Program Highlights
Who are we?

OFFICES

COMMUNITY SCHOOL INITIATIVE

PROGRAMS & SERVICES

Student Intervention Team

San Francisco Unified School District

LGBTQ Support Services

Foster Youth Services

Gear Up San Francisco

Mentoring for Success

San Francisco Wellness Initiative

Office of Family & Community Engagement

Nutrition Education Project

ExCEL After School Programs

Harvest of the Month
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June 4th, 2013

Dear SFUSD Board of Education Commissioners,

Throughout this past school year, whether by invitation to a committee meeting or as an agenda item at a board meeting, members of my department who lead programs have had the privileged opportunity to share with you personally specific details about the programs and services they lead and support throughout the school year.

Having personally introduced, participated, or merely observed these presentations, I have always been very impressed and proud of the work of the highly skilled and dedicated members of my department. At the same time, I have also found myself eager for other programs to be able to share their work with members of the board as well. Unfortunately, there is just not enough time in the school year for each of the programs that comprise each of the offices within my department to personally share their work with you.

That being said, I still believe it is important for you to have an opportunity to learn a little bit more about the vast array of programs and services with the Student, Family, and Community Support Department. We offer to you this booklet of PROGRAM HIGHLIGHTS that describes many of programs and how they are supporting the district goals of Access & Equity, Achievement and Accountability while making a huge difference in the lives of our students and families!

On behalf of the department, we thank you for your leadership,

Kevin
Goal of the program:
- Reduce symptoms of depression
- behavior
- Improve coping skills
- Improve attendance
- Improve grades
- Improve parent support

Funding:
School Social Workers at 11 select school sites, funded through various local, state and federal grants, implement the 10 week group intervention to 6th grade students. SRI International has received a three year grant from the U.S. Department of Education to provide training for the School Social Workers, screening of students, and data collection of research participants.

Students currently served:
Sixth grade students who meet screening criteria for the group.

Schools currently served:
Eleven SFUSD middle schools participate in CBITS.

Impact:
CBITS is an evidence-based mental health curriculum that has been extensively researched since 2000. The research data has shown that students who participate in the program have significantly fewer symptoms of post-traumatic stress, depression, and psychosocial dysfunction.

Community partners:
SRI International (Carl Sumi and Michelle Woodridge), Stanford University, UCLA.

CBITS is a counseling group intervention, facilitated by School Social Workers, for students in middle school who have experienced stressful life events. It is designed to reduce symptoms of post-traumatic stress, depression, and behavioral problems. This evidence based intervention aims to improve functioning, grades and attendance, peer and parent support and coping skills.

With necessary district approval, SFUSD has partnered with SRI International to implement this group intervention for students in 6th grade at 11 middle schools and to collect data to determine the impact of this intervention on students’ academic and social emotional outcomes. Students in participating schools who have parent/guardian consent are screened and invited to participate in the group and research project if they show elevated levels of stress.
Centers for Disease Control Local HIV Prevention

Goals of the program: The Center for Disease Control (CDC) Local HIV Prevention program aims to increase HIV prevention education to all SFUSD students by providing teachers and staff with professional development opportunities, curriculum, resources and youth trainings. All HIV prevention education curriculum and resources have been approved by the Curriculum Material Review Task Force (CMRTF). The Center for Disease Control Local HIV Prevention Program implements its prevention and intervention efforts with SFUSD staff and our local community partners.

Funding: This program is funded through a federal grant from the Centers for Disease Control and Prevention.

Students currently participating: K-12 SFUSD students

Community Partners: New Conservatory Theatre Center, Kaiser Permanente, Adolescent Health Working Group (AHWG), California WISE Initiative, Health Initiatives For Youth (HIFY)

The following is a list of Student, Family and Community Support Department activities supported through the Centers for Disease Control Local HIV Prevention program.

- Health Advocates, Healthy School Teams and Health Promotion Committees
- Kaiser Health Education Theater
- New Conservatory Education Theatre
- Gay Pride Month
- Universal Precautions Information dissemination
- World AIDS Week Commemoration
- Support Services for LGBTQ Youth
- CMRTF

Impact:

- Data from the 2010 Middle School YRBS (Youth Risk Behavior Survey) shows that by 8th grade, 71% of students report having been taught about AIDS or HIV infection in school. By 12th grade, that percentage increases to 88%.

- In the past school year (SY12-13), a total of 70 school wide events focused on HIV/AIDS awareness reaching more than 25,000 K-12th grade students.

- Youth outreach workers in high schools conducted 27 HIV prevention education classroom presentations, reaching close to 800 students.

Who are we?

For the past 17 years, the CDC has provided funding for STD and HIV education at school sites as part of a comprehensive school health program.

Did you know?

- 30 Names Project AIDS Memorial Quilts are displayed at SFUSD K-12 schools annually during HIV prevention month in December.

- SFUSD students are exposed to health education theatre presentations through partnerships with New Conservatory Theatre Center and Kaiser Permanente. Presentations include:
  - Dos Rappers Two!
  - Cootie Shots
  - Get Real
  - Outspoken
  - Dis/Connected
  - Secrets
  - Nightmare on Puberty Street.
Condom Availability Program

Goal of the program:
In order to address student health risk behaviors, including sexual behaviors that may lead to communicable diseases, HIV infection, and teenage pregnancy, the San Francisco Unified School District established a Condom Availability Program (CAP) in all high schools in 1993.

School District Nurses and School Social Workers provide counseling, sexuality and abstinence education, referral service, data collection, and condom availability. Condoms are made available through the Department of Public Health, HIV Prevention section.

Contact the school site School District Nurse, Wellness Coordinator, or Health Liaison for more information regarding CAP at individual school sites.

Students currently served:
All SFUSD High School Students

Community partners:
SF Department of Public Health

Impact:
In academic year 2011-12 nearly 30,000 condoms were distributed, preventing HIV/STD infections and unwanted pregnancy.

Who are we?
According to Family Code 6925, minors may participate in Condom Availability Program (CAP) without parental permission. However, in an attempt to partner with parents, San Francisco Unified School District (SFUSD) Student, Family, and Community Services Department notifies all families of incoming high school students about the program through the Student and Parent/Guardian Handbook.

Did you know?
On-site CAP coordinators assist with logistics such as liaison with site staff, SHPD staff, and health care professionals. They collect data and ensure that the policy is correctly implemented.
Goal of the program:
The Counseling Services team is dedicated to developing, promoting and sustaining school cultures that foster post-secondary success for all students and families through access, opportunities and services supporting academic achievement, college/career readiness and financial aid access.

Funding:
GEAR UP Federal Grant, SF Promise City Funding, Bridge to Success Foundational Funding and ESSC Federal Grant.

Students currently served:
All middle and high school students benefit from PSC programs.
Throughout the year, middle and high school counselors and assistant principals are invited to Professional Development (PD) and meeting opportunities on a variety of topics.
For middle schools these include the counseling manual, Education Code compliance, high school preparation, transition planning and STEPs (college/career exploration curriculum for 7th & 8th grade).
Every 8th grader takes the ACT Explore and may attend the Plan on College event. Targeted middle schools receive additional support for college visits, career days, mentors and other college going activities.
All high school students have access to ConnectEDU, PSAT for 10th graders, College Fair and FRISCO Day for 12th graders. Targeted schools receive additional supports for college visits, tutoring, and counseling through an onsite GEAR UP Coordinator.
Professional Development for high school staff include:
- Utilizing The Counseling Manual
- Education Code Compliance
- Financial Aid Training
- ConnectEdu (On-Line College/Career Exploration Tool)
- Joint PD With City College

Impact:
The following highlights demonstrate that post-secondary success as a becoming a reality for more SFUSD students:
- SFUSD seniors who attended FRISCO Day reported an increase in knowledge of financial aid and resources for college.
- A significant increase occurred in their confidence in transitioning to and persistence in college.
- Through Bridge to Success, policy changes at City College resulted in an increase in the average number of units SFUSD students are able to enroll in from 7.8 to more than 12 units (which is full-time).
- Through outreach and professional development, SFUSD has seen an increase in the EAP participation rate increased from 98% in 2008 to 97% in 2012 for English and 62% in 2008 to 92% in 2012 in math.
- Surveys show 84% of high school students expect to obtain a bachelor’s degree or higher. 72% plan or have taken the SAT/ACT.

Who are we?

PSC provides high leverage supports to graduate students college and career ready through: counseling, workshops, and targeted services; provides professional development and site support to staff and partners to build capacity for best practices; and remove barriers that inhibit student academic success via policy and institutional practices. PSC serve schools in a multi-tiered capacity depending on schools’ need and capacity.

Annual reports and publications are available on the Bridge to Success website at www.bridgetosuccess.org
College Counseling and Financial Aid materials are available at www.sfusd.edu and the Counseling Sharepoint. A comprehensive final report for the GEAR UP project will be available December 2013.

Did you know?

