SUPPORT SERVICES FOR LGBTQ YOUTH

Policy

Professional Development & Technical Assistance

Curriculum & Presentations

Peer Groups & LGBTQ Liaisons

Counseling & Referral Services

District & School Events
SFUSD

2013 Youth Risk Behavior Survey (YRBS)*

Administration Information

The YRBS was developed in 1990 by the Center for Disease Control and Prevention (CDC) to monitor priority health risk behaviors that contribute to leading causes of death, disability, and social problems among youth and young adults in the United States.

- **Middle School**: Survey completed by 2,553 students in 21 middle schools in San Francisco. The overall response rate was 77%. The results are representative of all students in grades 6-8.

- **High School**: Survey completed by 1,953 students in 21 public high schools in San Francisco. The school response rate was 95%, the student response rate was 78%, and the overall response rate was 75%. The results are representative of all students in grades 9-12.
MS Sexual Orientation

- Hetero-sexual: 83.8%
- Gay or lesbian: 1.3%
- Bisexual: 2.4%
- Not sure: 12.6%

Source: MS YRBS 2013 N=2553

MS Gender Identity

- Female: 47.9%
- Male: 50.1%
- Trans-gender: 0.7%
- Not sure: 1.3%

Source: MS YRBS 2013 N=2553
HS Sexual Orientation

- Heterosexual: 89.4%
- Gay or Lesbian: 1.4%
- Bisexual: 4.5%
- Not Sure: 4.8%

Source: HS YRBS 2013 N=1,953

HS Gender Identity

- Male: 50.6%
- Transgender: 0.7%
- Not sure: 1.4%
- Female: 47.3%

Source: HS YRBS 2013 N=1,953
LGBTQ Parents

- 2.9% Middle School Students stated they have LGBTQ Parents – 72 students (n. 2463)

- 3.2% High School Students stated they have LGBTQ Parents – 59 students (n. 1935)
Slurs Based on Sexual Orientation
Elementary Schools (Fifth Graders)

Have you ever heard students using put downs or name-calling such as “fag” or “that’s so gay”?

ES CHKS 2011 (n=708)
ES CHKS 2013 (n=739)

73%
67%
Middle Schools (Among All Students)

Percentage of students who have ever heard other students at school make harassing statements based on sexual orientation, such as faggot, dyke, and “that’s so gay,” during the past 12 months

Percentage of students who have ever heard teachers or other staff at school stop others from making harassing statements based on sexual orientation, such as faggot, dyke, and “that’s so gay,” during the past 12 months

† Statistically significant decreased based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
Percentage of students who most of the time or always hear other students at school make harassing statements based on sexual orientation, such as "no homo, faggot, dyke, and 'that's so gay'"

Percentage of students who most of the time or always hear teachers or other staff at school stop others from making harassing statements based on sexual orientation, such as "no homo, faggot, dyke, and 'that's so gay'"

† Statistically significant decreased based on t-test, p < 0.05.
Middle Schools (Among Transgender Students)

- Percentage of transgender students who have ever heard other students at school make harassing statements based on sexual orientation, such as faggot, dyke, and “that's so gay,” during the past 12 months

- Percentage of transgender students who have ever heard teachers or other staff at school stop others from making harassing statements based on sexual orientation, such as faggot, dyke, and “that's so gay,” during the past 12 months

† Statistically significant decreased based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
High School (Among Transgender Students)

Percentage of students who most of the time or always hear other students at school make harassing statements based on sexual orientation, such as "no homo, faggot, dyke, and 'that's so gay'"

Percentage of students who most of the time or always hear teachers or other staff at school stop others from making harassing statements based on sexual orientation, such as "no homo, faggot, dyke, and 'that's so gay'"

† Statistically significant increase based on t-test, p < 0.05.
Bullying Data
Middle School YRBS 2013

- Bullied at School:
  - Male (n=1,216): 37.2%
  - Female (n=1220): 38.2%
  - Transgender (n=20): 52.9%

- Bullied at School due to Gender:
  - Male (n=1,216): 7.7%
  - Female (n=1220): 5.7%
  - Transgender (n=20): 49.4%
High School YRBS 2013

- Bullied at School:
  - Male (n=1,031): 11.4%
  - Female (n=1,080): 8.9%
  - Transgender (n=25): 32.8%

- Harassed at School due to Gender:
  - Male (n=1,031): 7.8%
  - Female (n=1,080): 10.2%
  - Transgender (n=25): 38.0%
Sexual Behavior Data
Middle School YRBS 2013

