



**SFUSD**  
**Elementary School Level Health Related**  
**Professional Development Opportunities for K-5 Teachers**  
**2010-2011**



**SAVE THESE DATES!**

Meeting & workshop dates, locations & times are subject to change. Please consult online calendar.

**Health & Nutrition Education**

**Afternoon Workshops** (stipend provided)

**Going on a Farmers' Market Fieldtrip** - *Learn the "Ins & Outs" of taking your class on a fieldtrip*  
Wednesday, September 29, 2010, 4:00 – 6:00 p.m., Civic Center Farmers' Market

**Tell Me About AIDS** - *New HIV/AIDS K-5 curriculum from the American School Health Association*  
Tuesday, November 9, 2010, 4:00 – 6:00 p.m., 1515 Quintara St.

**LGBTQ Families** – *New books and lessons on family diversity for K – 5 teachers*  
Thursday, December 2, 2010, 4:00 – 6:00 p.m., 1515 Quintara St.

**Nutrition & Learning 1:** *Setting up a healthy learning environment*  
Wednesday, January 26, 2011, 4:00 – 6:00 p.m., 1515 Quintara St.

**How to Teach about Puberty** – *Best practices and review of puberty curricula for grades 3 - 5*  
Wednesday, February 16, 2011, 4:00 – 6:00 p.m., 1515 Quintara St.

**Nutrition & Learning 2:** *Linking nutrition to science curricula*  
Wednesday, February 23, 2011, 4:00 – 6:00 p.m., Location TBD

**Nutrition & Learning 3:** *Nutrition links to family and community\*\**  
Wednesday, March 23, 2011, 4:00 – 6:00 p.m., 1515 Quintara St.

**FOR MORE INFORMATION:**

Early registration forms will be sent to principals at the start of the school year. Complete registration information will appear in weekly WAD, contact your Health Advocate, or call Student Support Services Department at 1515 Quintara St., phone: 242-2615.