Resources provided through PSC have been instrumental to supporting district’s goals of access & equity, student achievement, and accountability.
In 2012-2013 the PSC Financial Aid for All initiative provided collaborative supports for all high schools to complete financial aid (FAFSA) and Dream Act applications resulting in a significant increase in overall completion.
Goal of the program:
The San Francisco Unified School District (SFUSD) Dental Program aims to improve dental health and decrease barriers to learning associated with dental disease for all SFUSD students. Dental decay, the most common chronic childhood disease, can result in pain leading to disrupted focus and decreased attendance in school. The Dental Program is coordinated through School District Nurses and collaborates with community partners to implement its prevention and intervention efforts.

Funding:
Medi-Cal LEA funds.

Community partners:
SF Department of Public Health (SFDPH), Native American Health Center Dental Clinic, SF Dental Society (SFDS), SF Dental Hygiene Society, UCSF and Pacific Schools of Dentistry, National Children’s Oral Health Foundation.

Impact:
• In 2011-2012, 4287 SFUSD Kindergarten students participated in the oral health assessment required by state mandate AB1433.
• SFUSD received commendation from the California Dental Association for its high rate of documentation of oral assessments in compliance with AB 1433 (89% compared to state wide rate of 51%).
• Approximately 400 students in primary grades receive sealant placement by a SFDPH provider for the SF SEALS Program. The program expanded in the 2012-2013 school year to include about 70 5th graders with the program goal of expanding to reach more students that have permanent molars.
• More than 1,500 K-5th grade students participate annually in the SFDS’s dental poster contest with 100 winning posters exhibited in the SFO International Terminal. Hundreds of others decorated the American Dental Association National Conference in SF.
• Information was distributed to all schools for families regarding free services during Children’s Oral Health Month/Give Kids a Smile Day.

Who are we?
The Dental Program, in collaboration with our community dental partners, provides school communities with resources for health education, mandated oral health assessments, and provides resources to help all students access dental care with the purpose of improving overall health and readiness to learn.

Did you know?
Dental Health Prevention and Intervention efforts include:
• Collaboration with SFDPH and SFDS to provide oral health assessments for all Kindergarten students.
• Providing dental health curriculum guidelines and resources to assist schools to implement oral health education.
• Participation in The San Francisco Children’s Dental Health Committee efforts to increase access to dental care services for all SF youth and to advocate for improved child/school dental health access locally and state-wide.
• Collaboration with community partners to coordinate and implement expanded dental programs and study the impact.
Goal of the program:
The Health Advocate Program increases implementation of comprehensive health education at the elementary level.

Funding:
The funding for the Health Advocate Program varies each year.

Students currently served: All elementary school students.

Schools currently participating:
The Health Advocate Program is available to all elementary schools. In 2012-2013, 57 of the 72 SFUSD elementary schools identified a Health Advocate.

Community partners:
- American Heart Association
- Dairy Council
- Kaiser Permanente
- New Conservatory Theatre Center
- Safe Routes to School
- UCSF – Science Education Partnership

Impact:
Health Advocates encourage teachers to teach health lessons at their respective sites. Based on 2011-12 Coordinated Program Monitoring data submitted by 691 out of 1375 teachers:
- 82% teachers taught nutrition lessons
- 61% teachers taught violence prevention lessons
- 57% teachers taught substance use prevention lessons
- 56% teachers taught family diversity lessons
- 37% teachers taught HIV/AIDS lessons

Based on SY2012-13 Health Advocate Activity Weblog by 42 reporting sites, the following Health Awareness Activities took place:
- August/September’s Develop a Healthy School Community theme: health community resources and materials were distributed to families for Back to School Nights.
- October’s Be Drug Free theme: schools participated in Red Ribbon Week, held poster contests, and school assemblies.
- November’s Violence Prevention–Stand Up for Peace and Safety theme: schools held Peace Circles and taught lessons from Too Good for Violence.
- December’s HIV/AIDS Prevention-Be Aware, Be Safe, Be Responsible theme: schools displayed the AIDS quilt, held Penny drives, and attended theatre presentations on HIV/AIDS prevention.
- February’s Physical Activity Awareness theme: schools held walk-a-thons, Jump Rope for Heart events, garden days and participated in Bike to School Day.
- March’s Nutrition Awareness theme: schools hosted health fairs with nutrition booths, parent nights with healthy eating ideas, and literacy/math/science nights with a nutrition slant.
Goal of the program:
ExCEL provides students with high quality after school programs that have the following direct benefits to students:
- Improved safety
- New skills and experiences
- Strong relationships with peers and adults
- Improved academic behaviors
- School engagement
- Improved English fluency
- Improved academic performance
- Higher test scores

Funding:
Funded through 21st Century Community Learning Center funds and State After School Education and Safety Funds.

Students currently served:
San Francisco ExCEL programs served 21,875 children and youth in the 2011-12 school year, approximately half of the student population at these school sites. About 9,000 youth participate in San Francisco ExCEL programs each day.

Schools currently participating:
60 elementary, 13 middle schools, and 13 high schools.

Community partners:
Department of Children Youth and Families, After School for All, Out of School Time Coalition and 23 Lead Agencies providing after school services in the schools.

Impact:
- Among participating youth in elementary and middle school, school day attendance increased significantly in 2011-12 compared to 2010-11.
- African American participants in high school attend more program days than other groups. On average, they attend nearly 9 more days.
- 20.3% of English Language Learners in ExCEL programs were re-designated (the District’s rate in 2010-11 was 16.5%).
- 55% of elementary, 67% of middle school youth, and 82% of high school youth report that they are better at setting goals for themselves.
- Nearly 90% of school day educators agreed that their ExCEL program provides opportunities for students that would generally be inaccessible to youth.

Who are we?
SFUSD ExCEL Programs are high-quality, out-of-school time programs located on-site at our schools, the safest and most accessible location for families in need. We ensure that every day includes academic assistance aligned with data from CST reports and teacher assessments, so that every child can close the achievement gap.

Under the direction of SFUSD Associate Superintendent, the SFUSD ExCEL programs are strategically aligned with the district’s integration of Common Core State Standards into the school day.

We actively partner with neighborhood CBOs to ensure that all youth can participate in enriching arts, sports, recreation, culture, and project-based learning opportunities that are aligned with best practices in youth development.
Goal of the program:
High-need SFUSD will have greater access to eye exams and eyeglasses.

Funding:
Funded by the generosity of Lenscrafters with in-kind organizational support provided by SFUSD School District Nurses. Students are identified by site-based School District Nurses and School Social Workers.

Students currently served:
Students with highest needs in grades K-12.

Schools currently participating:
All elementary, middle and high schools.

Community partners:
Lenscrafters is partnering with School District Nurses, School Social Workers, Administrators, and Parent Liaisons to reach families who may need this service.

Impact:
Good visual acuity is essential to every child’s development and correction of visual difficulties is essential for academic success. Up to 80 percent of what a child learns in school is presented visually. Vision screening and correction of visual problems is an essential element in assuring academic success, improved attention, access to the curriculum, prevention of health complaints like headaches, and improved academic performance such as reading.

Three percent of the students screened in K-8 in 2011-12 did not pass vision screening. All of these children were referred to a community vision provider and given a comprehensive vision exam and offered vision services.

Anecdote on the Positive Impact of the Vision Van
It was amazing to see one of my student’s delight at being able to see clearly out the bus windows on the return ride to school with their new eye glasses!

- School District Nurse

Who are we?
The Vision Van has a far-reaching impact on student health and academic achievement. With the guidance of SFCSD Nurses and School Social Workers, the Vision Van ensures access to vision services for students who would otherwise not have them.

Did you know?
Over 300 students received free vision exams and eye glasses during 4 dedicated days in 2012-13. Referred students were scheduled to come to a Lenscrafters Vision Van parked at SFUSD’s School of the Arts campus.
Goal of the program:
We work to update, strengthen and expand SFUSD systems to:
- Connect community organizations and agencies with schools, students, and families who need support or services.
- Inform, engage and empower families to advocate for their children’s success.
- Support school communities and district staff to plan for, access, evaluate and improve partnerships with their students’ families, community organizations and city agencies.

Funding:
This program is funded in part by grants from the City’s Department of Children, Youth & Families and the Department of Public Health (for specific projects).

Schools currently participating:
Our program serves schools of all levels, as well as central district departments.

Community partners:
Our program convenes community partners in several collaborative efforts including the Family Engagement Network, the CBO Advisory Council, and other issue-specific projects. Partner organizations include:
- 100% College Prep
- CARECEN
- Chinese for Affirmative Action
- Coleman Advocates
- Community Youth Center
- GoKids.org
- Good Samaritan Family Resource Center
- Jamestown Community Center
- Mission Graduates
- Our Family Coalition
- Parent Advisory Council
- Parents for Public Schools SF
- Parent Teacher Association - PTA
- Real Options for City Kids - ROCK
- Richmond Village Beacon
- SF Beacon Initiative
- SF Department of Children, Youth & Families
- SF Family Support Network
- SF Inclusion Networks
- Support for Families of Children w/Disabilities
- UC Berkeley Center for Cities and Schools

Did you know?
In fall 2012 we started a project to develop an online registration system to make it easier to navigate the district’s process for a Memorandum of Understanding (to provide free services to district students, families and staff) or apply for a Facilities Use Permit. This new system will also make it possible for the district to create “service mapping” reports and community resource directories!