- Heterosexual (n=1,848)
- Gay or Lesbian (n=26)
- Bisexual (n=59)

Ever Had Sex

- 4.9%
- 43.7%
- 27.1%
Middle School YRBS 2013

Ever Had Sex

- Male (n=1,112): 6.3%
- Female (n=1,063): 3.4%
- Transgender (n=15): 61.5%
High School YRBS 2013

- Heterosexual (n=1,504)
- Gay or Lesbian (n=21)
- Bisexual (n=70)

Ever Had Sex

- 24.0%
- 55.2%
- 50.5%
High School YRBS 2013

Ever Had Sex

- Male (n=810): 27.0%
- Female (n=852): 24.1%
- Transgender (n=11): 55.1%
Forced to do sexual things by a date in the past year

- Heterosexual (n=842)
- Gay or Lesbian (n=16)
- Bisexual (n=51)
Forced to do sexual things by a date in the past year

Male (n=444) 5.8%  
Female (n=499) 11.8%  
Transgender (n=10) 38.3%
Attendance Data
Middle School YRBS 2013

Ever skipped school due to feeling unsafe at school

- Heterosexual (n=2,056): 9.0%
- Gay or Lesbian (n=30): 21.4%
- Bisexual (n=67): 28.6%
Middle School YRBS 2013

- Male (n=1,216)
- Female (n=1,219)
- Transgender (n=19)

Ever skipped school due to feeling unsafe at school:
- 8.3%
- 10.8%
- 40.0%
High School YRBS 2013

Skipped school due to feeling unsafe at school or on the way to or from school in past 30 days

- Heterosexual (n=1,709): 5.1%
- Gay or Lesbian (n=24): 22.3%
- Bisexual (n=80): 17.6%
Skipped school due to feeling unsafe at school or on the way to or from school in past 30 days

- Male (n=899): 5.8%
- Female (n=989): 5.4%
- Transgender (n=13): 36.0%
Suicide Data
Middle School – Seriously Considered Suicide

- **Heterosexual**
- **Lesbian, Gay, or Bisexual**
- **Transgender**

<table>
<thead>
<tr>
<th></th>
<th>MS YRBS 2009 (n=2,417)</th>
<th>MS YRBS 2011 (n=2,220)</th>
<th>MS YRBS 2013 (n=1,953)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Middle School</strong></td>
<td>20.8%</td>
<td>18.0%</td>
<td>11.3%</td>
</tr>
<tr>
<td><strong>Seriously Considered Suicide</strong></td>
<td>55.8%</td>
<td>49.2%</td>
<td>36.3%</td>
</tr>
</tbody>
</table>
Middle School – Attempted Suicide

- **Heterosexual**:
  - MS YRBS 2009 (n=2,417) - 6.6%
  - MS YRBS 2011 (n=2,220) - 6.0%
  - MS YRBS 2013 (n=1,953) - 4.9%

- **Lesbian, Gay, or Bisexual**:
  - MS YRBS 2009 (n=2,417) - 34.3%
  - MS YRBS 2011 (n=2,220) - 33.5%
  - MS YRBS 2013 (n=1,953) - 28.9%

- **Transgender**:
  - MS YRBS 2009 (n=2,417) - 10%
  - MS YRBS 2011 (n=2,220) - 20%
  - MS YRBS 2013 (n=1,953) - 30%
High School – Seriously Considered Suicide

- Heterosexual
- Lesbian, Gay, or Bisexual
- Transgender

<table>
<thead>
<tr>
<th>Year</th>
<th>Heterosexual (%)</th>
<th>Lesbian, Gay, or Bisexual (%)</th>
<th>Transgender (%)</th>
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High School – Attempted Suicide

- Heterosexual
- Lesbian, Gay, or Bisexual
- Transgender

HS YRBS 2009 (n=2,154)
- 8.0%

HS YRBS 2011 (n=2,220)
- 8.5%

HS YRBS 2013 (n=1,953)
- 7.1%
What are we doing?
2 Professional Developments: *Beyond the Birds and the Bees*, 80 participants

LGBTQ Youth and Health: 35 participants

2 Family Diversity Professional Developments
30 participants

Student Directed Sexual Health: 14 adults, 20 youth

Gender Identity Professional development: social workers, nurses, 80 participants

On site professional development: 1 HS, 2 MS, 5 elementary
Health Promotion Events
12/13

