

Directive to Administrators (Specify which administrators)		WAD (Wednesday) Publication Date	WAD Notice	No. of Pages
Middle School /High School Administrators		January 26, 2011		1 of 2
WAD Title (Limit to 4-6 Words) Healthy Food, Healthy Bodies: Nutrition Education Workshop		Date Due (if applicable) February 15, 2011	Not Applicable After February 17, 2011	
From Kim Coates (Cabinet member or approved by one below)	Title Supervisor, School Health Programs	Signature		Telephone 242-2615
Inform (x) Certificated Staff (x) Classified Staff () Parents () Post on Bulletin Board () Other _____				
Administrative Directive				
WHO: Middle School and High School certificated and classified Staff who are responsible for nutrition education and health education				
<ul style="list-style-type: none"> ➤ Receive a \$60 stipend to attend an afternoon professional development 				
WHAT: Healthy Food, Healthy Bodies: Nutrition Education Workshop				
<ul style="list-style-type: none"> ➤ Review best practices, resources, and strategies to address nutrition education and improve wellness in schools ➤ Receive supplemental resources: <ol style="list-style-type: none"> 1. Nutrition and Exercise: Making Healthy Choices – curriculum & DVD 2. Battling Eating Disorders – DVD 				
WHEN: Thursday, February 17, 2011 4:00 – 6:00 p.m.				
WHERE: School Health Programs 1515 Quintara Street @ 24th Avenue				
Why:				
<ul style="list-style-type: none"> ➤ To support the SFUSD Wellness Policy ➤ To receive nutrition education curriculum that complies with the District Comprehensive Health Education Policy ➤ Research has shown significant links between healthy eating and academic success 				
How: Email or fax attached registration form by February 15, 2011 to: Wendy Tran – tranh2@sfusd.edu - FAX 242-2618 School Health Programs 1515 Quintara Street				
<i>Approved</i>	Cabinet Member Kevin Truitt	Title Associate Superintendent of Student Support Services	Signature	
SAN FRANCISCO UNIFIED SCHOOL DISTRICT – WEEKLY ADMINISTRATIVE DIRECTIVE (WAD)				

**Nutrition Professional Development Opportunity for
Middle and High School Teachers**

Name of Training: Healthy Food, Healthy Bodies: Nutrition Education Workshop

Offered to: Middle School and High School certificated and classified staff that are responsible for nutrition education and health education.

Content This training will review best practices, resources, and strategies to address nutrition education and implement the SFUSD Wellness Policy in schools. All participants will receive nutrition resources.

1. **Nutrition and Exercise: Making Healthy Choices- Curriculum and DVD**
2. **Battling Eating Disorders – DVD**

Contact Person: Rosalia Lopez
School Health Programs
Phone 242.2615 x3240

Date/Time of Training: Thursday, February 17, 2011
4:00 p.m. - 6:00 p.m.

Stipend: \$60.00

Location: School Health Programs
1515 Quintana Street (at 24th Avenue)

Participants are asked to pre-register by February 15, 2011

Email or Fax registration form to Wendy Tran 242-2618

The following information is needed for payment processing. Please print clearly!

Name _____ School _____ Employee ID# _____
(MANDATORY)

Phone _____ Fax _____ Email _____

Grade (please check) 6th 7th 8th 9th 10th 11th 12th

Subject(s) _____

I understand that in order to receive the \$60 stipend, I am responsible for attending the entire Health Education Training from 4:00 to 6:00 p.m.

Teacher's signature _____

As the administrator, I support the district health education policy which provides professional development opportunities to assist certificated teachers in the implementation of the SFUSD Health Education Curriculum.

Principal's signature (informed support) _____