

ExCEL Weekly Update
10-15-2009

Site Coordinators & CBO Partners-
Please find the weekly updates below. Have a great week!

Itemized Budget Spreadsheet:

CBO Partners, as discussed recently at our meeting with DCYF, please submit an Itemized Budget Spreadsheet for each of your ExCEL Programs. The form can be found on ExCEL's website at the following link:

<http://www.healthiersf.org/ExCELAfterSchool/Resources/forms.html> under Budget & Contract Materials/Itemized Budget Spreadsheet. Please submit these to Ali Metzler, metzlera@sfusd.edu by December 1st.

ExCEL's October Professional Development Series:

This month's focus is on Section 6 of the [QSA](#), Youth Development. Please remember that all Site Coordinators must attend at least one event, but that you are welcomed to attend multiple events and to bring along lead staff members. If you have not attended an event from this month's professional development series, please register for the final PD opportunity for this month on the link below:

October Brown Bag: Friday, October 23, 11:30am-1pm. The Brown Bag topic for October is Youth Development. Come join us for discussions on topics related to increasing Youth Development-based practices in our after school programs.

San Francisco Public Library's Teenquake:

Bring youth (ages 13-18) to the San Francisco Public Library's Teenquake on October 16! See the attached poster for more details.

Save the dates! November Professional Development:

In November, ExCEL's Professional Development topic is Section 4 of the [QSA](#): Alignment and Linkages with the School Day. In order to provide targeted support on academic alignment, PDs will be conducted as follows:

Elementary Site Coordinators: Wednesday, November 4, 10am-12pm, 20 Cook Street

Middle and High School Site Coordinators: Thursday, November 19, 10am-12pm, 20 Cook Street

These meetings are required for all Site Coordinators and will be conducted by SFUSD's Academics and Professional Development Department (APD), so please mark them in your calendars and plan to attend.

Youth Action Conference – November 25th:

True or False: The **middle and high school** students you see before you (in all their shining glory) are the future leaders of the community? Since you and I both know the answer is True, I'd like you to take a moment to pencil in **November 25th** to attend THE premier fall youth event, the **Youth Action Conference**. Launched just three years ago, the Youth Action Conference is an opportunity for your future stateswomen and men to polish their leadership and presenting

skills, foster a little healthy competition (for best youth presentations) and hob knob with other SFUSD students while doing good deeds in San Francisco. Please direct any thoughts, questions, or trivia to Laura Chavez (chavezl1@sfusd.org).

ExCEL After School Goes Live on Access SF TV:

Let your student's voices be heard! Have your students prepare a show around service-learning and we'll let them ham it up for twenty minutes on live TV. Here's an list of some show ideas: they can present their own works of art, spoken word and videos, they can discuss a service learning project or interview a community hero. The options are endless! If you are interested or need some tips please email Ashley or Helen (ahildred@yscal.org, hyu@yscal.org).

Service Learning Updates:

Service-Learning Google Group - Get the hook up! Please join the Service-Learning Google Group to receive updates, links and access to all of our old and new materials for everything service-learning. Please visit the group here: <http://groups.google.com/group/sfcesarchavezclubs> and request to become a member. We promise to let you in.

Start A Student Run Food Pantry:

This is a great time to reduce the impact the economic recession has on your immediate community. A Student-Run Pantry is an opportunity to educate students about the impact of poverty on hunger and give them the opportunity to alleviate it at the same time. Please take a moment to consider this option for your school. If you are interested, please contact either Helen or Ashley (hyu@yscal.org or ahildred@yscal.org) and we will send you a comprehensive resource guide.

Fair Trade Service-Learning Kits in October!

Why Fair Trade? October is a big chocolate buying time (I have my Halloween costume picked out, do you?) and every month in the U.S. is a big coffee drinking month. What in the world do these two things have in common? A lot, actually. When unchecked (traded unfairly), both contribute to an exacerbated inequality in the distribution of wealth across the world AND child slavery. Keep your eyes peeled next week for our Fair Trade Service-Learning Kit Registration Form. Email ahildred@yscal.org or hyu@yscal.org if you have any questions.

Workshops for Families with Special Needs:

Support for Families invites your families to participate in their workshops directed at students with special needs. Please see the attached flyer for more information.

ExCEL CPR REQUIREMENT:

Each ExCEL site is required to have a minimum of 2 people certified in CPR. All ExCEL sites must submit the Safety Form (attached) and list name and title of after school staff certified in CPR and First Aid at your site. Please email or fax completed form to Matt Pemberton - pembertonm@sfusd.edu; fax# 415-750-8653 by October 30.

DISTRICT MAIL: For ExCEL to receive SFUSD District Mail, you need to put on the envelope: **Deliver to ExCEL, 20 COOK Street**. Otherwise, it will take us extra time to receive your documents.

Thank you!

Ali Metzler

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www.healthiersf.org/excelafterschool

**Please note my last name & email address have changed from Ali Vieira: vieiraa@sfusd.edu*