

SFUSD Wellness Policy Site Specific Application for Funds- To Promote and Enhance Implementation

We have received funding from The San Francisco Foundation **for 5 Elementary Schools, 5 Middle Schools and 5 High Schools** (eligible schools with at least 50% free and reduced school lunch participation) to lead the way in SFUSD regarding the implementation of the recently adopted SFUSD Wellness Policy.

Benefits for Sites:

- **\$300 Stipend for a Certificated Staff Member as the Wellness Policy Implementer**
- **Nutrition Education Materials for your site**
- **Professional development opportunities regarding the SFUSD Wellness Policy**
- **Staff Wellness- resources and materials for all staff at your site!**

Site Expectations:

- **Identify a Staff Member to serve as the Wellness Policy Implementer**
- **Attend 2 meetings: Wellness Policy Implementer to attend 4 hours (two after school meetings) for professional development related to Wellness Policy implementation**
- **Complete a pre and post assessment related to Wellness Policy implementation at the site**
- **Share resources and materials and encourage participation for Staff Wellness on site; including American Cancer Society's Active for Life (AFL) campaign**
- **Have a Health advocate at elementary sites, and a fully staff Healthy School Team and Health Promotion Committee at MS/HS levels.**

Interested schools should complete the information on the next page

Application for SFUSD Wellness Policy Sites

School Name and Level _____

Site Administrator _____

Phone: _____

Fax: _____

Email Address: _____

YES, at least 50% of our students qualify as **free or reduced** in the Federal School Lunch program (data for 2005-2006 or 2004-2005)

⇒ **Attach one copy of current school profile**

YES, we are an Alliance for Healthier Generation School Site

Please prepare a letter of interest (2 page limit) and address the following items:

- ⇒ Evidence of staff and parent/family interest in becoming a model SFUSD Wellness Policy school and focusing on a healthy school environment
- ⇒ Staff participation and interest in Wellness related professional development (health education and nutrition education workshops)
- ⇒ Principal support of and teacher willingness to include SFUSD Wellness Policy and Staff wellness during staff meetings
- ⇒ Commitment of a teacher to serve as SFUSD Wellness Policy Implementer and attend 2 professional development meetings
- ⇒ School Community interest and capacity to host and participate in Family Health Nights

Applications due to Barbara Blair, School Health Programs by school mail or fax @ 242-2618 **by January 3, 2007.**

Application should include:

- Application Form
- School Profile
- Letter of Interest (2 page maximum)

For additional information please contact Donna Blanchard at School Health Programs @ 242-2615.