In December 2012 we convened the first meeting of the district’s new Family Engagement Network. The meeting involved 25 representatives of community-based organizations, city agencies and SFUSD staff, who identified priority projects to work on collaboratively during this school year – including the district’s Family Engagement and Empowerment Plan.
Goal of the program:
The Family Liaison program works to provide supports and advocacy services for families, by offering authentic and diverse involvement opportunities for all families to contribute to their school community. Our vision is for all families and communities to engage meaningfully in supporting students in their learning, growth and development into high school graduates, ready for college and careers equipped with the skills, capacities, and dispositions necessary for 21st century success.
The following areas guided the 2012-13 professional development trainings for all liaisons to increase their leadership capacity.

- Cultural Competency
- Advocacy & Empowerment
- Academic Links

Funding:
Title 1 funding from the SFUSD State & Federal Programs Central Office.

Participating Schools:

| 1. BESSIE CARMICHAEL | 14. EVERETT MS | 27. MARSHALL HS |
| 2. BRET HARTE ES | 15. FAIRMOUNT ES | 28. MARSHALL ES |
| 3. BRYANT ES | 16. FLYNN ES | 29. MISSION ED CENTER |
| 4. BURTON HS | 17. FRANCISCO MS | 30. MISSION HS |
| 5. CARVER ES | 18. GLEN PARK ES | 31. MLK MS |
| 6. CHARLES DREW ES | 19. HILLCREST ES | 32. MONROE ES |
| 7. CHAVEZ ES | 20. BVHM k-8 | 33. MUIR ES |
| 8. CHINESE ED CENTER | 21. ISA MS/ HS | 34. PAUL REVERE k-8 |
| 9. CLEVELAND ES | 22. JAMES LICK MS | 35. ROSA PARKS ES |
| 10. COBB ES | 23. JOHN O’CONNELL HS | 36. SANCHEZ ES |
| 11. DANIEL WEBSTER ES | 24. JUNIPERO SERRA ES | 37. SHERIDAN ES |
| 12. DENMAN MS | 25. MALCOLMX ES | 38. TENDERLOIN COMM |
| 13. EL DORADO ES | 26. MARINA MS | 39. VIS. VALLEY MS |

Community partners:
This year the OFACE Family Liaison program strategically partnered with the following departments & community organizations to strengthen family engagement efforts:

- SFUSD Restorative Practices
- SFUSD Family Voice
- SFUSD IT Department
- Coleman Advocates for Families and Youth
- East Bay Family Engagement District Convener including Oakland Unified, West Contra Costa Unified, Berkeley Unified and Alameda Unified

Who are we?
The role of a Family Liaison is to support and advocate for families by establishing the involvement of families in student academic and social success; identifying and achieving academic goals; accessing support services; developing training opportunities and facilitating positive family, school and SFUSD relationships and communication.

Did you know?
The Family Liaisons represent one of the most diverse staff across SFUSD departments.

Race/ Ethnicity of Family Liaisons

- Latino: 2%
- African American: 5%
- American Indian/ Alaskan Native: 13%
- Chinese: 30%
- Pacific Islander: 50%
- White: 20%
Goal of the program:
The goal of the Office of Family Voice is to foster the district’s culture of support and services to our families, serving as a liaison of communication between our families, schools and departments where families can be heard and channel their concerns to the pertinent district staff. The Office of Family Voice encourages all of our schools to have a plan of action to ensure that our children thrive in a safe environment, and most problems can be resolved on site.

All families are able to contact the Office of Family Voice to:

- Report a concern about an incident at a school.
- Request an investigation or file a formal complaint.
- Provide feedback about a specific school’s program and/or leadership.
- Report a concern about any district policy or procedure (i.e. placements, transfers, graduation requirements, A-G policy, budget allocations, etc.)
- Inquire about district procedures for disciplinary actions (i.e. suspensions, expulsions, etc.)
- Ask for a conversation with the Assistant Superintendent who supervises the school’s principal.

We are dedicated to helping families and district staff understand the process of communicating concerns, questions, and complaints. To support this goal, we offer multiple resources to assist school sites with this process:

- Family Concern Tool Kit
- Family Engagement Assessment Tool
- Providing interactive workshops to administrators, secretaries, family liaisons, community organizations and families

Family complaints and concerns are tracked in a database. Data gathered through this process allows the OFV to go beyond individual responses and intervene in frequently occurring problem areas as identified through trends in data. For instance, if there are a number of concerns reported in a specific area (e.g. bullying, enrollment policies, or principals), we are able to identify these trends and present them to the appropriate leadership bodies, departments, or sites for discussion and further resolution.

Who are we?
The OFV first began to provide services to families in August 2009 to promote accountability to families by providing a formal vehicle for families to share concerns with the District. The OFV, in close collaboration with community-based organizations and parents, developed a Family Concern Tool Kit in 2011 to assist families in the process of filing complaints and voicing concerns to the SFUSD.

Did you know?
The Office of Family Voice works closely with the SFUSD Restorative Practices Team to implement RP strategies during sessions with families.
Goal of the program:
Foster Youth Services supports academic achievement, attendance, and positive school behaviors of foster youth attending school in SFUSD. The FYS Program team:

- Provides **individualized case management** to support academic achievement, attendance and positive school behavior.
- Provides high school to **college transitional support** services through the Guardian Scholars Summer Academy.
- Provides individual school or community-based **tutoring services** for foster youth students.
- Designates site-based **FYS Liaisons** to link foster youth to support, resources and a caring adult.
- Supports permanent relationships and stability for foster youth through school-based **recruitment of foster and adoptive parents**.
- Advocates for foster youths’ educational needs.
- Advocates to improve school and child welfare policies, locally and state-wide
- Offers **professional development** for schools, care providers, child welfare workers and others on the educational needs of foster youth.
- Maintains a **database** of foster youth living in San Francisco County.
- Facilitates **communication and collaboration** between SFUSD staff, community agencies, child welfare workers/probation officers, and care providers.
- Assists with **school placement** in coordination with the SFUSD AB490 Liaison.
- Promotes school-wide awareness of **National Foster Care Month** in May

Funding:
California Department of Education, San Francisco County Human Services Agency

**Students currently served:**
Foster youth and probation youth (living in out of home placement) attending school in San Francisco County.

**Schools currently participating:**
All SFUSD schools

**Community partners:**
SF Human Services Agency – Family and Children’s Services, Superior Court of California – United Family Court, SF Juvenile Probation Department, CCSF Guardian Scholars Program, Legal Services for Children, SF Court Appointed Special Advocates (CASA), San Francisco Independent Living Skills Program/First Place for Youth, California Youth Connection, Educational Tutorial Services, Bay Area Educational Institute, Public Defender’s Office.

Who are we?
The Foster Youth Services Program supports foster youth both academically and emotionally. Foster children have been removed from the care of their parents primarily because of abuse or neglect due to complex family, social and environmental conditions out of their control. Some children in foster care move frequently among home placements. These changes often result in multiple school placements. Because of these complexities in their lives, many foster youth perform below grade level, are held back in school, and have lower graduation rates than their peers.

**Did you know?**

**Foster Youth Statistics 2011/12:**
- Projected to graduate HS by 9/1/12…..27 of 38
- Matched with a 1:1 mentor through Mentoring for Success…..90
- Average attendance rate for K-12 students….94.9%
- Expelled from school…0
- Timely Transfer of Records in accordance with AB 490…113
- Students served with direct services…729
- Foster youth services receiving self-advocacy materials…617
Goal of the program:
The Good Behavior Game is a proven prevention and protection tool that an individual classroom teacher can use to improve the lifetime outcomes for each child in his or her classroom. Just one year of using the Good Behavior Game in primary grades:

- Increases time for learning by 25% or more during the year
- Leads to 75-125 fewer disruptions per hour in classes
- Reduces the need for special education services by 30%
- Results in 30% to 60% reduction in referrals, suspensions or expulsions
- Leads to 50% - 70% reduction in mental health difficulties (e.g., ADHD and conduct symptoms)

Funding:
Five-year SAMHSA (Substance Abuse Mental Health Services Administration) grant September 2010 through August 2015

Students currently served:
Kindergarten through 5th grade at 2 elementary schools.

Schools currently participating:
In 2012-13, Carver and Sheridan Elementary Schools implemented the Good Behavior Game. In 2013-14, ER Taylor, Bret Harte and Glen Park Elementary Schools will implement the program, bringing the total number of participating schools to five.