Data source: Activity Weblogs by Health Advocate (HA), Healthy School Team (HST) and Health Promotion Team (HPC) staff members

Analysis by ETR Associates
K-12 - Number and Percent of School wide Health Awareness Events by Primary Focus for SY 2012-2013
(N=618 Total Events)

- Nutrition/Physical Activity (165 events, 27%)
- SFUSD Wellness Policy (18 events, 3%)
- Tobacco, Alcohol, Marijuana and Other Substance Use Prevention (100 events, 16%)
- HIV/AIDS Awareness (70 events, 11%)
- Violence Prevention and School Safety (79 events, 13%)
- Gay Pride/ GLBT Awareness/ Sexual Diversity (82 events, 13%)
- CBO Promotion/ Outreach (28 events, 5%)
- Other Primary Focus (75 events, 12%)
Gay Straight Alliances

- Approximately 950 students attended over 500 meetings in grades 6 – 12

School Staff feedback:

- *We work through issues, and enlist other adults to help students solve problems*

- *Student led events help spread awareness and a safe space for LGBTQ folks in the building*
Be Real Be Ready

- A dedicated group of health care providers and educators have worked to create a new sexual health education curriculum for San Francisco high schools.

- Each school is partnered with a CBO to provide consistent messaging regarding sexual health.
Be Real Be Ready

- Inclusive of gender, sexual orientation, and gender identity, types of relationships
- Focuses on skill building, not passive listening
- Includes information about self respect, healthy relationships and enthusiastic consent
- Builds connections to local teen health clinics

SFUSD/DPH partnership hopes To guarantee that each high school student receives consistent message and access to sexual health education and care
Program Updates

✓ CHKS Census: spring 2014

✓ CDC Grants
  - Surveillance Grant: YRBS will continue!
  - HIV Education Grant:
    With an emphasis on safe and supportive environment for LGBTQ Youth

✓ YMSM Grant: The Young Men’s Health Project
Program Updates

✓ In Our Mothers’ House – New ES Curriculum!
✓ DCYF LGBTQ Middle School Initiative
✓ LGBTQ Families Dinner – March 26, 2014
✓ High School GSA Day – March 28, 2014
✓ LGBTQ Pride Month – April, 2014
Implementing AB 1266

- SFSUD Transgender Policy (since 2002)
- Student and Family-Centered approach
- Direct Contact: School Social Workers and Nurse
- Professional Development School Faculty
- Optional Messaging:
  - Student Presentation
  - Family meeting and Outreach
- Updating School Roster or Student Record
School Roster  Name/Gender Change Request

School Roster Information Change Request

1. Student Information as per Official Record
   Last Name | Suffix | First Name | Middle Name | Gender
   Date of Birth | Place of Birth - Name of Hospital or Facility | City | State (US) | Country

2. Student Information for School Roster
   Last Name | Suffix | First Name | Middle Name | Gender

To SFUSD employees reviewing this document: Student records may only be reviewed if necessary for the performance of job responsibilities. Confidential student information shall not be shared with any other persons unless authorized by the parent/guardian or student over 18. Violation of federal and state confidentiality laws and Board policy may be cause for discipline up to and including termination.

- The school roster shall use the name and gender provided by the student/family pursuant to AR 5163a (below)
- The school principal will be informed of the legal name/gender. The principal shall consult with the parent/guardian/student to determine which other staff should be informed, if any
- The family/student must notify the District if transcripts or other documents with legal name/gender are needed for college or financial aid applications, or any other reason
- The birth certificate/hospital record shall be maintained in the student cumulative folder

SFUSD Administrative Regulation 5163a provides that “Students shall have the right to be addressed by a name and pronoun corresponding to their gender identity as expressed by the student and asserted at school. Students are not required to obtain a court ordered name and/or gender change or to change their official records as a prerequisite to being addressed by the name and pronoun that corresponds to their gender identity. This directive does not prohibit inadvertent slips or honest mistakes, but it does apply to an intentional and persistent refusal to respect a student’s gender identity. The requested name shall be included in the District’s electronic database in addition to the student’s legal name, in order to inform teachers of the name and pronoun to use when addressing the student.”

The birth certificate or hospital document with legal name and gender will be maintained in the cumulative folder, as required by state regulation. 5 Cal. Code Reg. 432(b)(1)(A), (D)(District must maintain permanent record with legal name and gender). The permanent record will be changed if there is a legal change of name or gender.
Support Services for LGBTQ Youth
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