

## SFUSD EXCEL AFTER SCHOOL PROGRAMS WEEKLY UPDATES – week of October 26<sup>th</sup>, 2009

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### **Parent Teacher Conference Week - OCTOBER 26-30**

**REMINDER:** During parent teacher conference week, ExCEL Programs must operate from the end of the school day until 6pm. Please ensure that staff are on site and ready to go as soon as school lets out and that program runs until 6pm.

### **Save the dates! November Professional Development**

In November, ExCEL's Professional Development topic is Section 4 of the [QSA](#): Alignment and Linkages with the School Day. In order to provide targeted support on academic alignment, PDs will be conducted as follows:

**--Elementary Site Coordinators: Wednesday, November 4, 10am-12pm, 20 Cook Street**

**--Middle and High School Site Coordinators: Thursday, November 19, 10am-12pm, 20 Cook Street**

These meetings are required for all Site Coordinators and will be conducted by SFUSD's Academics and Professional Development Department (APD), so please mark them in your calendars and plan to attend.

A copy of your [ExCEL Staff Sign In & Out Sheets](#) are to be submitted via school mail twice per month to ExCEL ASP at 20 Cook Street. See pages A-11 of the [ExCEL Implementation Manual](#) for a description of staff sign in and out procedures. This is requested for state audit purposes.

**Quality Self Assessment Tool** – Please make sure you complete **Quality Self Assessment Tool** (attached) and compare it with your Lead Teacher. Lead Teachers need to submit their Strategic After School Action Plan **by October 30<sup>th</sup>** with your input. Please make sure you are working with your Lead Teacher on these documents.

### **Snack, Attendance & Monitoring Log Reminders**

- Sites that receive snacks from **ExCEL-MPW/Attendance/MMC-due on the 5th of each month** (please make sure snacks served is not more than students in attendance)
- All Sites-**Attendance is due on the 5th of each month**. Please send to Kitty Ou [ouk@sfusd.edu](mailto:ouk@sfusd.edu) and Lucy Hong [excelasp\\_snacks@yahoo.com](mailto:excelasp_snacks@yahoo.com).
- **Student HO#s are required** for your attendance to be submitted to the state and to count towards earning your grant award. All sites need to have student HO#s on their ExCEL attendance submitted on November 5<sup>th</sup> for all ASP participants.
- All Sites- **Monitoring Log due 10<sup>th</sup> of each month**. Please call Lucy at 750-8650 with any questions.

### **ExCEL CPR REQUIREMENT**

Each ExCEL site is required to have a minimum of 2 people certified in CPR. All ExCEL sites must submit the Safety Form (attached) and list name and title of after school staff certified in CPR and First Aid at your site. Please email or fax completed form to Matt Pemberton - [pembertonm@sfusd.edu](mailto:pembertonm@sfusd.edu); fax# 415-750-8653 by October 30.

**NCLB** examinations through ExCEL have been suspended. We will notify sites if and when ExCEL will be able to administer exams.

September **Action Plans** are in the mail! Please take a minute to provide us with an update by completing this VERY brief [survey](#). It will literally take less than a minute. Thank you!

### **Youth Action Conference - November 25th, 2009**

Here turkey, turkey, turkey. YAC planning is in full swing. What we need from you:

- Register your adult and student participants [here](#).
- Nominate an outstanding student in your program to be a key note speaker.
- And, of course, get your kids psyched to attend. We will be raffling off turkeys...
- Email us if you have any questions, comments or turkey issues.  
([chavezl1@sfusd.edu](mailto:chavezl1@sfusd.edu))

### **Front Line Staff LearningAcademy**

Are you a front line worker looking for inspiration? If you work directly with youth in a San Francisco After School Program, this Academy is for you! There are two ways to take advantage of the FREE professional development opportunities that the Learning Academy is offering:

- 1) Join the Cohort! - Apply to be member of a committed group of youth workers who will attend 10 training workshops together to develop their skills, share ideas, and establish a strong network within the after-school program community.
- 2) Drop- In – Reserve a spot for one or more dynamic workshops. Refresh your skills and get inspired.

The Learning Academy has a stellar line-up this year. Workshops are held on assorted Fridays from 10AM-1 PM and are near public transportation. Check out the attached schedule for 2009-2010.

### **Service Learning Updates:**

#### **Fair Trade Service-Learning Kits in October!**

Why Fair Trade? October is a big chocolate buying time (Helen is going to be a deer for Halloween) and every month in the U.S. is a big coffee drinking month. What in the world do these two things have in common? A lot, actually. When unchecked (traded unfairly), both contribute to an exacerbated inequality in the distribution of wealth across the world AND child slavery. Email [ahildred@yscal.org](mailto:ahildred@yscal.org) or [hyu@yscal.org](mailto:hyu@yscal.org) for the registration form TODAY!

### **Great American Smokeout - November 19th**

Every third Thursday in November, smokers all across the nation take part in the Great American Smokeout by smoking less or quitting for the day. The event challenges people to stop using tobacco and helps make people aware of the many tools they can use to quit for good. ExCEL celebrates the Smokeout on November 19<sup>th</sup>, through

empowering students to read between the lines of advertisements and engaging them in relevant science experiments in our Great American Smokeout Service-Learning Kit. It's fun, easy, and free! Email our VISTA, Helen Yu ([hyu@yscal.org](mailto:hyu@yscal.org)) to get registered for one!

### **Start A Student Run Food Pantry**

This is a great time to reduce the impact the economic recession has on your immediate community. A Student-Run Pantry is an opportunity to educate students about the impact of poverty on hunger and give them the opportunity to alleviate it at the same time. Please take a moment to consider this option for your school. If you are interested, please contact either Helen or Ashley ([hyu@yscal.org](mailto:hyu@yscal.org) or [ahildred@yscal.org](mailto:ahildred@yscal.org)) and we will send you a comprehensive resource guide.

### **ExCEL After School Goes Live on Access SF TV**

Let your student's voices be heard! Have your students prepare a show around service-learning and we'll let them ham it up for twenty minutes on live TV. Here's a list of some show ideas: they can present their own works of art, spoken word and videos, they can discuss a service learning project or interview a community hero. The options are endless! If you are interested or need some tips please email Ashley or Helen ([ahildred@yscal.org](mailto:ahildred@yscal.org), [hyu@yscal.org](mailto:hyu@yscal.org)).

Thank you! Have a great week!

**Ali Metzler**

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[www.healthiersf.org/excelafterschool](http://www.healthiersf.org/excelafterschool)

*\*Please note my last name & email address have changed from Ali Vieira:*

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