



# SFUSD Student Intervention Team (SIT)

## January 2018 Newsletter

### January Updates

#### SIT Baby on Board!



**CONGRATULATIONS**  
to Lori Swihart Brown,  
SIT Clinical Supervisor on  
the delivery of her baby boy!  
**Elliot James Brown**

- \*Born January 7, 2018
- \*Weighing in at 8lbs. 9 oz.



### SIT Contacts

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*(\*currently on maternity leave)*

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### 2018-2019 Recruitment is Underway!

Spread the word! We are in the process of recruiting interns for the 2018-2019 school year. Each year we screen 120+ potential interns for placements throughout the district at elementary, middle and high schools.

The interns we interview and place are of varying educational degrees, including MSWs (Master's in Social Work), MFTTs (Marriage and Family Therapist Trainees), Associate Marriage and Family Therapists (AMFTs) and Associate Professional Clinical Counselors. (APCCs).

Interns also come from a variety of schools such as San Francisco State University, San Jose State University, Cal State East Bay, UC Berkeley, CIIS (California Institute of Integral Studies), NorthCentral University, Wright Institute, Simmons Online, Columbia Online,

Golden Gate University, and Smith College.

#### What do SIT interns do?

- Individual and group counseling
- Parent outreach
- Teacher consultation
- Crisis support to students and schools
- Social-emotional learning support in classrooms
- Participate in student focused meetings (SAP, SST, IEP, etc.)
- Participate in professional development, offered on a wide range of school-based clinical topics

### Welcome Aboard and Welcome Back!

- \* Welcome SIT Intern, Sriyanta Karki! Sriyanta is a MSW student from Cal State East Bay. Sriyanta will be supporting students and families at Jean Parker Elementary School this year.
- \* Welcome back SIT Intern, Greg Gallup! Greg is a returning Associate Marriage and Family Therapist, supporting students and families at Paul Revere PK-8 School this year.

### Appreciations

- \* Thank you to all the interns who completed the Fall Intern Survey! Your feedback is greatly appreciated!
- \* Thank you to Gia Stark, Clinical and Sites Manager, at CIIS for including us in your 2017 Field Fair. We value your partnership!

# SIT Mental Health Intern Corner and Resources

## *Building Healthy Relationships* adapted from Search Institute

For more than 50 years, Search Institute® has been a leader and partner for organizations around the world in discovering what kids need to succeed.

Through their research, they have found that focusing on the following three critical areas, improves the lives of young people:

(1). **Developmental Assets®**: a framework of strengths and supports, which has become the most widely recognized and most frequently cited approach to positive youth development in the world.

(2). **Developmental Relationships®**: relationships that help young people attain the psychological and social skills needed for success in education and in life.

(3). **Developmental Communities®**: creating contexts and settings that attend to young people's developmental needs and are aligned for collective impact.

The Search Institute breaks down the Developmental Assets into two components that are described as the "building blocks" of healthy relationships and assist young children to grow up healthy, caring and responsible: (1) **External Assets** and (2) **Internal Assets**.

**External Assets** include:

- **Support**
- **Empowerment**
- **Boundaries and Expectations**

- **Constructive Use of Time**

**Internal Assets** include:

- **Commitment to Learning**
- **Positive Values**
- **Social Competencies**
- **Positive Energy**

For more information about the Search Institute and to obtain a complete list of the Search Institute's Developmental Assets in multiple languages, please visit the following website:

<http://www.search-institute.org/>



## January Trainings...

### SFUSD Trainings:

- **Facilitating Support Groups in School-Based Counseling.** Carrie Tanabe, LMFT, PPSC and Michelle Fortunado-Kewin, LCSW, PPSC. Wednesday, January 24, 2018, 2:00-4:00pm. 1515 Quintara Street.
- **Brief Intervention Training for Substance Using Adolescents (BIS).** Ira Sachnoff. Wednesday, January 24, 2018, 8:00-4pm. 1515 Quintara Street.

**RAMS Trainings-FOR INTERNS ONLY. RSVP to Kristin Chun at [kristinchun@ramsin.org](mailto:kristinchun@ramsin.org): (Location: 3626 Balboa Street, SF):**

- **Group Counseling with Teens.** Dannielle Kroneberg, LCSW. Friday, January 12, 2018 9:00-10:45am.
- **Working with Trauma in Youth.** Babe Kawaii-Bogue, PhD. Friday, January 19, 2018, 9:00- 10:45am.



## Resource Corner

### CPS Hotline

(415) 558-2650 or (800)856-5553

### Child Abuse Report Form

[http://ag.ca.gov/childabuse/pdf/ss\\_8572.pdf](http://ag.ca.gov/childabuse/pdf/ss_8572.pdf)

### Adolescent Health Working Group

<http://www.ahwg.net/>

### Intern questions regarding BBS paperwork and/or licensing:

California Board of Behavioral Sciences

<http://www.bbs.ca.gov/>



**January is Growing Bodies & Active Consent month. See your site supervisor and [www.healthiersf.org](http://www.healthiersf.org) for information and resources.**