

Bridging the Bay

A Commitment to Quality AfterSchool

Regional After School Conference Open to All

Friday, January 29th 11:00 am - 4:30 pm & Saturday, January 30th 8:00 am - 3:30 pm
Balboa High School 1000 Cayuga Avenue San Francisco - Two blocks from Balboa BART

Friday Welcome:

Mayor Gavin Newsom
San Francisco

Saturday Keynote:

Larry Austin
Executive Director, Urban
Services, YMCA Oakland

WORKSHOPS

FOR MANAGERS:

Better Summer Programs
Grantwriting in Hard Times
Improving Program Attendance
Supervising & Empowering Staff
After School Quality Best Practices
Building Strong Community Partnerships
Developing Quality High School Programs

FOR LINE STAFF:

Legos & Engineering
Tribes in After School
Reinventing Homework Time
Positive Behavior Support
Engaging English Language Learners
Hands-On Science, Math, Literacy & Arts
Project Based Learning & Lesson Planning
and many more!

See reverse for workshop descriptions.

TO REGISTER:

Submit the ExCEL Registration Form (see www.healthiersf.org/excelafterschool). 1st 5 attendees (ExCEL Site Coordinators & Program Leaders) from each school site will be paid by SFUSD ExCEL, your school site grant will be charged for additional after school staff attending. Cost for additional staff: 1 day- \$25, cost for both days- \$30.

For conference details go to
www.BridgingtheBay.blogspot.com

Presented by:



In collaboration with after school providers, trainers, school districts and city departments in the counties of Alameda, Contra Costa, Napa, San Francisco, San Mateo, Marin, & Solano.

Exhibitors and general inquiries, contact: Mary-Boyle@sbcglobal.net or 415-845-7079

A sampling of workshops:

For All Levels:

Positive Behavior Support: Learn strategies for moving away from focusing solely on misbehaviors towards teaching and practicing techniques to motivate and sustain positive behaviors. In this workshop, we focus on the importance of a strength-based approach when working with school-aged youth in After School Programs. The workshop will focus on understanding our own needs, as well as those of children/youth, to better understand and address those needs.

Tribes for After School: Participants will be introduced to the foundational basics of the Tribes process, which builds resiliency by blending best practices in group facilitation & cooperative learning. Come learn the four agreements, the three stages of the Tribes trail, the value of a classroom filled with reflection and appreciation, and make new friends in The Process!

Reinventing Homework Help: Increasing Achievement through Homework Time: Many after-school programs' approach to supporting academic achievement is summed up by a block for "homework," but is homework getting done? Are students gaining skills in prioritization, time-management, and asking good questions to lead to skill mastery as homework is intended for? Facilitators will share organizational and campus specific practices designed to leverage homework program time towards homework completion, skill practice, and building academic confidence in our students.

Core Competencies for Afterschool Staff: Core Competencies for Afterschool Staff: We all know one of the largest contributors to program quality is the level of knowledge and skill of staff working with youth. Learn ways to help bridge the teaching of standards-based skills and knowledge with hands-on service to the community. This workshop will provide an overview of recent national and local dialogue about identifying and using core competencies for afterschool staff to help the afterschool field have the impact it desires.

Introduction to Service Learning: Learn how Service-Learning can help bridge the teaching of standards-based skills and knowledge with hands-on service to the community. Service-Learning has been identified by the National Dropout Prevention Center as a key strategy for keeping students engaged in school, community and life. This interactive session will feature examples of local projects, information about connecting to the CalServe Network planning guides, and facilitated planning time.

For Elementary and Middle School Programs:

Have a Ball with Math After-School! Come explore ways to use cards, dice, and children's books to make math fun after school. We will play games and do activities that allow children to work together while being engaged, meeting standards, and practicing important math skills. Children will be learning math without even realizing it!

Program Planning: Think Themes! Have you ever found yourself in a state of panic asking, "What am I going to do with the kids today?" Learn how to plan ahead so that your life is easier and the kids get more out of your enrichment program. Practice selecting a theme, choosing activities and making a long term schedule.

For Middle and High School Programs:

The Best Of Both Worlds: Aligning Afterschool Programs with Youth Development Principles and Academic Standards: Join Sunset Neighborhood Beacon Center's 13-year journey to improving their after school program with project-based clubs that incorporate youth development principles and academic standards.

Learning English and Beyond: A Holistic Approach to Supporting English Language Learners
Afterschool programs are experiencing an increase in enrollment of immigrants and English Language Learners. Through video and interactive activities, this workshop will help programs address the needs of these growing populations. The workshop will focus on supporting English language development, maintaining or developing the home language, and the social-emotional needs of immigrants and English language learners.

Youth Identify & Power: This workshop provides participants with best practices regarding Program Assessment, Youth Identity Models, and concrete tools to engage youth and staff in exploring issues of race, gender, class, and sexuality. In addition the training opens a dialogue and provides tools to work with youth on becoming change agents.