Impact:
SFUSD school-year 2011 to 2012, 8 kinder and 1st grade classrooms, at Carver and Sheridan Elementary Schools:

- Off-task behavior decreased by 85%
- Teachers said the program was a "very effective" or "extremely effective" classroom management tool
- Teachers "agreed" or "strongly agreed" that implementing the GBG did not take up too much of their time

Other Highlights:
“I’ve struggled w/ classroom management for 20 years. The GBG has changed my life! It works. The students respond & love it. The prizes infuse the long school day with joy & silliness. It’s phenomenal. The students show so much more self-control after playing the GBG this year. The strategy of picking a secret student allows me to highlight someone who I feel needs a little positive attention. The students help their peers behave better on their teams. It’s incredible!”

-SFUSD Kindergarten Teacher
Goal of the program:
Harvest of the Month (HOTM) increases access and consumption of fruits and vegetables by providing materials and resources to support healthy food choices. Students, families and staff will increase their:
- preference for selected produce items through classroom activities, such as taste testing, cooking in class and school garden activities
- knowledge of and familiarity with California grown fruits and vegetables
- access to fruits and vegetables through school meal programs, classrooms, school gardens, etc.

Funding:
For the past 12 years the SFUSD’s Nutrition Education Project received funding through the USDA Nutrition Education Obesity Prevention administered through the California Department of Public Health (CDPH).

Students currently served:
In 2012-13, 11,000 students and families at 35 schools (≥ 50% free and reduced school lunch participation) receive Harvest of the Month tastings and nutrition education resources.

Community partners:
- SFUSD Student Nutrition Services (SNS)
- HOTM educational materials developed by the Network for a Healthy California / San Francisco Department of Public Health/CDPH

Schools currently participating:
29 ES, 1 K/8, 1 MS, 5 HS

Impact:
Changes in School Culture around Healthy Eating (based on 2011-12 evaluation data):
- Over 90% of staff at HOTM Schools felt they were “definitely” or “somewhat” changing the school’s healthy eating culture among the school community and staff.
- Most HOTM staff (89%) felt they were having a positive impact on students’ healthy eating habits.
- Nearly three-quarters of staff (75%) schools felt they were having a positive change on healthy eating among parents.

Anecdotes from teachers:
My picky eater in the classroom now loves apples, kiwis and green beans.
My students learned that broccoli can be eaten raw and every one of them wanted more.
Students are bringing healthier snacks to school.
More students ate fruits and veggies at lunch following each lesson.
**Goal of the program:** The goal of the Health Promotion Committees is to increase the capacity and effectiveness of comprehensive and coordinated health programs at the high school level.

**Funding:** CDC Local Comprehensive Health Programs and Tobacco Use Prevention Education (TUPE) program.

**Students currently served:** All SFUSD High School Students

**Community Partners:**
- New Conservatory Theatre Center
- American Heart Association
- Kaiser Permanente
- Blue Water Foundation
- Dairy Council

**Who is on a Health Promotion Committee:**
- **Health Education Leaders:** focus on increasing implementation of comprehensive health education by supporting the SFUSD Health Education policy that requires all SFUSD high school students complete a graduation requirement of 90 health education lessons. Health Education Leaders also organize school wide health awareness activities (such as, Be Aware, Be Safe, Be Responsible; HIV prevention education in December, and Build Friendships and Healthy Relationships Month in January.)

- **LGBTQ Support Liaison:** focuses on creating a safe school community for all students with an emphasis on gay, lesbian, bisexual, transgender and questioning youth; coordinates a Gay-Straight Alliance/Diversity Club and Gay Pride Celebration in April.

- **School District Nurse (SDN):** serves as a key health awareness resource for the HPC and collaborates with on-site HPC members on activities related to health education, including encouraging implementation of the research validated curriculum; also conducts groups and may support Youth Outreach Workers (YOWs) to deliver presentations in areas such as nutrition, and HIV awareness education.

- **Youth Outreach Coordinator (YOC):** focuses on the involvement of youth in the promotion of health awareness events and activities such as tobacco and HIV awareness presentations.

**Impact:**
- **223 school-wide health awareness events** were conducted in high schools. The top three health awareness topics were Nutrition/Physical Activity (19%) Gay Pride/ LGBT awareness (18%), followed by Tobacco, Alcohol, Marijuana and Other Substance Use prevention education (17%).

- **137 presentations (reaching 4403 high school students)** were conducted by YOWs. A third (33%) of YOW presentations implemented in the high schools were focused on alcohol, tobacco and other substance use prevention education, 25% of presentations focused on sex education and/or healthy relationships.

- **5 theater presentations reaching 1240 students** were conducted in SFUSD high schools.

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**Who are we?**

Health Promotion Committees (HPC) were created in 1990 to provide a direct link between School Health Programs (SHP) and individual High School sites. Each school identifies a team of four team members who are given a stipend to serve on the HPC team.

**Did you know?**

Health Promotion Committees:
- Utilize health education curriculum and encourage staff to do the same
- Participate in health education professional development
- Reach out to families and staff to implement Health Awareness events
- Coordinate educational theater events
- Gather the Coordinated Program Monitoring data
Goal of the program:
Mentoring for Success (MFS) matches students with highly qualified mentors. Mentors assist students to build skills for school success and to improve school attendance. Our goals are to:
- Create caring relationships between youth and adults at school
- Reduce school absences and improve overall academic performance
- Increase college participation
- Improve attitudes and behavior in relation to school
- Reduce drug and alcohol use
- Reduce likelihood of committing misdemeanors or felonies
- Enhance positive attitude toward elders and toward helping
- Improve parental relationships and support from peers

In collaboration, MFS District Coordinators work closely with SFCSD school staff to manage all aspects of the program

One to One Mentoring
- Matches adults with students to meet weekly for an hour
- Provides mentors with extensive training and ongoing support
- Engages matches in a variety of activities designed to support leadership development, team-building and community service

Project Arrive Group Mentoring
- Matches incoming 9th grade students who have had previous challenges with grades and attendance
- Provides group mentors with training and ongoing support and consultation
- Supports mentors in facilitating weekly group mentoring sessions during the school day, throughout 9th grade

Funding:

Students currently served:
In 2012-13, over 750 youth were matched with a mentor. The majority of participants are in Special Education, in the Foster Care System, at risk for or in gang involvement, and habitually or chronically absent.

Community Partners:
SF District Attorney’s Office, Mission Promise Neighborhoods, SF Ed Fund, Hanson Bridgett, LLP, Levi Strauss, BAYAC/AmeriCorps, SF Food Bank, SFSU Pacific Leadership Institute, Big Brothers Big Sisters of the Bay Area, Gear Up/SF, SF Mentor Coalition

Impact:
Of the students enrolled in MFS, 40% of students improved their academic performance and 48%, decreased the number of unexcused absences.
Middle School Healthy School Teams (HST)

1515 Quintara Street, SF, CA 94116

Goal of the program:
The goal of the Healthy School Team is to ensure comprehensive and coordinated health education in SFUSD middle schools.

Funding:
CDC Local Comprehensive Health Programs and Tobacco Use Prevention Education (TUPE) program.

Students currently served:
All SFUSD Middle School Students. For the SY 2012-13 nineteen of the twenty two middle schools have a Healthy School Team. (Program is available to all middle schools; 3 schools have not identified a Healthy School Team.)

Who is on a Healthy School Team?
- **Health Education Leaders**: focus on increasing implementation of comprehensive health education by supporting the SFUSD Health Education policy that requires all SFUSD high school students complete a graduation requirement of 90 health education lessons. Health Education Leaders also organize school wide health awareness activities (such as, Be Aware, Be Safe, Be Responsible; HIV prevention education in December, and Build Friendships and Healthy Relationships Month in January.)
- **LGBTQ Support Liaisons** focus on creating a safe school community for all students with an emphasis on gay, lesbian, bisexual, transgender and questioning youth; coordinates a Gay-Straight Alliance/Diversity Club and Gay Pride Celebration in April.
- **Youth Outreach Coordinators (YOC)** focus on the involvement of youth in the promotion of health awareness events and activities such as tobacco presentations. (School Social Workers given priority).
- **School District Nurses (SDN)** serve as a key health awareness resource for the HST and collaborates with on-site HST members on activities related to health education, including encouraging implementation of the research validated curriculum; also conducts groups and may mentor Youth Outreach Workers (YOWs) to deliver presentations in areas such as nutrition and HIV awareness education. *Not all M.S. sites have a SDN*
- **School Social Workers (SSW)**: a designated team member who facilitates quarterly school site HST meetings and supports all HST members to implement health related activities and programs.

Impact:
- Total of **123 school-wide health awareness events** were conducted in middle schools; events with a focus on Alcohol, Tobacco and Other Substance Abuse (28%) and Violence Prevention (26%) were the most common.
- **A total of 70 presentations for 3100 students** in grades 6-8 were reached through YOW presentations. All of the YOW presentations implemented in the middle schools were focused on alcohol, tobacco and other substance use.
- **A total of 13 theater presentations for 4147 students** were conducted in the middle schools.

