

SHPD's Goals

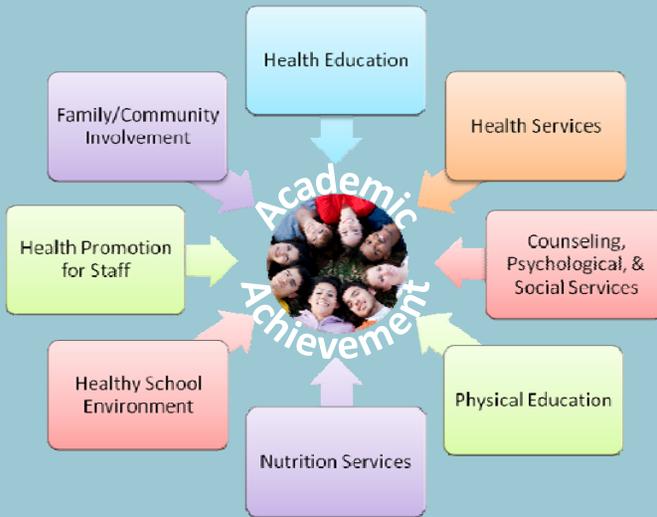
SHPD's Strategic Goals for 2008-2009 are based on SFUSD's Balanced Scorecard—

- Access and Equity
- Student Achievement
- Accountability

and the Eight Component Model of Coordinated School Health.

SHPD's Program Model

SHPD's programs and services are structured around the Centers for Disease Control's (CDC) **Coordinated School Health Program (CSHP) Model**.



The School Health Programs Department is funded by:

- Prop H - Public Education Enrichment Fund
- Department of Children, Youth, & Their Families
- Centers for Disease Control
- California Department of Education
- United States Department of Education

School Health Programs Department

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For more information,
www.healthiersf.org



School Health Programs Department



Our Mission

To ensure the academic, physical, and emotional growth of San Francisco's children and youth by assisting school sites in building their capacity to meet the needs of the whole child.

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SHPD's Services for Students & Families

Health Education

K-12 health education curriculum that is sequential, developmentally appropriate, and includes instruction and assessment.

- **Centers for Disease Control/Local HIV Prevention**
Educate students, staff, and parents about sexuality, STI prevention, and HIV infection
- **Comprehensive Health Education Program**
Provide research validated curricula and professional development to help students move toward lifelong health literacy
- **Health Advocates** Serve as liaison between SHPD and elementary schools to communicate health related information and resources
- **Healthy School Teams/Health Promotion Committees** Certificated staff promote health and create a safe school community at the middle and high school level, respectively
- **Tobacco Use Prevention Education (TUPE)** Help prevent tobacco use and increase awareness of stop smoking resources within the community

Health Services

Assess, protect, and promote student health.

- **California Healthy Kids Survey/Youth Risk Behavior Survey** Conduct local health surveys to monitor priority health risk behavior and guide program planning
- **Condom Availability Program** Make sexuality education, abstinence education, and condoms available at high schools
- **Health Mandates** Promote, support and follow-up with mandated health screenings (hearing, scoliosis, and vision) and assist in ensuring that students properly meet all immunization and physical examination requirements
- **Nurse of the Day** Provide access to current health information for any school five days a week
- **School Health Center** Provide health assessments and services to students with unmet health needs (elementary level focus)
- **School Nurse Referral** Provide all school sites with health consultation

Counseling, Psychological, & Social Services

Improve students' mental, emotional, & social health.

- **Comprehensive Support for Positive School Climate and Behavior/School Climate Survey** Provide technical assistance and support to school sites via Learning Support Professionals, School District Nurses, School Psychologists, and Student Support Service manuals
- **Crisis Response** Help students and staff cope with painful emotions resulting from a community or school crisis
- **Primary Intervention Program (PIP)** Provide early mental health intervention for elementary students to promote and support school success
- **Student Mentor Program** Provide adult one-to-one mentors to students to address issues such as: Attendance, Academic Performance, Homework Completion, and Positive Behavior
- **Student Transition Program** A coordinated effort to ensure that students who are currently receiving support services continue to receive the support they need as they transition from elementary to middle school and from middle to high school.
- **Wellness Program** Located at 15 high schools with the goal of improving the health, safety, and educational outcomes of San Francisco's high school students by linking youth with on-site and community-based health related services

Physical Education

Promote physical fitness, motor skills, social and personal interaction and life-long physical activity.

- **Positive Alternatives** Ropes course and sailing trips provided for secondary level students
- **PE policy** requirements for K-12 students

Nutrition Services

Food and snacks available at school that are balanced and nutritious and implementation of nutrition education.

- **Nutrition Education Project** Provide resources and professional development to promote healthy food choices and daily physical activity
- **Harvest of the Month** campaign
- **SFUSD Wellness Policy**

Healthy School Environment

Enhance the physical surroundings, and the psychosocial climate and culture of the school.

- **Asthma and Indoor Air Quality Program** Serve children with moderate to severe asthma in multiple elementary and secondary schools and working with the Tools for Schools Program
- **Community Building and Positive Behavior** Provide professional development and encourage implementation of Caring School Community and TRIBES
- **Safe and Drug Free Schools and Communities** Help all schools to provide education on substance use and violence prevention
- **Safe Passages** At 5 MS and 2 County Community Schools and all Community Development Centers with the goal of improving health and educational outcomes
- **Support Services for LGBTQ Youth** Provide support and resources to create safer learning environments for all students including gay, lesbian, bisexual, transgender and questioning students, staff and families

Health Promotion for Staff

Work-site health promotion programs that encourage and support staff in pursuing healthy behaviors and lifestyles.

- **Modeling** healthy food and physical activity breaks
- **Staff Wellness** campaigns – Active for Life

Family/Community Involvement

Encourage the participation of parents and youth in policy development, school involvement, and family physical activity nights.

- **Family Health** Nights and newsletters
- **Foster Youth Services**
- **Community Based Organizations (CBOs)** Health presentations and referrals for services
- **SFUSD Family Guide**

"We cannot always build the future for our youth, but we can build our youth for the future." - Franklin Delano Roosevelt

