

Health Alert:

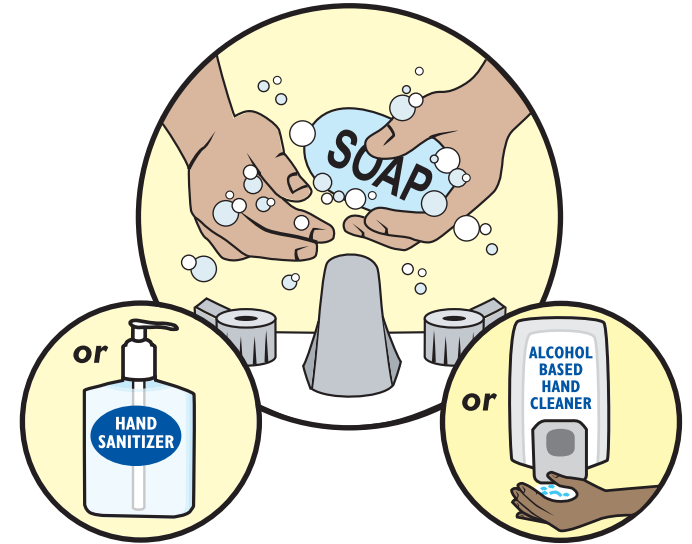
Coughing spreads germs. Protect yourself and others.



- Cover your cough.



- A face mask may be needed if you are coughing.



- Wash hands often.

保健通告：

咳嗽會傳播病菌。請為自己和別人做好保護。

- 咳嗽時請掩住口鼻。
- 咳嗽時可能需要戴口罩。
- 經常洗手。