guardians about their child's/children's asthma.

- ✓ Communicate with parents/guardians when their child has asthma symptoms, needs to use his/her quick relief medicine, or seems unusually tired.
- ✓ When calling a parent/guardian regarding an absence, ask if the child is having symptoms related to asthma.
- ✓ **If the student is having asthma symptoms during the day more than 2 times per week, or waking at night with asthma symptoms more than 2 times per month, refer the student to his/her health care provider.**
- ✓ **Document appropriately.**

4. Control asthma triggers in the classroom/school.

- ✓ Improve indoor air quality/environmental asthma triggers by implementing the EPA's *Indoor Air Quality Tools for Schools Program* at your school. For assistance: see your *IAQ Tools for Schools* Site Liaison; call the IAQ Tools for Schools Coordinator, Jackie Chan at (415) 554-2875.