Healthy School Teams (HST) were established in 1990 as part of a project funded by the California Wellness Foundation. The HSTs have continued with funding from CDC Local Comprehensive Health Programs and Tobacco Use Prevention Education (TUPE) program.

**Did you know?**
- Healthy School Teams:
  - Utilize health education curriculum and encourage staff to do the same
  - Participate in health education professional development
  - Reach out to families and staff to implement Health Awareness events
  - Coordinate educational theater events
  - Gather the Coordinated Program Monitoring data
Goal of the program:
The Nurse of the Day (NOD) program is dedicated to providing timely responses, current health information and guidance to San Francisco Unified School District students, employees, parents/caregivers and community-based organizations.

All school district staff, parents/guardians and the non-SFUSD community (e.g. Department of Public Health, local health providers, etc) have access to the NOD program.

The NOD program ensures that the many SFUSD schools that do not have a school district nurse on-site have timely access to current, and reliable health information:

- **Crisis response consultation and referral** to appropriate school district staff and community-based agencies.
- **Advice for urgent issues**, e.g., accidents, injuries, illnesses.
- **Consultation and guidance** to SFUSD school staff, students, parents/caregivers and community organizations on health issues.
- **Identification of community-based pediatric and adolescent health resources**, e.g. dental clinics, optometrists, community mental health clinics.
- Formulation of school health **policies and procedures**, e.g. Head Lice Procedure, Medication Administration Procedure.
- **Collaboration with community agencies** concerning communicable diseases and chronic health conditions, e.g. influenza, bacterial meningitis, obesity, asthma.
- **Response to referrals** from school staff for students who require nursing case management, such as a student with cancer, or nursing services such as vision and hearing screenings.

Funding:
Various funding sources – primarily SFUSD Medi-Cal funds.

**Students currently served:**
All students in SFUSD - Pre-K to Grade 12.

**Schools currently participating:**
All schools in SFUSD including Pre-K.

**Community partners:**
San Francisco Department of Public Health
Shannon Udovic-Constant, MD, SFUSD Medical Consultant

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Since its inception in 1991, the Nurse of the Day (NOD) Program has consistently provided health consultation to **ALL** schools in SFUSD. The Nurse of the Day program is located at School Health Programs. A school district nurse is available Monday through Friday by phone (between 8:30 am and 4:30 pm) to respond to health concerns and questions. The program also helps to disseminate health information to schools and develops protocols for managing health issues that are commonly seen in schools.

**Did you know?**
The majority of calls pertain to questions about vision and hearing screening mandates and follow-up, school entrance requirements, health emergencies, first aid, infectious diseases, referrals for health-related services, and SFUSD health policies.

As only 16 schools in SFUSD have a school district nurse on-site full-time, the majority of schools, parents and community rely on the Nurse of the Day for urgent advice and guidance on pertinent school health issues.
Goal of the program:
- Educate children and families about the benefits of eating fruits and vegetables every day and being physically active
- Empower classroom teachers and after school staff to integrate nutrition education and physical activity into classroom culture and lessons
- Support SFUSD Wellness Policy by working with schools to develop school procedures around healthy eating and physical activity

Funding:
For the past 12 years, NEP has received funding through the USDA Nutrition Education Obesity Prevention, which has historically been administered through the California Department of Public Health.

Students currently served:
In 2012-13, 5,000 students and families at 16 schools (≥ 50% free and reduced school lunch participation) participated in nutrition education lessons, activities and events.

Community partners:
Chinatown Department of Public Health
San Francisco Department of Public Health
San Francisco Food Bank
UC Cooperative Extension

Schools currently participating:
Bryant, Carver, Cleveland, Drew, El Dorado, Fairmount, Flynn, Garfield, Lau, Muir, Longfellow, Malcolm X, Revere, Spring Valley, Sutro, Tenderloin

Impact:
- **Fruit and Vegetable Preference**: The NEP six-lesson curriculum was shown to significantly increase fourth and fifth grade students’ enjoyment of and preference for fruits and vegetables. The positive results were sustained at least six weeks following intervention.
- **Positive Changes in the School Community**: Over 93% of staff surveyed report seeing positive changes in the healthy eating habits and physical activity among students in 2011.
- **Project Sustainability**: In 2002, when NEP began working with target schools, almost no teachers had healthy snack policies in their classroom. By the end of last school year, nearly all teachers (93%) at NEP schools reported having a classroom healthy snack policy. By the end of the 2011-12 school year, 99% of surveyed staff at NEP schools reported they had a school-wide healthy snack policy that was well-publicized (88%) and enforced by school administrators (89%). Nearly all teachers (96%) reported that parents/caregivers adhere to the healthy snack policy.

Who are we?
For 12 years the Nutrition Education Project (NEP) has worked in over thirty elementary schools to conduct nutrition education interventions via:

**Nutrition Education and Physical Activity Promotion:**
- Teaching/modeling nutrition lessons incorporating CA Health Education Content Standards
- Linking to SFUSD academic standards, utilizing a mobile cooking cart
- Staff professional development
- Field trips to farmers’ markets
- Family Outreach
- Family Nutrition Nights
- Parent/caregiver workshops

The NEP Website: [www.healthiersf.org/nutrition](http://www.healthiersf.org/nutrition)
A teacher/staff resource to support academic performance, providing SFUSD data, nutrition resources and best practices.

Did you know?
There has been a significant increase in the number of nutrition lessons taught by classroom teachers from 2007/08 (9,473) to 2011/12 (54,444). Source: Elementary Coordinated Program Monitoring Tool (CPM).
Goals of Program:
Peer Resources is dedicated to creating just change in our schools and communities through the leadership of young people engaging, training, and advocating for young people. Together, we work to:

- Support students’ academic engagement and achievement through connectedness to school
- Empower students as agents of change

Funding:
Peer Resources is a public-private partnership. On the public side, Peer Resources receives PEEF funding that supports direct services to youth, which is matched with school site funds. On the private side, Peer Resources receives funding from individual donors (including many alumni) and foundations such as Bechtel and Lurie. Peer Resources’ total budget is roughly $1.1 million.

Community Partners:
Peer Resources partners with many groups and CBOs, including: District Restorative Practices, School Health, Wellness Centers at sites, Beacon Centers, LYRIC, KOED, E4FC, SFWAR, Coro, Build On, Huckleberry House, and 826 Valencia.

Impact:
- Lincoln High School credits the 57% decrease in school suspensions issued between the 2009-2010 and 2010-2011 academic year in good part to peer led mediations at the school.
- In 2011-2012, 58% of participants reported a significant positive increase in their commitment to learning, including how engaged they felt to and how much they cared about school.
- Of Peer Resources’ current 13 program coordinators, 5 are SFUSD graduates and former Peer Leaders in Peer Resources. 3 of the 5 are certificated teachers (2 run afterschool Peer Resources programs).

Anecdotes about the Positive Impact of Peer Resources:
“Peer Resources is different because it is a class where your thoughts and opinions can be heard.”

“Peer Resources helps me become more independent. This class represents students helping one another.”

“Without Peer Resources and my Peer Resources teacher, I would have dropped out of high school.”

“Peer Resources is different because it focuses on students helping other students.”

“What I love about Peer Resources is that we are a big family rather than just a class.”

“Peer Resources means being a role model in your school/community.”

“Peer Resources to me means I’m free to express myself not hide who I am inside and out and teaches me how to be a better person.”

“Without Peer Resources I would have never learned how to respect and understand people’s different backgrounds.”

Who are we?
Founded in 1979, Peer Resources is a private-public partnership with SFUSD that empowers non-traditional student leaders to name and act on injustice for positive change as a community.

Peer Resources in-schools is offered as an elective class at middle and high schools. Students in the class, Peer Leaders, are trained in core 21st century skills of communication, collaborative problem-solving, and decision-making, and implement action projects to support disenfranchised youth or make change at their schools.

Peer-led services most often are: peer mentoring, peer tutoring, peer restorative mediation, and peer education workshops; topics students focus on have included: the achievement gap, support for LGBTQQ youth, anti-bullying, and healthy relationships.

Did you know?
In the 2011-2012 academic year, 574 Peer leaders at 13 SFUSD schools served 13,921 of their peers.
Goal of the program:
- Building and sustaining strong relationships, community, and positive school climate among all members of our school communities.
- Effectively respond to conflict and behavior infractions using a collaborative problem-solving process that recognizes the impact of one's actions on the school community and results in solutions that make things as right as possible moving forward.
- Minimize counseling office referrals, suspensions, and expulsions at schools
- Reduce recidivism rates of student suspensions and counseling office referrals
- Increase in-class instructional time for students at schools

Funding:
Public Enrichment Education Fund

Students Currently Served:
Students benefit through a shared commitment among the school staff community to embrace a paradigm shift towards a relationship based approach to school-wide culture, classroom management and behavior interventions.

Through participation in teacher and staff led restorative practices, such as community building and problem solving circles and conferencing, students will build a sense of belonging, safety, and social responsibility in the school community and benefit from improved relationships with peers and school staff.

