

SEIZURE EMERGENCY CARE PLAN

San Francisco Unified School District
 Student, Family, and Community Support Department
 School Health Programs
 1515 Quintara Street
 San Francisco, CA 94116-1273
 Tel: 415.242.2615 / Fax: 415.242.2618

STUDENT
PHOTO

For School Use Only
 Location of Medication:

TO BE COMPLETED BY PARENT/CAREGIVER

Name: _____ Date of Birth: _____ School: _____
 Grade: _____ Homeroom Teacher: _____ Room: _____
 Parent/Caregiver Name: _____ Phone (home): _____ (cell): _____
 Address: _____ Phone (work): _____ Email: _____

-----TO BE COMPLETED BY THE HEALTH CARE PROVIDER-----

Health Care Provider Treating Student for Seizures: _____ Ph: _____
 Type of seizure: _____
 Student's most common signs of seizure: _____

ACTIONS TO TAKE

During the seizure

- Stay calm and stay with the student.
- Note length of time of seizure.
- Clear any objects out of the way.
- Help the student to the floor and place student on his/her side.
- Place something soft and flat under the student's head.
- Loosen any tight clothing.

- Don't put anything in the student's mouth.
- Monitor the student's breathing.
- Do not try to stop the seizure, or hold the student down.

After the seizure

- Comfort and allow the student to rest afterwards.
- Re-orient the student.

Notify parents/guardian and document what happened in the First Aid and Medication Logs.
***By law, a completed and signed Medication Form must be on file at the school before medication can be administered at school.**

CALL 911 if student has

- Seizure of 5 minutes or longer duration.
- Two or more consecutive (without a period of consciousness between) seizures which total 5 minutes or greater
- Unusually pale or bluish skin/lips or noisy breathing after the seizure has stopped.
- If administering seizure medication.

**Administer CPR if Pulse
or Breathing Stops!**

Continue Until Paramedics Arrive!

Per SB 161, I understand that additional forms may be needed for diastat to be administered at school.
 I authorize school personnel to implement this Seizure Emergency Care Plan as described.
I have completed a medication form FOR EACH medication needed at school.

 Health Care Provider Signature

 Date

I give my consent for school authorities to take appropriate action for the safety and welfare of my child. I give my consent to communicate with the authorized health care provider when necessary.

 Parent/Caregiver Signature

 Date