



School Health Programs
Save the Dates 2016 - 2017

Health Education in the Afternoon

Elementary Level Professional Development Series

Audience: *Teachers in grades K – 5 and School Health Programs staff*

Registration required; stipends provided unless otherwise noted

Location/Times: **School Health Programs, 1515 Quintara St. @ 24th Ave.; 4:00 - 6:00 p.m.**

- Receive **best practices** and **materials to teach Health**
- Prepare your students for the health topics covered in the **new report card!**
- **Remember:** Classroom teachers are mandated to **teach 20 lessons of Health** each year: 5 lessons on violence prevention, 5 on HIV prevention (puberty for upper grades), 3 on substance use prevention, 2 on family diversity, 2 on nutrition, and 3 lessons based on students’ needs.

Thurs., September 29, 2016	<p>Safe, Smart & Healthy 1 <i>Review substance use prevention curricula and best practices</i></p>
Thurs., October 13, 2016	<p>Be Well. Do Well. 1 <i>Best practices to promote wellness in your classroom and community</i></p>
Wed., October 26, 2016	<p>Be an Ally & Stand Up for Peace <i>Review violence prevention curricula and best practices</i></p>
Wed., November 30, 2016	<p>Safe, Smart & Healthy 2 <i>Review K-5 HIV/AIDS curricula and best practices</i></p>
Wed., January 18, 2017	<p>Report Card & Health Education Curricula* <i>Review of new health report card indicators and health curricula</i></p>
Thurs., February 2, 2017	<p>Be Well. Do Well. 2 <i>Review nutrition and promote physical activity</i></p>
Thurs., February 16, 2017	<p>Growing Bodies & Active Consent <i>Review growth & development, puberty and consent curricula and best practices</i></p>
Tues., March 21, 2017	<p>One of a Kind, Like Me/Único Como Yo <i>LGBTQ Family & Gender Diversity in Elementary School Workshop</i> Register here: https://goo.gl/forms/61wqSBcUrcdd9W2a2</p>

FOR MORE INFORMATION: Registration information will appear in the WAD, contact your Health Advocate/Health Education Teacher Leader or call Erica Lingrell at School Health Programs at (415) 242-2615.

Health Advocate Meetings: 9/14/16 and 1/18/17, 4:00 p.m. - 6:00 p.m.
Health Education Teachers Leaders: 9/14/16, 1/18/17, 4:00 p.m. - 6:00 p.m.
Full Day for both (Substitute Provided): 10/6/16, 8:30 a.m. - 4:00 p.m.



*Stipends not available--Prop A funding may be used with site administrator support