Restorative Practices will increase class instructional time leading to greater opportunities for academic success. RP will contribute to an increase in positive school climate in which students will recognize and value their role as an active member of the school community. This will result in an increase in student engagement, effort, and participation in all aspects of the school program.

<table>
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<th>SFUSD RP Team Activity</th>
<th># of Mtgs, Pres, Trainings, Circles, etc</th>
<th># of Participants (duplicated)</th>
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<tr>
<td>Non-Site Specific presentations/trainings/Prof Dev</td>
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<td>Site Consultation and Planning Meetings</td>
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<td>RP Professional Development (School Site) (1 hr +)</td>
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<td>Phone Consultations</td>
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</tbody>
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Did you know?
The values and principles of a restorative approach include:
- Equity of voice
- High expectations and support = doing things “WITH” one another and not “TO” or “FOR” them
- Positive relationships
- Inclusion
- Community building and sustaining
- All members of the community are valued
- Authentic listening and sharing
- Non-punitive response to wrong-doing

Restorative Processes & Practices include:
- Inclusive decision making practices: Fair Process
- Affective language
- Restorative Questions and Dialogue
- Proactive Community Building Circles
- Responsive Circles
- Formal Restorative Conferencing: an alternative to traditional punitive discipline practices increase in overall completion.
Goal of the program:
SFUSD’s community school strategy recognizes that multiple stakeholders across traditional organizational boundaries and silos (including instructional, student support, and community and family partners) must work together to support comprehensive student success.

Community school strategies integrate and align high quality programs that include academic and out-of-school time enrichment, health and wellness, and family engagement opportunities.

Community Schools Incubator, 2013-2015 Key Characteristics:
The next phase of implementation emphasizes that a community school strategy is not a fund source, program, or staff position, but a cross-sector and cross-agency strategy for managing programs and services to best support student achievement.

- Working with 10-12 self-selecting school site teams with varied levels of community schools experience, practice, and resources interested in deepening a community schools approach;
- A study year focused on process and impact evaluation to identify optimal function and form of a community schools approach (i.e. asking/answering questions to build broad and deep consensus, and inform future CS staffing and implementation);
- Operationalizing a Response to Intervention (RtI) framework through a community school strategy, to best identify which students need support and enrichment services, and how community based partners can most effectively serve school communities.
- Providing site level support through active community school and family engagement coaching, team capacity building across SFUSD departments (e.g. Family Liaisons, social workers, ExCEL, LEAD, Special Ed, Curriculum and Instruction)

Impact:
Preliminary analysis of data across 11 SFUSD community school sites indicates that:

- In comparison to other SFUSD schools, these 11 schools made significantly larger gains from 2010 to 2012 in API scores ($p = .002$), ELA CST proficiency rates ($p = .03$), and Math CST proficiency rates ($p = .02$);
- In comparison to other Tier 1 and 2 SFUSD schools, these 11 schools are somewhat significantly closing the CST achievement gap for African American and Latino students (ELA, $p = .07$; Math, $p = .08$);
- In comparison to other SFUSD schools, principals of these 11 schools reported significantly higher levels of collaboration ($p = .04$) among various stakeholders at their schools (e.g., principals, teachers, LSPs, IRFs, ASP leaders)

Who are we?
Community School Coordinators work closely with the school administrators, leadership, and key faculty, families, and community partners to facilitate the development of a full-integrated community schools strategy. This includes overseeing assessment and development of the school’s needs and assets to create a learning environment that supports student achievement and wellness.

Did you know?
In 2013, Hillcrest Elementary School was named a National Community School Award for Excellence winner by the National Coalition for Community Schools. A review team of community school and education leaders from around the country praised Hillcrest and its partners for increasing students’ scores by 11% and also creating a culture of shared ownership that makes Hillcrest an increasingly more-desirable school in the community. Behavior and discipline have improved significantly and parent participation in teacher conferences has increased by 40%.
Goal of the program:
The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of San Francisco Unified School District high school students. We accomplish this through school-based programming and services that promote healthy lifestyles and address issues such as:

- Reproductive health, pregnancy prevention, and healthy relationships
- Alcohol, tobacco, and other drugs
- Depression, stress, anxiety, suicidal ideation, exposure to trauma, and other mental health concerns
- Family and peer relationship challenges, cultural expectations, immigration concerns, sexual/gender identity exploration, and other common issues of adolescence
- Asthma, diabetes, nutrition, eating disorders, and other physical health issues

Funding:
DCYF, Public Education Enrichment Fund (PEEF), DPH (Medi-Cal and Mental Health Services Act), SFUSD school site budgets, philanthropic grants.

Students currently served:
8,000 SFUSD high school students.

Schools currently participating:
Abraham Lincoln; Downtown; Galileo; George Washington; Ida B Wells; International Studies Academy; John O'Connell; June Jordan; Lowell; Mission; Philip and Sala Burton; San Francisco International High School; School of the Arts/The Academy of Arts and Sciences; Thurgood Marshall; Wallenberg High School; with additional Wellness programming at Civic Center High School; Hilltop High School; and Independence High School.

Community Partners:
DCYF, DPH, SFUSD

Impact*:
- 90% of students feel there’s an adult in the Wellness Center who really cares about them.
- 81% are coming to school more often.
- 93% feel heard and understood.
- 82% are learning ways to solve problems on their own.
- 95% report reducing their use of tobacco, drugs, or alcohol (among students trying to reduce their substance use)
- 82% feel better about themselves
- 69% are doing better in school

(*based on 2011-12 HS Student Surveys and CMS Log data)

Who are we?
The San Francisco Wellness Initiative supports students' physical, mental and emotional health through Wellness Centers, which deliver health services to students where they are most likely to access them - in their schools. We can’t take away the difficulties of high school, but we can empower teens to confront and overcome them.
The Wellness Initiative is a unique partnership between the San Francisco Department of Children, Youth and Their Families (DCYF), the San Francisco Department of Public Health (DPH) and the San Francisco Unified School District (SFUSD). Together, we coordinate our efforts and resources to address student health from a citywide perspective.

Did you know?
The people at Wellness don’t care because it’s their job. They care because that’s how they are.

-Student, Mission High School
Goal of the program:
School District Nurses are dedicated to prevention, early detection and management of health and behavioral concerns.

- Barriers to student health will be eliminated to ensure optimal attendance and academic performance in school.
- SFUSD students will obtain skills and knowledge to make healthy choices and adopt healthy lifelong behaviors.

Funding:
Funding for SY 2012-2013 for School District Nurses comes from the following sources:
- Alcohol Grant
- Department of Children, Youth and Their Families (DCYF)
- Medi-Cal Billing
- Public Education Enrichment Fund (PEEF)
- School Improvement Grant (SIG)
- School Site Funds
- Targeted Instructional Improvement Block Grant (TIIBG)
- Tobacco-Use Prevention Education (TUPE)

Schools/Students currently served:
Schools with Nurses: In 2012-2013, School District Nurses supported 17 ES, 2 K-8, 6 MS, and 17 HS.

Schools without Nurses: A majority of SFUSD elementary and middle schools are without nursing support and rely on phone consultation via the “Nurse of the Day.” Central School District Nurses provide consultation for SSTs, IEPs, Section 504 meetings, and hearing and vision screenings.

Community Partners:
School District Nurses coordinate with numerous community-based organizations, local universities and the SF Department of Public Health to increase school-based health supports and education.

Impact:
- **8,662 individual students were served** by site-based School District Nurses (ETR Associates, Aug, 2012-May, 2013).
- **38,534 direct student interventions** (e.g., assessment, treatment services, case management, and brief intervention sessions) were provided by SFUSD School District Nurses (ETR Associates, Aug, 2012-May, 2013).
- Since funding increased for School District Nurses and School Social Workers, there have been positive trends: improvements in school climate, school engagement, and student physical and mental health (PEEF 2011-12 Interim Evaluation Report).

Did you know?
High Impact Supports provided by School District Nurses include:
- Building of school site capacity to properly manage student chronic health conditions and acute illness
- Assessment/screening/follow up of health concerns, i.e. hearing and vision
- Provision or oversight of specialized health care services
- Coordination/facilitation of Student Assistance Program (SAP) and Student Success Teams (SSTs) /Multi-Tiered Systems of Support (MTSS)
- Case management
- Facilitation of student groups
- Coordination of health education programming
- Provision of staff wellness activities
- Creating linkages with health-related community agencies and providers.
Goal of the program:
The goal of the School Health Center is early detection and intervention for health, developmental, emotional or social problems that may be interfering with school attendance and achievement.

Funding:
Medi-Cal LEA funds, Child Health and Disability Prevention reimbursement

Students currently served:
All elementary school children without health insurance or with government-sponsored health insurance are eligible for services. Those children with private insurance may be eligible for services on a case-by-case basis. If eligible, families without health insurance will also be enrolled in temporary government-sponsored insurance at the time of the visit.

