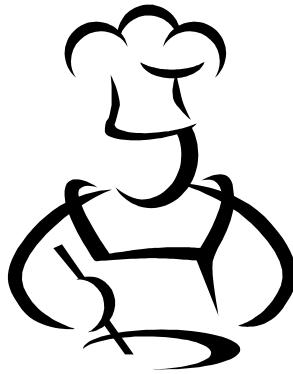


Chefs in the Classroom

Grades K - 5



Teacher Packet

- **I. Pre-activity & question worksheet**
 - **I Want to Be a Chef by Stephanie Maze (Grades 3-5)**
 - **Chef by Heather Miller (Grades k-2)**
- **II. Presentation agenda**
- **III. Post-activity**
 - ***Writing a Friendly Letter* (Grades 3-5)**
 - **Picture/sentence template (Grades k-2)**

I. Pre-activity—Before the Chef visits your classroom

Composing Questions for the Chef

Approximate activity time-- 30 minutes



Tell students that a Chef will be coming to visit the classroom. Encourage conversation by asking questions:

- **What past cooking experiences have you had?**
- **Who does the cooking at home?**
- **What is your favorite type of food?**
- **What is your favorite restaurant?**
- **Have you ever watched a cooking show on TV?**



Read Chef, to grades K-2 classes, and selected chapters from I Want to be a Chef, to grades 3-5 classes (students can choose chapters, or if multiple copies are available, different groups can read different chapters and share out).



Tell students that when the chef comes to class s/he will:

- **Talk about her/his work**
- **Cook a dish with vegetables or fruits (and give samples!)**
- **Answer students' questions**



Generate questions for the chef about her/his work, about cooking or about ingredients, through:

- **Post reading/discussion of recommended books**
- **Whole group brainstorm**
- **Journal writing**
- **Homework assignment**

Attached is a worksheet that can be used to generate questions. Have questions ready on the day of the visit.



II. Chef Presentation Agenda--- When the Chef comes to class

Allow approximately 45 minutes

Objectives:

- To explore food-related careers**
- To encourage students to make healthy eating choices**

Materials:

- Cooking cart**
- Utensils and plates for food tasting**
- Pre-selected questions**



10 minutes—Introduction

- Job description**
- Education experience**
- Share a story/memory**
- Share what they enjoy/love about their work**



20 minutes—Cooking Presentation

- Description of ingredients and equipment**
- Cooking Demonstration**
- Tasting and sampling**



15 minutes—Questions and Answers

III. Post-activity—After the Chef visits your classroom

Writing Letters to the Chef

Approximate activity time – 30 minutes



Review the chef's visit to the classroom through discussion, venn diagrams...



Review letter format: heading, salutation, body and closing (see following sheet).

- **Grades 3-5 see attached *Writing a Friendly Letter*.**
- **Grades K-2 see attached picture/sentence template**

Choose a writing prompt:

- ***My favorite place to eat is...***
- ***I like when the chef...***
- ***When I cook at home...***



Choose a focus for the letter:

- **A favorite healthy meal that you have helped cook at home**
- **A favorite restaurant at which you like to eat**
- **A career that you are interested in pursuing as an adult**



Write a 3 paragraph descriptive letter:

- 1. Introduce yourself – name, age, grade level, family background, hobbies...**
- 2. Food or career focus**
- 3. Thank you for coming, favorite part of the presentation**

Extension Activities:

- **Visit farmer's market or produce market**
- **Visit restaurant or place where visiting chef works**

Writing a Friendly Letter

Friendly letters have five parts:

1. **Heading:** The heading can include the writer's address and the date. In casual, friendly letters an address is not necessary.

2. **Salutation (greeting):** This usually begins with **Dear**_____. The blank is for the name of the person to whom you are writing. After the person's name you put a comma (,).

3. **Body:** The body of the letter is the information you are writing in your letter.

****Remember to indent each new paragraph!**

4. **Closing:** In the closing the first word is capitalized and you put a comma after the last word. Some examples of closings are:

- Sincerely,
- Love,
- Your friend,
- Very truly yours,

5. **Signature:** This is your name, written in cursive writing. It goes under the closing.

Date
Dear Chef _____,
⇒ Paragraph #1 _____

⇒ Paragraph #2 _____

⇒ Paragraph #3 _____

Sincerely, Your Signature

Name: