

## Pay your Muni fare and eat your veggies

Not only will Muni get you where you need to go (eventually) but you also can pick up some good tips on healthy eating while riding the bus.

A government entity with the cumbersome title "San Francisco County Nutrition Action Plan Committee" joined the U.S. Department of Agriculture to sponsor a poster contest in the city's public schools. The "Pick Me" campaign asked students to put their artistic talents to use in encouraging people to eat more fruits and veggies and to step up physical activity.



**San Francisco Department of Public Health**  
Jessica Lei took top honors in the pre-kingergarten category in the "Pick Me" art contest. Her winning entry is in the background.

The call for submissions netted 751 entries, the best of which were turned into posters that are on display on some 800 Muni buses during the month of March. Don't forget that eating is prohibited on Muni, even if the edibles are carrots, apples or other healthy chow.

And no, the art work is not edible. "As best we know, the students drew from memory," explained Laura Brainin-Rodriguez, coordinator of the city health department's Feeling Good Project. "There were no fruits and vegetables provided as models, though perhaps some of the more technically advanced entries might have been done at home."

Ten of the contest winners will be feted Thursday at a Mission District ceremony/press conference.

Posted By: [Rachel Gordon \(Email\)](#) | March 25 2009 at 09:48 AM

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**snowflake**

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I've seen some very adorable drawings of oranges on the Geary line---the childrens drawings certainly caught my eye. Kudos to the entrants, Muni, and the "SFCNAPC"