

Directive to Administrators (Specify which administrators) <b>All Administrators</b>		WAD (Wednesday) Publication Date February 25, 2009	WAD Notice ( Number )	No. of Pages <b>1 of 4</b>
WAD Title ( Limit to 4-6 Words ) <b>Summer Safety and Activities Awareness Month</b>			Date Due (if applicable)	Not Applicable After this Date: August 24, 2009
From: <b>Meyla Ruwin</b> (Cabinet member or approved by one below)	Title: <b>Director, School Health Programs Dept.</b>	Signature:		Telephone: <b>242-2615</b>
Inform: ( x ) Certificated Staff    ( x ) Classified Staff    ( x ) Parents    ( x ) Post on Bulletin Board    Other _____				
<p>Administrative Directive</p> <p><i><b>Summer Safety and Activities Resources</b></i></p>				
<b>WHO:</b> We encourage <b>all staff at Elementary, Middle and High Schools</b> to share this information with <b>all</b> Pre K – 12 <sup>th</sup> grade students and their parents/caregivers.				
<b>WHAT:</b> <b>May is Summer Safety and Activities Month.</b> This month's School Health Program campaign focuses on preparing for a healthy and fun summer break. Schools should emphasize sun safety and skin cancer awareness.				
<b>May Balanced Score Card Goal and Objective: Student Achievement</b>				
<b>Objective 2.3:</b> Create learning beyond the classroom				
<b>May Asset Building Focus: SUPPORT</b>				
★ Asset # 3 – Other Adult Relationships, #5 - Caring School Climate, #6 - Parent Involvement in Schooling. Share Summer Resource List with students and families.				
★ <b>Asset Building Activities:</b>				
<ul style="list-style-type: none"> <li>• Asset #3, #5, #6 – Celebrate students' accomplishments individually and school-wide to end the year.</li> <li>• Asset #3, #5, #6 – Studies show that students fall behind in academics during the summer. Create summer activities lists with your students.</li> <li>• Asset #3, #5 – Staff to complete Transition Plans for graduating 5<sup>th</sup> and 8<sup>th</sup> graders who need extra support and caring relationships from adults at their new school. Contact School Health Programs Department at (415) 242-2615 for forms and more information.</li> </ul>				
<b>WHEN:</b> <b>May 2009</b>				
<b>WHY:</b> <b>To provide families with a variety of information and resources regarding summer safety and local summer activities. To provide teachers with information on how students can stay safe, active and healthy during the summer months.</b>				
<b>HOW:</b> <b>See the resources on the following page for grade level lessons &amp; suggested resources. Promote Family Summer Resource Fair on March 14<sup>th</sup>.</b>				
<i>Approved</i>	Cabinet Member: <b>Trish Bascom</b>	Title: <b>Associate Superintendent of Student Support Services</b>	Signature:	
SAN FRANCISCO UNIFIED SCHOOL DISTRICT - WEEKLY ADMINISTRATIVE DIRECTIVE (WAD)				

May 2009



## WHAT YOU CAN DO TO SUPPORT

# SUMMER SAFETY AND ACTIVITIES Awareness Month!

⇒ Visit the SHPD website for programs, resources, and news: [www.healthiersf.org](http://www.healthiersf.org)

### Teach a Lesson: Recommended lessons from District Adopted curricula for *Summer Safety*

Contact your Health Advocate to locate curriculum resources.

Elementary School Curriculum	Grade K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
<i>Actions for Health</i> (ETR)	Lessons 2,12	Lesson 10	Lessons 13, 23, 24	Lessons 17, 18, 19, 23, 24	Lessons 24, 25, 26	Lessons 22, 23, 25

Contact your Health Liaison to locate curriculum resources.

Middle School Curriculum	Grade 6	Grade 7	Grade 8
<i>Decisions for Health; Holt</i>	Ch 15: Lessons 1 – 7	Ch 17: Lessons 1 – 8	Ch 19: Lessons 1 – 7
<i>Middle School Health Smart</i> (ETR)	Violence and Injury Prevention: Lessons 1- 6	Violence and Injury Prevention: Lessons 1- 6	Violence and Injury Prevention: Lessons 1- 6
<b>High School Curriculum</b>			
<i>High School Health Smart</i> (ETR) Violence and Injury Prevention: Lessons 1 – 6			

### Collaborate to organize a classroom or school-wide activity

Work with your students, parents, Parent Liaison, Health Advocate, and School Health Program Department staff: Nurse, Learning Support Professional, After School Coordinator, Site Nutrition Coordinator.

- **Organize a school-wide summer safety promotion activity:** create a bulletin board, sponsor a poster contest, and provide a parent workshop on summer resources available in your community.
- **Contact a community based organization** to invite a speaker into your classroom or for curriculum resources on sun safety and skin cancer awareness: American Cancer Society (415) 495-2423

### Share resources with families

- **Utilize the Community Based Organization Resource Guide** (found at [www.sfusd.edu](http://www.sfusd.edu)) to locate organizations with summer services for children.
- **Look for the Department of Children, Youth and Their Families summer resources list** at [www.dcyf.org](http://www.dcyf.org) and **promote** the San Francisco Family Summer Resource Fair, Saturday, March 14, 2009 at Concourse Exhibition Center (see flyer).
- **Get a copy of the Bay Area Parent Summer Survival Guide** ([www.BAYAREAPARENT.COM](http://www.BAYAREAPARENT.COM)) available in March.

The School Health Programs Department works to ensure the academic, physical and emotional growth of San Francisco's youth by assisting school sites in building their capacity to meet the needs of the whole child.



SAN FRANCISCO

# Family **SUMMER** Resource Fair

El Alcalde Gavin Newsom Presenta

## LA FERIA DE RECURSOS DE VERANO EN FAMILIA

en San Francisco

**EL SÁBADO, 14 DE MARZO  
DE 10:00 AM Á 3:00 PM**

**EN EL CONCOURSE  
EXHIBITION CENTER**

De las calles Octava y Brannan

# ¡GRATIS!

**MÁS DE 200 EXPOSITORES**

**CAMPAMENTOS**

**CLASES**

**ARTES Y DEPORTES**

**EMPLEOS PARA LOS JÓVENES**

**ESTILOS DE VIDA SALUDABLES**

**SERVICIOS DE LA CIUDAD**

**UTILICE LAS LÍNEAS 12, 19, 27,  
47 DEL MUNI**

**TRANSPORTE GRATUITO DE IDA  
Y VUELTA**

Desde las Calles Mission y Octava  
hasta las Calles Tercera y Palou

**Diversión y Juegos para los Niños!  
Masajes para las Mamás!**

**PARA MAS DETALLES:**

有關詳細資訊：

**Llame al:  
請致電**



**主辦單位**

**星期六 (3月14日)**

**上午 10:00 點至下午 3:00 點**

**Concourse Exhibition Center  
Eighth & Brannan Streets**

**免費！**

**兒童、青年和家庭夏季活動展  
逾 200 參展商**

**露營**

**課程**

**藝術與運動**

**青年工作**

**健康的生活方式**

**城市服務**

**孩子們的娛樂與遊戲！**

**適合媽媽們的按摩！**

**乘 MUNI 12□19□27□47**

**Mission & Eighth Streets 和**

**Third & Palou Streets 間免費接駁車**