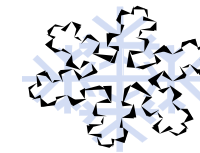







December 2008

SAN FRANCISCO UNIFIED SCHOOL DISTRICT

BREAKFAST K-12



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>BUTTERMILK WAFFLE</p> <p>Orange Pineapple Juice Syrup Milk</p> 	<p>2</p> <p>PANCAKES</p> <p>Syrup 100% Fruit Punch Vanilla Grahams Milk</p>	<p>3</p> <p>BREAKFAST TOASTED CHEESE SANDWICH</p> <p>Grape Juice Milk</p> 	<p>4</p> <p>FRENCH TOAST STICKS</p> <p>Syrup (2) Apple Juice Milk</p>	<p>5</p> <p>EGG AND CHEESE ON BAGEL</p> <p>Cinnamon Grahams Orange Juice Milk</p> 
<p>8</p> <p>BREAKFAST QUESADILLA</p> <p>Orange Pineapple Juice Milk</p>	<p>9</p> <p>CINNAMON FRENCH TOAST</p> <p>Syrup (2) 100% Fruit Punch Vanilla Grahams Milk</p> 	<p>10</p> <p>EGG AND CHEESE ON BAGEL</p> <p>Cinnamon Grahams Grape Juice Milk</p>	<p>11</p> <p>WAFFLE W/SAUSAGE</p> <p>Syrup (2) Apple Juice Milk</p> 	<p>12</p> <p>TURKEY HAM & CHEESE ON ENGLISH MUFFIN</p> <p>Orange Juice Graham Crackers Milk</p>
<p>15</p> <p>BUTTERMILK WAFFLE</p> <p>Cinnamon Grahams Orange Pineapple Juice Syrup Milk</p> 	<p>16</p> <p>PANCAKES</p> <p>Syrup 100% Fruit Punch Vanilla Grahams Milk</p>	<p>17</p> <p>BREAKFAST TOASTED CHEESE/ SANDWICH</p> <p>Grape Juice Milk</p>	<p>18</p> <p>FRENCH TOAST STICKS</p> <p>Syrup Apple Juice Milk</p>	<p>19</p> <p>EGG AND CHEESE ON BAGEL</p> <p>Graham Crackers Orange Juice Milk</p> 
22	23	24	25	26
<h1>Winter Break</h1>				
<p>29</p> 	<p>30</p> 	<p>31</p> 		

"This institution is an equal opportunity provider." ***Menu Subject to change. Preferred Meal Systems does not purchase or produce harmful products containing artificial trans fat. However, some products such as beef and cheese contain naturally occurring trans fat which is not harmful.