

Directive to Administrators (Specify which administrators)	WAD (Wednesday) Publication Date	WAD Notice ( Number )	No. of Pages
<b>All Administrators</b>	<b>October 5, 2011</b>		<b>1 of 2</b>

WAD Title ( Limit to 4-6 Words )	Date Due (if applicable)	Not Applicable After this Date:
<b>October is Positive Alternatives to Drug Use Month</b>		<b>October 31, 2011</b>

From: <b>Kim Coates</b> (Cabinet member or approved by one below)	Title: <b>Supervisor, School Health Programs</b>	Signature:	Telephone: <b>242-2615</b>
---	---	------------	-------------------------------

Inform:

Certificated Staff     Classified Staff     Parents     Post on Bulletin Board    Other \_\_\_\_\_

**Administrative Directive**

**WHAT: October is *Positive Alternatives to Drug Use Month*.**

This month's Student Support Services Department/School Health Programs campaign focuses on positive alternatives to drug use. Schools should emphasize the tobacco and drug free policy.

**October Asset Building Focus: BOUNDARIES AND EXPECTATIONS**

Asset #12 - School Boundaries, #14 – Adult Role Models, #16 – High Expectations: *School provides clear rules and consequences by posting rules in classrooms and hallways. School rules and expectations are distributed through the Student and Parent/Guardian Handbook. Schools make regular contact with families for positive student feedback as well as for disciplinary reasons.*

**WHO: All Staff at Elementary, Middle and High Schools**

**WHY:**

- To have students participate in Red Ribbon Week events (e.g., Take a drug and alcohol free pledge and learn about substance use prevention).
- To highlight the Student and Parent/Guardian Handbook as a reference for families.

**HOW:** See the attached resources on the following page for grade level lessons and suggested resources.

**WHEN: October 2011**

<i>Approved</i>	Cabinet Member: <b>Kevin Truitt</b>	Title: <b>Associate Superintendent of Student Support Services Dept.</b>	Signature:
-----------------	--	---	------------



# Positive Alternatives to Drug Use Month!

⇒ Visit the SSSD website for programs, resources & news: [www.healthiersf.org](http://www.healthiersf.org)

## Teach a Lesson:

Contact your Health Advocate or your Health Liaison to locate curriculum resources at school site.

Recommended lessons from District adopted curricula for *Positive Alternatives to Drug Use*.

Elementary Curriculum	Grade K	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
<i>Too Good for Drugs</i> (Mendez) (Evidence-based Curriculum)	Lessons 4,5,8	Lessons 1,7,8	Lessons 1,8,9	Lessons 1,2,6	Lessons 3,4,6	Lessons 1,3,4
<i>Actions for Health</i> (ETR)	Unit V	Unit VI	Unit IV	Unit V	Unit III	Unit IV
Middle School Curriculum	Grade 6		Grade 7		Grade 8	
<i>Project Alert</i> (BEST Foundation) (Research Validated Curriculum)			Lessons 1 - 11 Booster Lessons 1 & 2		Lessons 1 - 11	
<i>Decisions For Health</i> (Holt)	Lessons 13 & 14		Lessons 11 - 13		Lessons 14 – 16	
High School Curriculum	High School					
<i>Towards No Drug Abuse</i> (USC) (Research Validated Curriculum)	Lessons 1 - 15					
<i>Lifetime Health</i> (Holt)	Lessons 9 -12					

## Attend a Professional Development Workshop:

Contact your Health Advocate or Health Liaison for more information; see trainings listed below, the *Save These Dates* flyer and the WADs online for other health education workshops.

**ES** There are no workshops on this topic. If you would like an overview of the substance prevention District approved curriculum at one of your staff meetings please contact Martha Adriasola [adriasolam@sfusd.edu](mailto:adriasolam@sfusd.edu)

### **SECONDARY**

**All Day Workshops (substitute provided) for Middle and High School at 1515 Quintara St.:**

*Brief Intervention Training* – 1<sup>st</sup> Semester -Wednesday, October 5, 2011, 8:00 a.m. to 3:30 p.m.

*LGBTQ Youth & Health (Drugs, HIV/STDs, Safety)* - Thursday, November 17, 2011, 8:30 a.m. to 3:30 p.m.

*Brief Intervention Training* – 2<sup>nd</sup> Semester - Wednesday, January 18, 2012, 8:00 a.m. to 3:30 p.m.

**Afternoon Workshop for High School (stipend provided):**

*Toward No Drug Abuse Training* - Thursday, October 13, 2011 OR Tuesday, January 17, 2012, 4:00 - 6:00 p.m.

## Collaborate to organize a classroom or school-wide activity:

Work with students, parents, parent liaison, Health Advocate, HST/HPC Team Members & other Student Support Services Department staff: Nurse, Learning Support Professional, After School Program Site Coordinator, Site Nutrition Coordinator, Tobacco Youth Outreach Coordinator/Peer Educators, Community Health Outreach Worker, and Wellness Coordinator

- Participate in Red Ribbon Week 10/24 – 10/28 by teaching a lesson, creating a bulletin board, sponsoring a poster contest, holding an assembly, providing a workshop for parents
- Contact a community based organization to invite a speaker into your classroom:
  - American Cancer Society, (800) ACS-2345
  - National Council on Alcoholism & other Drug Addictions, (415) 296-9921