

Directive to Administrators (Specify which administrators)		WAD (Wednesday) Publication Date	WAD Notice	No. of Pages
ALL SITE ADMINISTRATORS		February 8, 2017		1 of 6
WAD Title (Limit to 4-6 Words)			Date Due	Not Applicable After
January & February is Growing Bodies & Active Consent: Healthy Sexuality and Relationships Month			N/A	February 28, 2017
From	Title	Signature		Telephone
Kim Coates (Cabinet member or approved by one below)	Executive Director, School Health Programs, SFCSD			(415) 242-2615
Inform <input checked="" type="checkbox"/> Certificated Staff <input checked="" type="checkbox"/> Classified Staff <input checked="" type="checkbox"/> Parents <input checked="" type="checkbox"/> Post on Bulletin Board Other _____				
Administrative Directive				
Growing Bodies & Active Consent: Healthy Sexuality and Relationships Month				
WHO: All Elementary, Middle, and High school staff				
WHAT: San Francisco Unified School District celebrates Growing Bodies & Active Consent: Healthy Sexuality and Relationships Month throughout February . Schools are encouraged to hold events and teach lessons about friendships and healthy relationships.				
WHEN: January and February 2017				
HOW: Elementary School Health Advocates and Health Education Teacher Leaders, Middle and High School LGBTQ Liaisons, Wellness Program Coordinators, School Counselors, School Social Workers, and School District Nurses will assist with coordination of activities . Also, see attachments for classroom lesson ideas and related professional development opportunities.				
For any additional questions contact: School Health Programs Office Frida Ibarra Phone: 415.242.2615				
<i>Approved</i>	Cabinet Member: Kevin Truitt	Title: Chief of Student, Family & Community Support Department	Signature:	
SAN FRANCISCO UNIFIED SCHOOL DISTRICT – WEEKLY ADMINISTRATIVE DIRECTIVE (WAD)				

WHAT YOU CAN DO TO SUPPORT

Growing Bodies & Active Consent: Healthy Sexuality and Relationships Month!

Teach a Lesson

Contact your Health Advocate/Health Education Teacher Leader for curriculum resources.

Elementary Level:

Recommended lessons from District Adopted <i>HealthSmart</i> online curriculum*					
Grade K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
<p><u>Lesson 1</u> We're all Different and Special</p> <p><u>Lesson 3</u> Having People Who Care</p> <p><u>Lesson 4</u> My Body Puzzle</p> <p><u>Lesson 22</u> Knowing and Liking Your Body is Part of Being Healthy</p>	<p><u>Lesson 2</u> Families are Special and Different in Their Own Ways</p> <p><u>Lesson 3</u> Having Friends</p> <p><u>Lesson 5</u> Talking and Listening to Others</p> <p><u>Lesson 21</u> Know and Like Your Body</p>	<p><u>Lesson 1</u> How Do Families Grow and Change?</p> <p><u>Lesson 5</u> How do Bodies Change and Grow?</p> <p><u>Lesson 20</u> Celebrate Your Body!</p>	<p><u>Lesson 15</u> It's Great to Be Different!</p>	<p><u>Lesson 6</u> Thinking about Growing and Changing</p> <p><u>Lesson 7</u> Growing Bodies</p> <p><u>Lesson 8</u> Dealing with Growing Up</p> <p><u>Lesson 25</u> Body Image – Analyzing Influences</p>	<p><u>Lesson 3</u> Understanding Puberty</p> <p><u>Lesson 4</u> Caring for a Boy's Body</p> <p><u>Lesson 5</u> Caring for a Girl's Body</p> <p><u>Lesson 6</u> Expressing Familiar and New Feelings</p> <p><u>Lesson 7</u> Self-Respect, Personal Reputation, and Abstinence</p>

*E-mail tiuk@sfusd.edu for Health Smart login and password

Collaborate to organize a classroom or school-wide activity

Respect My Body Wreath

Grades K – 2: Elicit vocabulary words that speak to respect for the human body and feelings (beautiful, strong, unique, etc.). Have students trace their hands on colored paper and write from one to five of the words on the hand. Glue all the hands together to form a Respect Wreath; display in classroom or hallway.

Grades 3 -5: Elicit positive vocabulary words that speak to respect for the human adolescent body, feelings, and relationships (changing, beautiful, strong, growing, fun, etc.). Have students trace their hands on colored paper and write a statement or two about how they feel about their body and/or relationships. Glue all the hands together to form a Respect My Body Wreath; display in classroom or hallway.

Middle School Level:

Grade 6 Curriculum: <i>Planned Parenthood Puberty Lessons</i>	Grade 7 & 8 Curriculum: <i>Healthy Me. Healthy Us.</i>
<p><u>Lesson 1</u> All Bodies</p> <p><u>Lesson 2</u> Male Bodies</p> <p><u>Lesson 3</u> Female Bodies</p> <p><u>Lesson 4</u> Healthy Bodies</p> <p><u>Lesson 5</u> Healthy Relationships</p>	<p><u>Lesson 3</u> Authentic Consent</p> <p><u>Lesson 4</u> Everybody's Got Body Parts: The Male Reproductive & Sexual System</p> <p><u>Lesson 5</u> Everybody's Got Body Parts: The Female Reproductive n& Sexual System</p> <p><u>Lesson 10</u> Preventing Sexual Harassment</p> <p><u>Lesson 11</u> Healthy Relationships</p> <p><u>Lesson 12</u> Setting Clear Boundaries</p> <p><u>Lesson 13</u> Preventing Sexual Assault & Human Trafficking</p>

High School Level:

Grade 9
Curriculum: <i>Be Real. Be Ready.</i>
<p><u>Lessons</u> Complete <i>Be Real. Be Ready.</i> Lessons</p>
Additional Resources
<p>HS Sexual Harassment Slides</p> <p><u>Consent Video - It's As Simple as Tea</u> https://www.youtube.com/watch?v=fGoWLWS4-kU</p> <p>Additional Growth/Development Resources</p>