Schools currently participating:
All SFUSD elementary schools

Impact:
Of the SFUSD elementary students seen in the School Health Center in 2011-2012:
- 68% were seen for comprehensive assessments and case management.
- 32% were seen primarily for school physical exams, immunizations, tuberculosis screening, vision and hearing screenings required for school entrance or for physical health concerns.
- Primary languages: 52% English, 36% Spanish, 5% Tagalog, 5% Chinese, 2% other.

Referring school staff and families receive a comprehensive report on their student following their visit.

Case management includes:
Follow-up with school staff and referrals to community health and mental health care providers
Assisting families accessing school and community resources, after-school enrichment and literacy support programs.
An example of the benefit of our extensive case management is that all students referred for vision services were seen by a community vision provider.

Who are we?
The SFUSD School Health Center (SHC) is staffed by dedicated Nurse Practitioners with both a public health certificate and a school nurse credential.

Did you know?
The School Health Center offers the following services:
- Physical examination and neurological screening
- Hearing and vision screening
- Developmental and learning screenings
- Blood test for iron deficiency and urinalysis
- Parent/caregiver interview to obtain complete health history
- Immunizations and TB test
- Referral to health providers and community agencies
- Communication and written reports to school staff with parental consent
- Collaboration with school site staff to plan for helpful interventions to school success
- Assistance with applications for government-sponsored health insurance

All services of the School Health Center are free.
Goal of the program:
- Increase students’ access to individual and/or group mental health services
- Increase students’ feeling of safety and school connectedness
- Improve student attendance, achievement and pro social behavior

Funding:
In 2012-2013, 65 school-based School Social Workers serving all SFUSD E.S., M.S. and PK-8 sites with funding from the following sources:
- Public Education Enrichment Fund (PEEF)
- Targeted Instructional Improvement Block Grant (TIIBG)
- Federal School Improvement Grant (SIG)
- Federal Secondary Counseling Grant
- California School Community Violence Prevention Grant
- School Site Funds

Schools currently participating:
All SFUSD E.S., M.S., and PK-8 schools.

Community partners:
Bayview Hunter’s Point Foundation, Instituto Familiar de la Raza, Homeless Children’s Network, Richmond Area Multi-Service Agency, UCSF HEARTS & YMCA Urban Services

Impact:
Students who participated in counseling groups facilitated by School Social Workers showed a statistically significant increase in students’ report of caring relationships. (ETR, 2010). High leverage interventions provided by School Social Workers include:
- Coordination/facilitation of multi-disciplinary support meetings
- Consultation with teachers regarding student and classroom behavior support
- Training on social and emotional factors that impact students’ learning
- Liaison with Community Based Organizations to strengthen and sustain school-based support services
- Group counseling to address topics including social skills, anger management, and grief and loss
- Case management support and resources
- Individual and school-wide crisis support and counseling
- Parent/caregiver outreach (home visits/conferences)
- Mentor Program coordination
- Supervision of mental health interns
- Restorative circles and conferences

Anecdotes on the Positive Impact of School Social Workers
“Our School Social Worker was a tremendous help to my son and our family last year. My son was dealing with family issues, and poor impulse control. He was able to talk with the School Social Worker about some of his problems, and she was able to help us know how to help him.”
- Parent, Guadalupe E.S.

“Aas a RSP Teacher, having a School Social Worker on-site has given my students access to professional services to help them stay in school and focus on learning.”
- Teacher, James Denman M.S.

School Social Workers are masters-level mental health professionals who build school capacity to address the social, emotional, behavioral, and environmental barriers to student success. They provide a mental health perspective to enhance school climate, build and sustain service delivery systems of support, and provide mental health assessment and interventions in collaboration with the school community (students, staff, families, and service providers).

Goal of the program:
- Provide students with disabilities appropriate, reasonable accommodations and/or services
- Deliver professional development for staff on formation, implementation and compliance with Section 504 Plans
- Maintain centralized Section 504 records and database

Funding:
Section 504 is an unfunded federal mandate.

Students currently being served:
The number of students with active Section 504 Plans are increasing with the implementation of the ADA Amendment Act of 2008. Currently, 280 have Section 504 Plans.

Schools currently participating:
All SFUSD schools.

Impact:
Section 504 of the Rehabilitation Act of 1973 is civil rights legislation that prohibits discrimination against persons with disabilities and applies to all entities that receive Federal funding. Section 504 enables a student with a physical or mental impairment that substantially limits one or more major life activity to receive accommodations and/or related services to ensure equal access to education.

Anecdotes on the positive impact of the Section 504 Program
“My daughter has cerebral palsy and is thriving in middle school with the accommodations she receives through her Section 504 Plan”
– Parent of a 7th grade student with cerebral palsy
“I was very worried when my son was diagnosed with Type I Diabetes. However, the school staff has been very responsive to his needs and the nurse who comes to the school to give him insulin is very nice and reliable”
– Parent of a newly diagnosed diabetic student with Sec. 504 Plan

Did you know?
It is the intent of SFUSD to identify, evaluate and provide a free appropriate education to each disabled student within its jurisdiction regardless of the nature or severity of the disability. The District ensures that students who are disabled within the criteria of Section 504 of the Rehabilitation Act of 1973 are identified, evaluated and provided with the appropriate accommodations, related aids and/or services that are designed to meet the needs of each disabled person as adequately as the needs of non-disabled persons.
**Student Intervention Team**

**School Health Programs**

20 Cook Street, SF, CA 94118

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**Goal of the program:**
The Student Intervention team is dedicated to providing:

- **Social, emotional and mental health support** to students, families and schools to address barriers to learning.
- **Supervision and training** to approximately 50 mental health interns annually and to SFUSD employees, thus increasing the capacity of schools who deliver high quality mental health services to children and families.
- **Consultation and training** to SFUSD staff, community partners, and universities on children’s mental health needs and the impact on educational performance.

**Funding:**
Special Education, Student Family Community Support Department and a private donation through the Learning Springboard Foundation.

**Students currently served:**
Our interns annually serve 400-600 students who are in general and special education. These students present with a variety of socio-emotional and mental health issues that may be impacting their educational performance.

**Schools currently participating:**
Over 40 Elementary, Middle and High Schools throughout SFUSD.

**Community partners:**
BAYAC/AmeriCorps, UC Berkeley, JFK University, California Institute of Integral Studies, San Jose State, USF, SFSU, The Wright Institute, Smith College, USC, outpatient mental health clinics throughout SF

**Impact:**
In the 2011-2012 school year, 614 students received individual/group counseling, parent consultation and teacher outreach from the SIT interns. Of these students, 284 completed a pre and post Behavioral Health Resiliency Rubric.

- Post assessments reported that 97% of our students had significant improvement on at least one issue (Behavior, Academic, Family/Peer stressors) after receiving services from our interns.
- Over half of these students increased in resiliency factors.

**Anecdotes on the Positive Impact of SIT:**
"This has been a truly valuable experience. I learned a lot and am thankful for this wonderful experience I have had as an intern at the SFUSD."

"I would highly recommend this training to anyone looking for a quality experience with thoughtful, well rounded, culturally competent clinicians. Thank you so much for a great experience."

"I have been fortunate to have outstanding interns at my site over the past two years. Thank you!"

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**Who are we?**

The Student Intervention team (SIT) is comprised of licensed clinicians who are multi-credentialed. The team has created and manages a nationally recognized internship-training program for the District.

Since 2005, SIT annually recruits, trains and supervises a yearly cohort of 50 graduate level clinical interns from various University programs. Interns are placed at school sites at the elementary, middle and/or the high school level. These emerging mental health professionals provide individual and group mental health services to students who attend SFUSD schools. They also provide teacher and parent consultation and socio-emotional support to the school community.

The SIT Clinical Supervisors train the interns in various clinical modalities to provide effective school based interventions. Ongoing training includes topics such as: school culture; relationship building and assessment; trauma; and working with families and teachers.

**Did you know?**

Over 70% of our current social workers and wellness coordinators in SFUSD were once SIT interns or participated in clinical supervision groups with the SIT team.
Goal of the program:
The goal of the Support Services for LGBTQ Youth is to provide school site resources and district support to meet the needs of gay, lesbian, bisexual, transgender and questioning youth and families.

Funding:
We are currently funded by both SFUSD and DCYF.

Students currently served:
All students have access to Support Services for LGBTQ Youth, through School Social Workers, School District Nurses, Health Advocates (elementary), LGBTQ Support Liaisons (secondary) and High School Wellness Centers.

Schools currently participating:
All SFUSD schools have access to Support Services for LGBTQ Youth.

Impact:
In 2007, 87% of middle school students reported hearing anti-gay slurs in school. In 2011, that number dropped to 64% (YRBS: Youth Risk Behavior Survey). This is in part due to professional development offerings to school site staff (teachers, social workers, nurses, counselors and admin) on meeting the needs of LGBTQ Youth, inclusive of addressing homophobic slurs at school.

