

Directive to Administrators (Specify which administrators)	WAD (Wednesday) Publication Date	WAD Notice (Number)	No. of Pages
All Elementary School Site Administrators	December 2, 2009		1 of 2

WAD Title (Limit to 4-6 Words)	Date Due (if applicable)	Not Applicable After this Date:
Elementary Health Education Professional Development	January 13, 2010	March 15, 2010

From: Meyla Ruwin (Cabinet member or approved by one below)	Title: Senior Executive Director, Student Support Services	Signature:	Telephone: (415) 242-2615
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Inform:

(X) Certificated Staff () Classified Staff () Parents () Post on Bulletin Board Other _____

Administrative Directive

Nutrition & Learning: A 3-part workshop series

WHO: Elementary Classroom Teachers – Grades K - 5

- Ten schools, with ≥50% participation as free/reduced in the National School Lunch Program, who send a team of three teachers to all three workshops, will receive three FREE Harvest of the Month tastings for each classroom at their school.
- Per funding requirements priority will be given to teachers from schools with ≥50% participation as free/reduced in the School Lunch Program
- Teachers may sign up for individual workshops—though priority will be given to teams.

WHAT:

Nutrition & Learning Workshops	Date/Time	Stipend	Location
#1: Setting Up A Healthy Learning Environment Learn strategies and receive resources to incorporate nutrition education and physical activity into your classroom	Wednesday, Jan. 27, 2010 4 – 6 p.m.	\$60	SSSD-- 1515 Quintara St.
#2: Linking to Science Curriculum Receive curriculum that integrates science standards and garden links to nutrition education	Wednesday, Feb. 24, 2010 4 – 6 p.m.	\$60	Location TBD
#3: Nutrition Links to Family & Community Connect to your students' families and communities with nutrition education resources and family health events	Wednesday, Mar. 17, 2010 4 – 6 p.m.	\$60	SSSD-- 1515 Quintara St.

WHY:

- To encourage students and their families to eat more fruits and vegetables and be physically active
- To enhance student health and well being in accordance with SFUSD's Balanced Scorecard Goal #1 Access and Equity, making social justice a reality by creating an environment for students to flourish
- To review & participate in nutrition education lessons and activities linking to science curricula

HOW:

Fax the attached registration form to Student Support Services Department:

- To Terry Vargas – FAX 242-2618
- by Friday, January 13, 2010
- Confirmation will be sent via e-mail.

<i>Approved</i>	Cabinet Member: Trish Bascom	Title: Associate Superintendent, Student Support Services	Signature:
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Student Support Services Department
San Francisco Unified School District
Nutrition Education Project



Registration for: *Nutrition & Learning* workshop series

→ **Please fax this registration form c/o Terry Vargas, Student Support Services Department, 242-2618—by JANUARY 13, 2010**

- WHO:** Elementary Classroom Teachers – Grades K - 5
- Ten schools, with ≥50% participation as free/reduced in the National School Lunch Program, who send a team of three teachers will receive 3 Harvest of the Month tastings for each classroom at their school.
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 - Teachers may sign up for individual workshops—though priority will be given to teams.

WHAT:

Nutrition & Learning Workshops	Date/Time	Stipend	Location
#1: Setting Up A Healthy Learning Environment	Wed., 1/27/10, 4 – 6 p.m.	\$60	SSSD 1515 Quintara St.
#2: Linking to Science Curriculum	Wed., 2/24/10 4 – 6 p.m.	\$60	Location TBD
#3: Nutrition Links to Family & Community	Wed., 3/17/10 4 – 6 p.m	\$60	SSSD 1515 Quintara St.

Registration for Teams --Attending all three workshops (Maximum 4 teachers/site):

School:			
Teacher's Name	ID#	Grade Level	E-Mail

Registration for Individual Teachers:

School:				
Indicate Workshop(s) 1, 2 &/or 3	Teacher's Name	ID#	Grade Level	E-Mail

As the Site Administrator I support SFUSD's *Health Education Policy* which requires a **minimum of 20 Elementary level health education lessons**; the *SFUSD Wellness Policy* & the **State PE requirement of 200 min./10 days**.

_____ Principal's signature