**Search for the Sugar**

**INSTRUCTIONS:** Circle or color the number of teaspoons for each item.

1. **Nut & Caramel Candy Bar**  
   King Sized  
   answer: 14 tsp. sugar

2. **Orange Soda**  
   12 oz.  
   answer: 12 tsp. sugar

3. **Mixed Berry Cereal Bar**  
   answer: 9 tsp. sugar

4. **Ice Cream Drumstick**  
   Vanilla  
   answer: 5 tsp. sugar

5. **French Toast Sticks**  
   2 slices  
   answer: 3 tsp. sugar

6. **Graham Crackers**  
   2 squares  
   answer: 2 tsp. sugar

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**Healthy Living for Life**  
Alameda County Public Health Department