



**SFUSD**  
**Elementary School Level Health Related**  
**Professional Development Opportunities for K-5 Teachers**  
**2010-2011**



**SAVE THESE DATES!**

Meeting & workshop dates, locations & times  
are subject to change.

**Health & Nutrition Education Afternoon Workshops (stipend provided):**

**★Taking Your Class on a Farmers' Market Fieldtrip**

*Learn the "Ins & Outs" of taking your class on a fieldtrip*

Wednesday, September 29, 2010, 4:00 – 6:00 p.m., Civic Center Farmers' Market

**★Tell Me About AIDS**

*New HIV/AIDS K-5 curriculum from the American School Health Association*

Thursday, November 9, 2010, 4:00 – 6:00 p.m., 1515 Quintara St.

**★LGBTQ Families**

*Lessons and resources on family diversity for K – 5 teachers*

Thursday, December 2, 2010, 4:00 – 6:00 p.m., 1515 Quintara St.

**★Nutrition & Learning, Part 1**

*Setting up a healthy learning environment*

Wednesday, January 26, 2011, 4:00 – 6:00 p.m., 1515 Quintara St.

**★How to Teach about Puberty**

*Best practices and review of puberty curricula for grades 3 - 5*

Wednesday, February 16, 2011, 4:00 – 6:00 p.m., 1515 Quintara St.

**★Nutrition & Learning, Part 2**

*Linking nutrition to science curricula*

Wednesday, February 23, 2011, 4:00 – 6:00 p.m., Location TBD

**★Nutrition & Learning, Part 3**

*Nutrition links to family and community*

Wednesday, March 23, 2011, 4:00 – 6:00 p.m., 1515 Quintara St.

**\*FOR MORE INFORMATION:**

Registration information will appear in WAD, contact your Health Advocate, or call Student Support Services Department at 1515 Quintara St., phone: 242-2615.