Community Partners:
- GSA Network
- Health Initiatives for Youth (HIFY)
- LGBT Center
- LYRIC
- Our Family Coalition
- P-FLAG

Who are we?
Support Services for LGBTQ Youth is completely integrated within SFUSD to make schools safer for all students including gay, lesbian, bisexual, and transgender students.

Program Components
- Curriculum development, training, and implementation
- Counseling and referral services, including gay/straight alliances
- Professional developments regarding supporting LGBTQ youth and addressing anti-gay name-calling and harassment
- Theater presentations
- Community Based Organizations presentations in elementary, middle, and high school classes
- Gay Pride Commemorations
- District-wide LGBTQ family events
- Comprehensive website with policy, data, and curricular resources for educators: www.healthiersf.org/LGBTQ

Did you know?
SFCSD holds the LGBTQ Families Dinner for all gay, lesbian, bisexual, and queer families and their allies annually. This is a highlight of the year for LGBTQ families to meet other LGBTQ families throughout the district and to feel a part of a larger community.
Tobacco Use Prevention Education Program (TUPE)

Goal of the program:
The Tobacco Use Prevention Education Program (TUPE) provides students with knowledge and skills to enable them to be tobacco free.

Funding:
Funded through a state grant from the Coordinated School Health and Safety Office, California Depart of Education.

Students currently served:
Annually, all SFUSD 6-12 graders benefit from:
- **Quit Groups**: One hundred and fourteen students attended quit groups at 14 secondary schools. Our Breathe counselor provided six of these Quit groups at five schools; 248 students received smoking citations.
- **Peer Education Presentations**: 224 classes and 5,840 students were reached through peer educators this year.
- **Project TND (HS curriculum)**: Twelve high schools reported using Project TND in their schools, reaching a total of 2461 unduplicated students.
- **Smokeless School Day Sessions**: Tobacco awareness sessions were held at 14 schools reaching 181 students this year.
- **Anti-Tobacco School-wide/Media Campaign**: The TUPE program provided 43 school-wide tobacco/alcohol/marijuana education events at 19 schools during the 2011-2012 school year, reaching a total of 14,196 students (duplicated count).
- **Brief Intervention Sessions**: From August 2011 through May 2012, 380 referrals were received, and 217 students were seen for BIS as a result of being caught on campus with tobacco/ alcohol or other drugs.

Schools currently participating:
- **Project Alert (MS curriculum)**: Eight middle schools reported using Project Alert in their schools, reaching a total of 1929 students.
- **Anti-Tobacco School-wide/Media Campaign**: The TUPE program provided 34 school-wide, tobacco/alcohol/marijuana education events at 17 schools during the 2011-2012 school year, reaching a total of 13,752 students (duplicated count).
- **Peer Education Presentations**: 65 classes and 2,127 students were reached through peer educators this year.

Anecdotes on the Positive Impact of TUPE Program

“After seeing the pig lung, I never want to smoke!”

“Tobacco companies will do anything to sell their products – and sometimes we pay without knowing it – Oreo’s are part of a tobacco company!”

“I realized how many of my friends and family died because of tobacco.”

Who are we?

The SFUSD 6-12 Tobacco Use Prevention Education Program is a comprehensive, evidence based program providing tobacco education prevention, youth development and skill building, early intervention, brief intervention, cessation counseling and quit groups.

School Health Programs provides these programs by:
- Training 6th and 7th grade teachers in the Research-Validated Curriculum Project Alert.
- Training High School Health Education Teachers in research-validated curriculum, Project Towards No Drug Abuse (TND) for all 9th graders.
- Supporting 30 Youth Outreach Coordinators who run the Middle School and High School Youth Outreach Worker (YOW) Programs which conduct classroom presentations and school-wide activities.
- Supporting HS Nurses to provide tobacco cessation and quit groups for students caught with tobacco or other drugs/alcohol.
Goal of the program:
Ensure equal access to information by providing professional translation and interpretation services to the District’s English learning community and engaging families in meaningful conversations at school sites and with the District.

Funding:
SFUSD General Fund and Public Education Enrichment Fund (Prop H)

Community partners:
San Francisco Education Fund

School currently participating:
All SFUSD schools

Impact:
- Interpretation requests fulfilled increased from 428 last year to 663 this year between July 1 and March 31 (55% increase).
- Number of parents served also increased by 42% from 1490 last year to 2117 this year due to increased capacity and consistency of services.
- Compared to 2010-11, number of pages translated increased by 31% from 2407 to 3163 (last year) and 3164 (this year) between July 1 and March 31.
- Provided weekly Arabic interpretation services (3 hours/week) at Redding ES, Rosa Parks ES and Tenderloin ES to support the needs of the Arab community.
- Organize five district-wide orientations on consecutive interpretation to support SFUSD employees who provide bilingual services to the District’s English Learning community.

Anecdote about the positive impact of the Translation & Interpretation Program
“We have used the translator to support our ELAC meetings, our Principal Chats and to facilitate conversations between the principal/parent liaison and families when the child of the family is having a challenge… The regular communication with the families has helped us to support some of the students who are struggling (either academically, behaviorally or both).”
- Julie Norris-Salaam, Principal, Tenderloin Elementary School

Who are we?
The Translation and Interpretation Unit (TIU) acts as the essential bridge of communication between the San Francisco Unified School District and its English learning community. We are committed to providing professional translation (written) and interpretation (oral) services to families so that they can become an active agent of their children’s education.

Did you know?
In 2011-2012, 82 schools in San Francisco (79%) had an English Learner population that met the “15% or above” threshold in at least one language and are therefore required by law to receive translation and interpretation services.

There were 33,458 students enrolled in SFUSD (64%) who had a primary or home language other than English. While the largest groups were Cantonese (13,762) and Spanish (11,262), there were 71 languages represented in the District’s total population.
Goal of the program:
The goal of the program is to provide vision and hearing screening to all SFUSD students in first and fourth grades, and referrals from all others grades. These screening programs are required by law and are carried out at all SFUSD school sites.

Funding:
General Funds and Medi-Cal Funding.

Students Currently Served:
K-12 SFUSD students.

Vision and Hearing Screening:
School District Nurses and community contractors provide vision and hearing screening for SFUSD students in 1st and 4th grades and referrals in all other grade levels.

Role of Contractors:
- Provide vision and hearing screening at elementary and middle schools.
- Contracting partners include: Optometric Eye Checkers, Hearing Conservation West and Mary Main, RN.

Role of School Health Workers:
- Support vision and hearing screenings at elementary and middle schools.
- Facilitate communication with parents/guardians of students who may have impaired vision and hearing.
- Record screening results.

Role of School District Nurses:
- Provide vision and hearing screening by referral.
- Facilitate communication with parents/guardians of students who have failed their hearing and vision screening.
- Identify community resources.

Who are we?
The Vision and Hearing program is administered by: community contractors, School Health Workers and School District Nurses.

Did you know?
Poor hearing and vision in children can interfere with coordination, acquisition of skills, achieving developmental milestones and the ability to learn properly. Early detection of hearing and vision impairments provides the opportunity to correct the problem sooner, with less interference to learning.
Goal of the program:
To provide youth with the opportunity to engage in leadership, critical thinking, problem-solving and strategic skills, to address and promote at least one nutrition related issue.

Funding:
For the past 12 years the SFUSD’s Nutrition Education Project has received funding through the USDA Nutrition Education Obesity Prevention administered through the CDPH. Beginning in fall 2011, NEP allocated resources to support middle and high schools, focused on increasing fruit and vegetable consumption and physical activity.

Students currently served:
In 2012-13, teams of 3 – 10 students at twelve middle and high schools conducted nutrition education and awareness activities (with greater than 50% of students receiving free and reduced lunch) to reach over 4,000 students.

Schools currently participating:
Balboa, Buena Vista/Horace Mann, Burton, Galileo, Hilltop, ISA MS/HS, Lick, Lincoln, Marshall and Paul Revere.

Impact:
Over 100 students at twelve secondary schools have an increased understanding of a nutrition education research project and/or a nutrition education strategy.

Research Projects in Middle Schools:
- Whether or not behavior problems are associated with eating/not eating breakfast
- Harvest of the Month tastings
- Subliminal messaging found at neighborhood corner stores
- School lunch participation
- Fitness Clubs

Research Projects in High School:
- Lunch participation and source
- Surveying peers on whether or not they were eating a balanced meal
- Eating healthy on a budget
- Corner store food access

In the Youth Empowerment Program (YEP), student Nutrition Outreach Worker (NOW) teams engage in problem-solving and strategizing to research and identify a nutrition or physical activity issue. Students design and complete a youth engagement project.

Did you know?
- YEP schools receive nutrition curricula, nutrition education resources, cooking supplies
- Adult Nutrition Outreach Coordinators meet with the NOWs to guide them through the process of conducting youth-led projects.
- Student Nutrition Outreach Workers offer nutrition education and awareness activities to their peers and community. Activities may include:
  - Classroom based lessons
  - Nutrition awareness campaigns
  - Harvest of the Month tastings
  - Garden-based nutrition education and/or
  - Participation at a health fair, festival or student conference.