

## SFUSD Nutrition/Physical Education Related Policies

SFUSD Policy/State Law	Description				
<b>Child Nutrition Act of 1974:</b> (State Law Section #: EC49530 - EC49536)	A nutritionally adequate breakfast is one that qualifies under federal child nutrition program regulations, and a nutritionally adequate lunch must meet 1/3 of the Recommended Dietary Allowance established by the National Research Council.				
<b>Commercial-Free Schools Act:</b> (SFUSD Board Resolution No. 95-25A6)	Prohibiting Exclusive Vendor Contracts, Brand Names, and Tobacco Subsidiary Food Products				
<b>Healthy School Nutrition and Physical Exercise Policy:</b> (SFUSD Board Resolution No. 211-12A8)	All food sold during the school day must meet nutritional standards. Federal breakfast, lunch, and snack programs must meet USDA standards. All other food sold must meet the SFUSD Nutritional Standard. Vending machines may carry only beverages and snacks which meet district nutrition standards. School fundraising:				
		# Allowable/ Year	When	SFUSD Nutrition Standard	Notes
	Student-Run Food Sales				
	All levels	4 (State Law)	Anytime	Yes	Clubs may raise \$ through SNS profit-sharing program
	Parent-Run Sales				
	All Levels	Unlimited	After end of school day	Yes	Items on District-approved list
	Elementary, Middle School	10	After 5PM, weekends, holidays	No	
	High School	Unlimited	After 4PM, weekends, holidays	No	
<b>School Beverages:</b> (SB 677)	Prohibits the sale of sodas in middle and elementary schools and permits only the sale of specified healthy beverages, to be phased in over time: elementary, middle and junior high schools effective Sept. 1, 2005; high schools effective Sept. 1, 2006.				
<b>Pupil Nutrition, Health, and Achievement Act of 2001</b> (SB 19)	Sets nutritional standards for foods sold in elementary schools. In middle schools carbonated beverages may be sold only after the end of the last lunch period.				
<b>Physical Education:</b> (District, State Ed. Code)	<ul style="list-style-type: none"> <li>• Elementary School: 200 minutes / 10 days (K-6)</li> <li>• Middle School: 400 minutes / 10 days</li> <li>• High School: 2 years of 400 minutes / 10 days for graduation requirement.</li> </ul>				
<b>Physical Performance Test – Grades 5, 7, and 9:</b> (CA Ed. Code Section: 60602; 60608; 60610; 60800)	State law designates FITNESSGRAM as the official physical performance test to measure physical fitness. Testing must occur during the months of March, April or May. The California Department of Education (CDE) requires fitness scores submitted, yearly, for all students in grades 5, 7, and 9. Handicapped students are to take any portions of the test that their condition will permit.				