

Taking Your Class on a Farmers' Market Fieldtrip

Reminders for Students

- Stay with your group
- Listen to the adult leaders
- Ask before you touch, take, or buy any food
- If you are offered a sample, take only one and use tongs or toothpicks
- Remember to say “please”, “thank you,” and “excuse me”
- If you bring money, keep it in your pocket
- *****We will only be buying healthy foods at the market: fruits, vegetables, nuts**