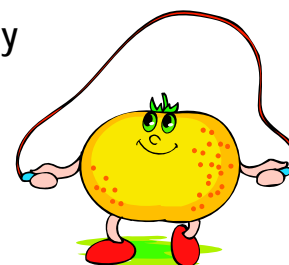


Directive to Administrators (Specify which administrators) All Elementary Site Administrators	WAD (Wednesday) Publication Date November 28, 2007	WAD Notice (Number)	No. of Pages 1 of 2
WAD Title (Limit to 4-6 Words) Elementary Nutrition Professional Development Workshop		Date Due (if applicable) January 4, 2008	Not Applicable After this Date: January 16, 2008
From: Meyla Ruwin (Cabinet member or approved by one below)	Title: Director, School Health Programs Dept.	Signature:	Telephone: 242-2615
Inform: (x) Certificated Staff () Classified Staff () Parents () Post on Bulletin Board Other _____			

Administrative Directive
School Health Programs Department
Elementary Professional Development Opportunity



WHAT: Getting Ready for *Physical Activity & Nutrition Education Awareness Months* (February & March 2008)

SFUSD Wellness Policy information, nutrition lessons, healthy classroom activities, ideas for physical activity days & walking clubs

WHO: Elementary Teachers (K-5)

➤Per funding requirements priority will be given to teachers from schools with ≥50% participation as free/reduced in the School Lunch Program

WHEN: Wednesday, January 16, 2008, 4:00 to 6:30 PM

**WHERE: School Health Programs Department, Room 4
1515 Quintara Street at 24th Ave. (across from Lincoln High School)**

WHY: Research has shown significant links between physical activity/ healthy eating & academic success. \$75 stipend provided.

HOW: Fill out and return the registration form on the following page by January 4, 2008.

<i>Approved</i>	Cabinet Member: Trish Bascom	Title: Associate Superintendent of Student Support Services	Signature:
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SAN FRANCISCO UNIFIED SCHOOL DISTRICT - WEEKLY ADMINISTRATIVE DIRECTIVE (WAD)

School Health Programs Department
San Francisco Unified School District
Nutrition Education Project

Getting Ready for *Physical Activity & Nutrition Education*
Awareness Months (February & March 2008)
Professional Development opportunity for classroom teachers

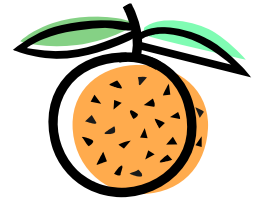
WHO: Elementary teachers – Grades K – 5

➤Per funding requirements priority will be given to teachers from schools with ≥50% participation as free/reduced in the School Lunch Program

WHAT: Professional Development to support teachers in fulfilling the requirements of 20 lessons in Health Education and 200 minutes/10 days for Physical Education. Topics will include:

- SFUSD Wellness Policy, nutrition lessons, healthy classroom activities, fieldtrips, and curriculum resources.
- Ideas for classroom Walking Clubs and classroom physical activities
- \$75 stipend provided

WHEN: Wednesday, January 16, 2008, 4:00 – 6:30 PM



WHERE: School Health Programs Department, Room 4
1515 Quintara Street, at 24th Ave. (across from Lincoln High School)

WHY: Research has shown significant links between physical activity/healthy eating & academic success

HOW: Fax this registration by Friday, January 4, 2008 to Terry Vargas – FAX 242-2618, School Health Programs

Yes, I will attend the Professional Development on Wednesday, January 16, 2008, 4 – 6:30 PM, at School Health Programs Department. Workshop space is limited – first come first served. Sites are encouraged to send a maximum of 3 teachers, representing a variety of grade levels. Confirmation will be e-mailed to school.

Name: _____ Employee ID # _____

School: _____ Grade Level: _____

E-mail Address: _____

As the administrator I support the District health education policy and State P.E. mandate, which require:

- A minimum of 20 health education lessons to be taught at the elementary level & PE requirement 200 min./10days

Principal's signature: _____